SETON SCHOOL



Sentinel



A Weekly Newsletter for Seton Parents & Students

Volume 33, Issue 9
October 29, 2026

Bob Pennefather, Director
Anne Carroll, Executive Director

(703) 368-3220
www.SetonSchool.net

Upcoming Events

Live Calendar

Every Monday and Thursday
Pizza -$1.50/slice

Every Tuesday Morning
Donuts—$1.50/donut



Oct 30	JH Hallows Eve Party 2-3PM
	All Night Adoration: Sign Up HERE
Nov 1	All Saints Day
Nov 2	All Souls Day—Visit to the Cemetery after 8:30 Mass
	Report Cards Issued
Nov 3	ASVAB Testing—All Juniors report to Seton by 8 AM
	1st Swim Practice
Nov 4	12:20 Dismissal for Parent/ Teacher Conferences (1-5)
Nov 6	Screen Free Day!
Nov 8	Fall Sports Awards Banquet
Nov 10	Musical Information Mtg 2:45PM
Nov 11	Spirit Week Assembly 2PM
Nov 14	Mural Painting 1PM
Nov 15	Interims
Nov 16-20	Spirit Week
Nov 20	Christ the King Mass and Eucharistic Procession 10:45PM; 3:30 Dismissal
Nov 21	Christ the King Dance 6:30PM
Nov 22	Solemnity of Christ the King
Nov 23	Military Day during both lunches

Any Questions

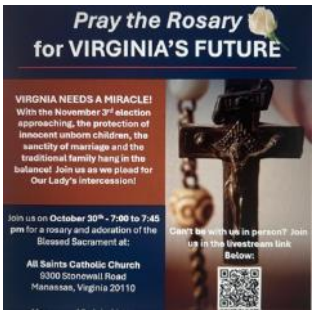
I have a question about...Who do I call? Click here.

Seton Spirit Wear . Click HERE!

The Pilgrim Virgin statue will be received by the Bouril family. The vocations crucifix will be received by the Morales family.

From the Executive Director

ALL NIGHT ADORATION FOR THE UPCOMING ELECTION



Exposition of the Blessed Sacrament in the Seton School Chapel from Friday, October 30, 12:30pm until Saturday morning 6:30 AM followed by Benediction at 6:30am.

Please consider spending time with our Lord to pray for the protection of the innocent and the sacredness of marriage between one man and one woman. Thank you and God bless. Click HERE to sign up.. We still have several hours that are not covered. Please come to keep Our Lord company.

MONDAY ALL SOULS DAY IS OUR ANNUAL PILGRIMAGE TO THE CEMETERY. AFTER MASS, WE WALK TO THE CEMETERY. Students will gather with their homeroom teachers to pray two decades of the Rosary for the Poor Souls in Purgatory, the eternal rest prayer, and prayers for the Holy Father's intentions. Students will then walk back to All Saints and return to school. Everyone is invited to join us.

Every day from November 1 to November 8, a plenary indulgence may be gained for the Poor Souls in Purgatory under the usual conditions by a visit to the cemetery and prays for the souls in Purgatory. Usual conditions: In the state of grace, Holy Communion the same day, Confession within 20 days before or after, prayers for the Holy Father's intentions, free from interior attachment to sins, even venial sins. The last condition doesn't mean you will never sin again but that you are not attached to any sin.

VIRTUE OF THE YEAR, PATIENCE, weekly excerpt from Divine Intimacy

Prayer: "O Jesus, for love of You and with Your help, I wish to suffer in peace all the contradictions of my life. 'Your thoughts are not our thoughts, Your ways are not our ways. You offer us a cup so bitter that our feeble nature cannot bear it. But I do not want to draw back my lips from the cup prepared by Your hand. You have taught me the secret of suffering in peace.

Peace does not mean joy, at least not sensible joy; to suffer in peace, all I have to do is to will all that You will' (St. Therese of the Child Jesus)."



Check out the Game Pieces that were teaching Seton students today!

Masses and Rosaries

Monday Mass
All Saints 8:30 AM
Rosary
Tues-Fri 8:00 AM
in the Chapel

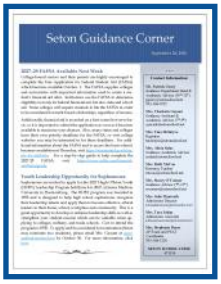


Prayer Requests

Please pray for all those suffering from cancer and for the election

Thank You!

Mrs. Ariasu for providing the priest's lunch and dinner for Mrs. Carroll and Mr. Westhoff and Fr. Noah Morey for saying our School Mass.



Seton's Guidance Corner

First Quarter Report Cards will be posted on Monday, Nov 2. Parent/Teacher Conferences will be held on Wed, Nov 4th from 1-5 PM in 15 minute increments (school dismisses at 12:20 that day). Please call the main office now until Tues, Nov 3rd at 3PM to schedule a meeting. While parents can schedule a conference with any teacher, we ask that all parents schedule a meeting with a teacher if their student has a grade of 70 or below in any class. If you cannot come to school during the available hours, please make other arrangements with the teacher.

2027 AP Exams The deadline is Nov 11 for May 2027 AP exams. If you think you may want to take advantage of this opportunity, click HERE for more information and click HERE to register. Though the AP exams require additional outside-the-classroom study, Seton has many students take AP exams with a high rate of success. Questions? smreyes595@gmail.com, 540-683-1942.



Christ the King Dress Approval Oct 28-Nov 19. 10th & 12th Girls: see Mrs. Salas & Mrs. O'Connor during 5th lunch. 9th & 11th Girls:: see Mrs. Pogue during 6th lunch. Mrs. Salsa and Mrs. Pogue will approve dresses after school by appt.

Basketball Tryouts

Varsity Girls Nov. 5, 6; time is tba; Coach: Mr. P
JV Girls Oct. 31; 9-11 am; Nov. 5; 7-9 pm; Coach: Mrs. Smith
Jr. High Girls Oct. 31; 1:00 pm - 3:00 pm; Nov. 4; 5:00 pm - 6:45 pm; Coach: Mr. Thong

Varsity Boys Nov. 2, 3; time is tba; Coach: Mr. VW
JV Boys Oct. 29; 7:30 pm - 9:00 pm; Oct. 30; 5:15 pm - 7:15 pm; Coach: Mr. Kevin Fox
Jr. High Boys Oct. 31; 11 am - 1 pm; Nov. 7; 1 pm - 3 pm; Coach: Mr. Colin Burkhalter

Ad Campaign Help Needed Ad Campaign is seeking assistance from a parent skilled in the art of graphic design to assist us with ads between January-February. PRO points will be earned for time spent. Knowledge of Adobe Photoshop is a bonus but definitely not required. Please email Ad Campaign (adcampaign@setonschool.net)

Girls and Guys Tennis Intramural Tournament on Sat, Nov 7th from 3:30-5:30 PM. This event is open to students and teachers! Please sign up by Nov 6 on the sign-up-sheet at school or contact Mrs. Erin Atkinson at erin.m.atkinson@gmail.com.

Seton School Proudly Presents this year's Spring Musical!

For the Seton musical website, cick HERE.





Opportunities for the Seton Community

Bright and newly rebuilt and designed 1 bedroom apartment available immediately in historic building in Warrenton. Custom kitchen and spacious living space, full bathroom with tub/shower and a separate bedroom, with a private entrance and reserved parking spot. All utilities included. Special pre-holiday price reduction. Please call Paula O'Keefe at 703-731-7702

Nate Remington, Class of 2020 recently launched **MediRide**, a local non-emergency transportation business that provides rides throughout Northern Virginia for those who can walk but need transportation assistance. Click: https://www.bookmediride.com/ for the website.

On Sunday, Nov 15 at 4PM, St Andrew the Apostle Catholic Church in Clifton welcomes **The Catholic University of America Symphony Orchestra**, conducted by Maestro Simeone Tartaglione, for a free afternoon of orchestral masterworks. Click HERE for more information.

Family in Warrenton is on a joyful mission to **care for our 3 sons**, all with autism. Do you have a heart for joyful service? Do you love serving God by serving others in need? We have a job for you!! Our sons are tall and strong with hearts of gold who are teaching us so many things every day. Please have your own transportation. We will request references as well. Virtus-trained a plus but not required. Email cjandjj2004@gmail.com.

Need an experienced seamstress, alterations expert? Need your Christ the King dance dress altered? Kim Nguyen (mother of sophomore Minh) can help you! 571-344-9890 or chihung02002@yahoo.com.



Seton Guidance Corner

October 29, 2026

Reminder - ASVAB for the Junior Class on Tuesday

The junior class will be taking the ASVAB (Armed Services Vocational Aptitude Battery) this coming Tuesday morning, Nov. 3, in the gym. Students will need to bring a laptop from home fully charged with a power cord and report to the gym by 8:00 a.m. For more information about the ASVAB, click here.

Helping Students Respond to First Quarter Grades

When first quarter report cards are issued, families may have concerns that grades do not reflect their child's effort. A factor being a student may understand the material during a session but struggle to complete assignments independently or submit work on time. Consider the following observations:

- **Look at what is affecting the grade.** Are assignments missing? Is homework performance stronger than test performance? Identifying a pattern can help families choose where to focus.
- **Ask the student where the process becomes difficult.** A specific example from a recent assignment can make it easier to discuss what happened and what might help.
- **Choose one action to practice.** Regularly checking to make sure the student has submitted completed work on time or reminding them to ask the teacher for clarification before starting an assignment can be beneficial.

Putting simple actions into practice can help students adjust their approach to learning and lead to more successful outcomes. (https://www.illuminos.co/)

Financial Aid 101: Basics of College Financial Aid

Hosted by members of Notre Dame's financial aid team, students and parents are invited to attend a live virtual session on Thursday, Nov. 12, at 7:00 p.m. to learn the language of financial aid along with practical strategies for understanding college costs, planning ahead, and evaluating affordability throughout the college search. Additionally, they will be going over the financial aid application process, discussing resources available to support students beyond tuition, and answering questions. To register, click here.

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Contact Information:

Mr. Patrick Geary
Guidance Department Head &
Academic Advisor (10th-12th)
pgeary@setonschool.net
703-368-9555

Mrs. Charlotte Guyant
Guidance Assistant &
Academic Advisor (7th-9th)
cguyant@setonschool.net

Mrs. Tina McIntyre
Registrar
tmcintyre@setonschool.net

Mrs. Alicia Salas
Guidance Academic Advisor
asalas@setonschool.net

Mrs. Ruth McCaa
Resource Teacher
rmccaa@setonschool.net

Mrs. Stacey O'Connor
Guidance Advisor (7th-12th)
soconnor@setonschool.net

Mrs. Julie Mantooth
Admissions Director
setonadmissions@setonschool.net

Mrs. Tara Judge
Admissions Associate
admissionsassociate@setonschool.net

Mrs. Stephanie Reyes
AP Exam and PSAT
Coordinator
703-368-3220

SETON SCHOOL CODE:
471350

2026 Ronald Reagan Oratory Competition

President Reagan believed in the power of words to move a nation. Now, students across America can experience that power for themselves through the 2026 Ronald Reagan Oratory Competition. This free program invites students in grades 2 through 12 to build public speaking skills, spark civic engagement, and bring President Reagan's timeless words to life. As America celebrates 250 years, there's never been a better time for young people to connect with our nation's story. There are three ways for students to participate: Art and Reflection (Grades 2–5); Middle School Oratory Competition (Grades 6–8); and High School Oratory Competition and Reflection (Grades 9–12). Prizes include a trip to the Reagan Library for the Finals on July 22–24, with flights and accommodations covered as well as a $1,000 scholarship for high school students. For more information and to sign up, visit https://www.reaganfoundation.org/education/ronald-reagan-oratory-competition.

CLT – An alternative to the SAT and ACT

Classic Learning Test (CLT) is a college entrance exam that provides an alternative to the SAT and ACT. The test offers assessments that evaluate reading, grammar, and mathematics and provides a comprehensive measure of achievement and aptitude. Unlike the SAT and ACT that change according to educational or cultural trends, the "classic" in Classic Learning Test refers to the use of classic literature and historical texts for the reading selections on the exams. In addition, CLT can be taken online (remotely) with multiple test dates offered throughout the year. Over 350 Partner Colleges actively recruit CLT test-takers and offer scholarships. For more information and to register, visit https://www.cltexam.com/. For a list of Partner Colleges to include Christendom, Franciscan, Benedictine, Ave Maria, University of Dallas, Hillsdale, Christopher Newport, Florida State University, etc., visit https://www.cltexam.com/colleges/.

Upcoming Events and Reminders:

Fri. Oct. 30 – Deadline for HOBY Leadership Program for Sophomores (Contact Mrs. Guyant to apply.)
Tues. Nov. 3 – ASVAB for the Junior Class at 8:00 a.m. in the Gym
Wed. Nov. 11 – Deadline for AP Exam Registration at Seton (Contact Mrs. Reyes to register.)
Wed. Nov. 18 – Seton's Annual College and Career Night for Juniors and at Least One Parent 7:00 p.m.

CLT, SAT, and ACT Registration Deadlines Coming Up

CLT Test Date – November 14 (Remote)
Registration Deadline – November 5
Click here to register.
Signup for CLT's free practice test.

SAT Test Date – December 5
Registration Deadline – November 20
Click here to register.
Signup for free SAT practice test.

ACT Test Date – December 12
Registration Deadline – November 6
Click here to register.
Signup for free ACT test prep.

Scholarship Opportunities

Coolidge Scholarship (available to high school juniors)
Amount: Full Tuition
Deadline: December 1, 2026
https://coolidgescholars.org/about/

Path to Pro Scholarship Program
For high school seniors planning to enroll in an approved trade-related program.
Amount: $2,500
Deadline: December 31, 2026
https://studentscholarships.org/scholarship/19069/path-to-pro-scholarship-program

**Please note, opportunities in the Guidance Corner are not endorsements of the programs. They are shared as options for students and parents to carefully consider.*