

THERAPUTIC SERVICES AND PRACTITIONER REFERRALS

Alpha Omega Clinic (301) 767-1733

<https://aoclinic.org/clinicians-fairfax/>

Services: Mental Health Services and Testing and Diagnostic Evaluations, Workshops and Professional Development Seminars

Locations: Fairfax and Alexandria, Maryland

Alpha Omega Clinic Administrative Office

7007 Bradley Blvd

Bethesda, Maryland 20817

Phone: (301) 767-1733 (Appointments for all locations are made through this office)

Catholic Charities of the Diocese of Arlington

Services: Mental Health Services and Consultations

Locations Vary

Contact Info: http://www.cdda.net/programs_family.php

200 N Glebe Road, Suite 250,

Arlington, VA 22203

703-224-1630

Clients services: *Anxiety; Depression; Grief and Loss; Marital and Premarital Concerns; Parenting Concerns*

CatholicCounselors.com- 866-724-1196

Dr. Greg Popcak and staff-

Tele-counseling

<https://catholiccounselors.com/contact/>

Catholic Psych Institute

The Institute was created to empower people to become who they are, by providing services and resources that integrate authentic Catholic anthropology with sound psychological science.

Pick your Catholic psychologist.

<https://www.catholicpsych.com/>

Dr. Cummins- (703) 323-5551

Formerly with Arlington Diocese

Psychotherapist

8996 Burke Lake Rd

Burke, VA 22015

Eleanor Daniels, MSW

Gilmour Counseling Group

Individual, Couple and Family Therapy

<https://www.gilmourcounseling.com/>

The Wellness Center

5276 Lyngate Court

Burke, VA 22015

Institute for Psychological Services

Services: One of the many missions of the *IPS Center at Divine Mercy University*, includes clinical services. These services bring the best principles of psychology integrated with the principles of the Catholic Faith, with an emphasis on appreciating the inherent dignity of every person and the goal of fostering true freedom from psychological or emotional difficulties.

Sessions are by appointment only.

Mental Health Services, Educational Assessments/Evaluations and Workshops and Professional Development Seminars.

Location: Ashburn, VA

Contact Info: 45154 Underwood Ln, (1st Floor) Sterling, VA 20166

Email: ipscenter@divinemercy.edu

Call: (703) 418-2111 ext.1.

Dr. Camille Karcher: 703-895-0868

9246B Mosby Street

Manassas, VA

Margaret Luckey, MA, Licensed, Professional Counselor- Alexandria VA-
(571) 989-2290

Margaret Luckey provides counseling for individuals, families and couples and sees children, adolescents and adults, with a wide range of mental health issues. Rates and hours are flexible. She counsels a wide range of reasons, including improving or stabilizing mood, setting goals and boundaries, improving communication, reducing anxiety, increasing parent effectiveness, and managing symptoms of psychotic disorders.

NOVA (Northern Virginia) Christian Counseling

The approach at Northern Virginia Christian Counseling integrates what the Bible says about WHO we are with what psychology tells about WHY we behave, feel, and do what we do. If we believe that God is the author of all truth, we can use both God's word and God's works (i.e., psychology) to help us heal, grow, and overcome any obstacle in our path. Because it says in Philippians 4:13: "I can do ALL things through Christ Jesus who strengthens me."

Contact Info:

10620 Crestwood Drive, Ste C

Manassas, VA 20109

(571) 408-8986

Ora et Labora Catholic Counseling

<https://www.oelcounseling.com/>

(202) 964-1209

Daniel Paris, Psy.D.

Ashburn Psychological and Psychiatric Services

<https://www.ashburnpsych.com/clinicians/daniel-paris-psy-d-m-psy-m-a/>

44095 Pipeline Plaza #240

Ashburn, VA 20147

(703) 723-2999

<https://find.catholictherapists.com/daniel-paris-18964>

Sacred Heart Counseling

Irene Pruitt, LPC

Licensed Professional Counselor, Registered Supervisor, Owner

Email: irene@sacredheartva.com

Website: sacredheartva.com

Phone: 571-266-1808

19 East Market Street, #104

Leesburg, VA 20176

(All clinicians offer secure telehealth appointments.)

SAGE Counseling Center: Phone: (540) 797-8424

32 Ashby St,

Warrenton, VA 20186

Providing individual, couples and family counseling. Services we provide include: Psychotherapy for Depression and Anxiety; EMDR; Separation and Divorce Care; Post-Traumatic Stress Disorder/Phobias; Couples/Family Counseling; Parenting Support; Grief Counseling; Work and Career issues; Addiction and Recovery; Conflict Resolution; Pain Management and Health Psychology; Psychological Testing for Autism Spectrum Disorder; Testing for PTSD; Faith-Based and Biblical Counseling; Sage Center works with a wide range of emotional and behavioral issues providing services that span from therapy for depression and grief counseling to parenting support.

Stress Centre Inc- (703) 392-6420

Services: Dr. Seguda Acosta, a psychotherapist, offers a variety of counseling strategies for young and old alike.

Location: Historic District, 10529 Crestwood Dr # 101, Manassas, VA 20109

RUAH WOODS, Psychological Services- 513-407-8878

Location: 6675 Wesselman Road • Cincinnati, Ohio 45248

<https://www.rwpsych.org/psychotherapy/>

Ruah Woods offers psychological services and evaluations. Their work is to journey with people experiencing a variety of emotional, behavioral, psychological, and interpersonal difficulties. Drawing on solid professional training integrating faith and science, the practice employs established psychological methods infused with a Catholic vision of the human person. We provide psychotherapy to children and families in order to address problems and to strengthen parent-child bonds. The initial consultation is aimed at clearly understanding the difficulty – whether it be behavioral, social, emotional, academic, or spiritual – and recommending an appropriate course of treatment. Services include comprehensive psychological evaluations and group counseling (especially good for adolescents too). Although located in Ohio, Ruah Woods provides on-line services.