



Sentinel



Volume 33, Issue 4
September 24, 2026

Bob Pennefather, Director
Anne Carroll, Executive Director

A Weekly Newsletter for Seton Parents & Students

(703) 368-3220
www.SetonSchool.net



UPCOMING EVENTS

[Live Calendar](#)

Every Monday and Thursday
Pizza -\$1.50/slice

Every Tuesday Morning
Donuts—\$1.50/donut



- Sept 26 Admissions Testing 9-noon
JHS Scavenger Hunt 4-6PM
- Sept 27 Interims
- Oct 2 Consecration to the Sacred Heart
in Classrooms
- Oct 4 Open House 2-4
- Oct 6-9 Penny Wars
- Oct 6 Col P Golf Tournament
- Oct 7 PSAT 9-11th Graders 8-10AM;
Senior Retreat 9-noon; No school
for 7th & 8th Graders
- Oct 10 Fall Play 2:30 & 7:30PM
- Oct 11 Fall Play 2:30
- Oct 12 Columbus Day; Teacher In-
Service Day; NO SCHOOL
- Oct 14 Oktoberfest during both Lunches
- Oct 21 Picture Re-takes 8:20-10 AM
- Oct 23 End of 1st Qtr
- Oct 24 HS Halloween Dance 7-9:15PM
- Oct 30 JH Hallows Eve Party during 8th
Period



I have a question
about...Who do I call?
Click [here](#).

Seton Spirit Wear . Click [HERE!](#)

*The Pilgrim
Virgin statue will be
received by the
Hartung family.
The vocations
crucifix will be
received by the
Raimundi family.*

FROM THE EXECUTIVE DIRECTOR



**VIRTUE OF THE YEAR,
PATIENCE**, weekly excerpt from
Divine Intimacy

Only by fixing our glance on Jesus,
the divinely patient One, can we
learn to practice patience. When
we see Him who came into the
world to save us, living from the
first moment of His earthly existence
in want, privation, and poverty,
and later in the midst of

misunderstanding and persecution; when we see Him become the object of
hatred of His own fellow citizens, calumniated, doomed to death, betrayed
by a friend, and tried and condemned as a malefactor, our souls are stirred;
we realize that we cannot be His disciples unless we follow the same road.
If Jesus, the Innocent One par excellence, bore so much for love of us, can
we, sinners who are deserving to suffer, not endure something for love of
Him? Whatever the total of suffering in our lives, it will always be very
small, and even nothing, compared with the infinite sufferings of Jesus; for
in His Passion Christ not only endured the suffering of one life or of several
lives, but that of all mankind.



CONSECRATION TO THE SACRED HEART: Next Friday,
October 2, is the First Friday of October. Seton
students and staff traditionally renews the consecration
of the school to the Sacred Heart of Jesus and the
Immaculate Heart of Mary. The consecration prayers
are recited at the end of Mass while the Blessed Sacrament
is exposed on the altar. All parents and friends
are invited to join us for this Mass.

This is also a good time to consider consecrating your
home to the Sacred Heart if you have not already done
so. Here is one website with instructions for making
this consecration, but there are others. [How to en-
throned the Sacred Heart in your home \(and heart\)](#) In His appearance to St.
Margaret Mary Alacoque, Jesus told her that where His Sacred Heart was
honored, sinners would be converted, tepid souls would become fervent,
and fervent souls would advance rapidly to spiritual perfection. Powerful
promises.



National Merit Commended Scholar News!

CONGRATULATIONS to

**Mariana Bingham, Cora Kramer, Penny Kramer,
Nicholas Moore, and Claire Rowitz**

**on being named Class of 2027 National
Merit Commended Scholars!**



MASSSES AND

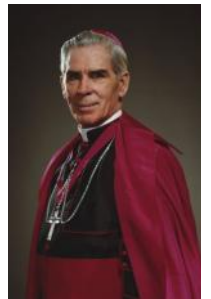
ROSARIES

Monday Mass

All Saints 8:30 AM

Rosary

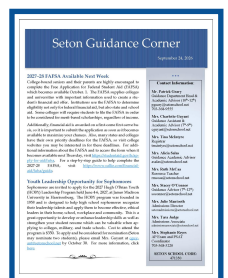
Tues-Fri 8:00 AM
in the Chapel



*Blessed
Fulton J.
Sheen, pray
for us.*

Thank You!

*Mrs. Pauli for provid-
ing dinner for Mrs.
Carroll and Mr.
Westhoff last Thurs-
day.*





JUNIOR HIGH PIZZA/PEPSI PARTY



On **Saturday, September 26, from 4:00-6:00**, all junior high students are invited to attend the junior high fall social event hosted by the Student Government. **There is a \$5.00 fee to attend.** Money can be dropped off at the Corpus Christi Office by **Friday, September 25.**

Students will take various pictures around the school, find items, accomplish specific tasks, and play games in the gym. The winning team will have their picture taken with the prized elephant statue. At 5:40, we will share a meal of Pizza and Pepsi.

There is a sign-up sheet on the **Blue Board inside the Corpus Christi doors.** Please, sign-up by Friday at 3:00 so we know how many pizzas to order and sodas to buy.

Students need to be dropped off at 4:00 and picked up at 6:00 **by the gym doors.** There is a lot of running between the 2 buildings so please, **wear tennis shoes.** It is recommended to wear work/junk clothes. Boys can wear cargo or athletic shorts and girls can wear athletic shorts that are finger-tip length. Athletic wear pants are also fine to wear.



Thank you, from the bottom of our hearts, for the extraordinary love and support you have shown the Hartung family. The response to this reception was overwhelming in the very best way. So many of you gave your time, brought food and supplies, helped with setup and cleanup, and stepped in wherever you

were needed. In a time of profound loss, you surrounded this family with kindness, generosity, and care. Every contribution—large or small—helped create a beautiful gathering where family and friends could come together, share memories, find comfort in one another, and honor a life so deeply loved. It was a powerful reminder of what community truly means: showing up for one another when it matters most. Thank you for answering that call so generously and for helping carry some of the burden for the Hartung family during such a difficult time. We are deeply grateful to each and every one of you. Your compassion, generosity, and willingness to serve meant more than words can adequately express.

COME HELP MO KEEP SETON'S GARDENS BEAUTIFUL!

There will be two gardening Saturdays: Sept 26 and Oct 3 from 9:30—noon. Whatever time you can give. Great opportunity to earn PRO hours! Please bring gloves.

May God bless you!



On Wednesday, Sept 23 at 10 AM, we sent out a test message to all the phone numbers we have on file as part of our Emergency Phone Notification System. If you have not already notified us that you would like additional numbers to be added or taken off, please contact the front office or email tmcintyre@setonschool.net. Our emergency system will be used only when necessary. Please call the front office if you have any questions.

MESSAGE FROM SETON ADMISSIONS

Please find [here](#) a Hospitality SUG for the upcoming October 4, 2026, OPEN HOUSE! Thank you also for the tremendous response for the Saturday admissions test hospitality needs. We remain so grateful for the outpouring of generosity, which will certainly make the families feel welcome at Seton! Please see the attached beautiful flyer that Mrs. Kathleen Johnson, a new Seton parent, created for the Open House, too! Julie Mantooth & Tara Judge
Seton Admissions



ATTENTION SETON PARENTS:

Please take a moment to take a quick 13-question survey from the Cardinal Newman Society.

Here is the survey link:

<https://www.surveymonkey.com/r/XLQG2HR>

2026 Seton Fall Play "The Curious Savage"

by John Patrick

FALL PLAY TICKETS ARE ON SALE!

Come support our talented Seton students as they perform their annual fall play, Curious Savage by John Patrick and featuring the Follies Pre-show. Show dates Oct 10-11. Make it a special evening by joining us for dinner before the Saturday evening show. Dinner tickets are limited and are priority seating, so be sure to reserve yours soon!

Buy Your Tickets Now, [CLICK HERE!](#)



OPPORTUNITIES FOR THE SETON COMMUNITY

DAILY BREAD BAKERY—Seton Alumn Jordan Karcher (Class of 2020) has opened a home bakery that bakes and sells bread baked with fresh milled flour (organic, glyphosate free wheat berries). Click [here](#) to find out the benefits of fresh milled flour. Click [here](#) to order and access the website. Preorders will be open Sunday-Wednesday and then pickup on Saturday of every week.



Daily Bread Bakery

Seton Guidance Corner

September 24, 2026

2027-28 FAFSA Available Next Week

College-bound seniors and their parents are highly encouraged to complete the Free Application for Federal Student Aid (FAFSA) which becomes available October. 1. The FAFSA supplies colleges and universities with important information used to create a student's financial aid offer. Institutions use the FAFSA to determine eligibility not only for federal financial aid, but also state and school aid. Some colleges will require students to file the FAFSA in order to be considered for merit-based scholarships, regardless of income.

Additionally, financial aid is awarded on a first-come first-serve basis, so it is important to submit the application as soon as it becomes available to maximize your chances. Also, many states and colleges have their own priority deadlines for the FAFSA, so visit college websites you may be interested in for these deadlines. For additional information about the FAFSA and to access the form when it becomes available next Thursday, visit <https://studentaid.gov/h/apply-for-aid/fafsa>. For a step-by-step guide to help complete the 2027-28 FAFSA, visit <https://www.sallie.com/financial-aid/fafsa/guide>.

Youth Leadership Opportunity for Sophomores

Sophomores are invited to apply for the 2027 Hugh O'Brian Youth (HOBY) Leadership Program held June 4-6, 2027, at James Madison University in Harrisonburg. The HOBY program was founded in 1958 and is designed to help high school sophomores recognize their leadership talents and apply them to become effective, ethical leaders in their home, school, workplace and community. This is a great opportunity to develop or enhance leadership skills as well as strengthen your student resume which can be valuable when applying to colleges, military, and trade schools. Cost to attend the program is \$350. To apply and be considered for nomination (Seton may nominate two students), please email Mrs. Guyant at cguyant@setonschool.net by October 30. For more information, click [here](#).

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Contact Information:

Mr. Patrick Geary
Guidance Department Head &
Academic Advisor (10th-12th)
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703-368-9555

Mrs. Charlotte Guyant
Guidance Assistant &
Academic Advisor (7th-9th)
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Mrs. Tina McIntyre
Registrar
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Mrs. Alicia Salas
Guidance Academic Advisor
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Mrs. Ruth McCaa
Resource Teacher
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Mrs. Stacey O'Connor
Guidance Advisor (7th-12th)
soconnor@setonschool.net

Mrs. Julie Mantooth
Admissions Director
setonadmissions@setonschool.net

Mrs. Tara Judge
Admissions Associate
admissionsassociate@setonschool.net

Mrs. Stephanie Reyes
AP Exam and PSAT
Coordinator
703-368-3220

SETON SCHOOL CODE:
471350

College Applications and AI

Curious about how colleges are dealing with AI in the college application process? Here's how one college is handling it. From the University of Pennsylvania:

AI is changing the way students approach the college application process, and we're sure students are asking: *Can we use AI when applying to college? How much of it can we use?* At Penn, our answer comes back to a simple standard: **an application should authentically represent the student applying.**

We've recently expanded our guidance around integrity and AI usage to help make that standard clearer. Students can seek support throughout the application process, including from counselors, teachers, family members, and even AI tools. They might use AI to organize their thoughts or check grammar, just as they might talk through an idea with someone they trust.

But AI **should not** generate the content of a student's application. Essays, activities, and responses should reflect the student's own ideas, voice, experiences, and accomplishments. Submitting AI-generated work, or anything that isn't authentically their own, compromises the certification every applicant makes to Penn. This also includes content submitted on a student's behalf such as a letter of recommendation. ◇

Upcoming Events and Reminders:

Fri., Sept. 25 - College Visit at Seton during both lunch periods – Ave Maria University

Sat., Sept. 26 - Open House - Christendom College (<https://www.christendom.edu/admissions/open-house/>)

Fri., Oct. 2 – College Visit at Seton during both lunch periods – University of Dallas

Thurs., Oct. 8 - Newman Guide Virtual College Fair (<https://cardinalnewmansociety.org/fair/>)

Wed. Nov. 18 – Seton's Annual College and Career Night for Juniors and at Least One Parent 7:00 p.m.

CLT, SAT, and ACT Registration Deadlines Coming Up

CLT Test Date – October 17 (Remote)

Registration Deadline – October 8

Click [here](#) to register.

[Signup](#) for CLT's free practice test.

SAT Test Date – November 7

Registration Deadline – October 23

Click [here](#) to register.

[Signup](#) for free SAT practice test.

ACT Test Date – December 12

Registration Deadline – November 6

Click [here](#) to register.

[Signup](#) for free ACT test prep.

Scholarship Opportunities

National Space Club Scholarship

Applicant must have the intention of pursuing a career in STEM.

Amount: \$50,000

Deadline: October 30, 2026

<https://www.spaceclub.org/scholarship/index.html>

Making an Impact Scholarship

Amount: \$1,500

Deadline: November 1, 2026

<https://studentscholarships.org/scholarship/34387/making-an-impact-scholarship>

Cooke College Scholarship Program

Available to high-achieving high school seniors with financial need.

Amount: Up to \$55,000 per year

Deadline: November 11, 2026

<https://www.jkcf.org/our-scholarships/college-scholarship-program/how-to-apply/>

**Please note, opportunities in the Guidance Corner are not endorsements of the programs. They are shared as options for students and parents to carefully consider.*