



Sentinel



Volume 31, Issue 26
March 27, 2025



Bob Pennefather, Director
Anne Carroll, Executive Director

[703] 368-3220
www.SetonSchool.net

A Weekly Newsletter for Seton Parents & Students



UPCOMING EVENTS

[Live Calendar](#)

Every Monday and Thursday
Pizza -\$1.50/slice

Every Tuesday Morning
Donuts—\$1.50/donut



- Mar 28 Diocesan Wide Technology Fast - Unplugged AND All Night Adoration—Sign-Up [HERE](#)
- Mar 31-Apr 3 Tech Week School Schedule is **9:30-3PM** Student still attend 8:30 Mass at All Saints on Monday
- Apr 4 NO SCHOOL
Spring Musical 7PM
- Apr 5 Spring Musical 7PM
- Apr 6 Spring Musical 3PM
- Apr 9 NHS Induction Ceremony 2PM
- Apr 11 Spring Musical 7PM
- Apr 12 Spring Musical 7PM
- Apr 13 Palm Sunday
- Apr 15 Job Fair during both lunches

2025/2026 SCHOOL YEAR

- Aug 20—First Day of School
- Dec 22-Jan 2- Christmas Break
- April 2-April 10—Easter Break
- June 1 Graduation for Class of 2026

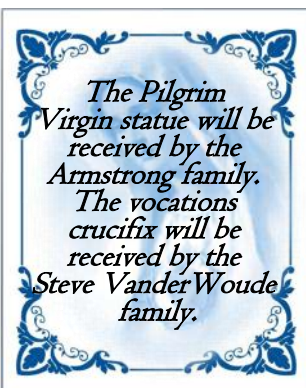


Click [here](#) for Drivers Ed Forms.



I have a question about...Who do I call? Click [here](#).

Seton Spirit Wear (Click [HERE](#))



FROM THE EXECUTIVE DIRECTOR



DAY OF GRACES TOMORROW: Freedom from technology on the Diocesan-wide day to unplug. All night adoration in the Seton chapel. Sign up on the next page.

CONGRATULATIONS TO THE RICK TERZA MERIT AWARD WINNERS FOR THE THIRD QUARTER, EXEMPLIFYING THE VIRTUE OF TRUST IN GOD WHILE CARRYING CROSSES:

- 7th, Maggie Mikkelson, and Noah Bookwalter
- 8th, Sophie Marm and Jackson Delmare
- 9th Elizabeth Hurley, Sam Hanna and Anthony DeFazio
- 10th, Maria Chavarria Moreno, Charles Coticelli
- 11th Monica Hartung, J.J. Cooley
- 12th Molly Bauer, Gus Kohlhaas

CONGRATULATIONS TO ALL THOSE WHO MADE THE TOTAL CONSECRATION TO JESUS THROUGH MARY ON THE SOLEMNITY OF THE ANNUNCIATION. NINETY-EIGHT STUDENTS!



ST. CATHERINE OF SIENA, SPEAKING TO JESUS, WORDS WHICH WILL HELP US STRENGTHEN THE VIRTUE OF HOPE: You, O eternal Word, substituted for our human weakness the strength of Your divine nature, which You received from the Father; and this strength You have given to us by Your Blood and Your doctrine O sweet Blood, You fortify and illumine the soul; in You it becomes angelic, because You cover it with the fire of Your charity so that it forgets itself entirely and can no longer see anything except You. O Divine Truth, You give so much strength to the soul which clothes itself with You, that it never falters under the weight of adversity or beneath the burden of troubles and temptations, but in every struggle it gains great victory.

RECOMMENDED READING

- ✦ <https://intellectualltakeout.org/2025/03/raising-courageous-kids-in-an-indecnt-world/>
- ✦ <https://aleteia.org/2023/03/22/how-marys-yes-is-renewed-by-every-saint-and-martyr>



MASSES AND

ROSARIES

- Monday Mass*
All Saints 8:30 AM
- Rosary*
Tues-Fri 8:00 AM
in the Chapel



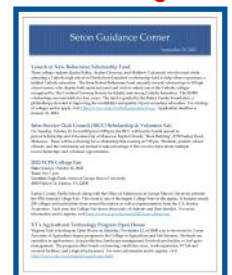
PRAYER REQUESTS

*Please pray for
Russ Carolla for heal-
ing from surgery*

Thank You!

*Mrs. Jones for provid-
ing dinner for Mrs.
Carroll and Mr.
Westhoff on Friday and
Msgr. Lee for saying
our school Mass.*

SETON'S GUIDANCE CORNER





Seton Students Consecrating to Jesus through Mary on the March 25th, the Solemnity of the Annunciation.



2025-26 COURSE SCHEDULING WORKSHOPS

Mrs. Guyant & Mrs. McIntyre visited with the Rising Juniors and Sophomores this past week and will be visiting with the Rising Juniors and Freshmen next week (see schedule below) to discuss course scheduling for next year. Students will bring home their forms to discuss with their parents the courses selected and recommendations presented. Please go over the forms with your students, make any necessary changes and sign the forms. If students have unanswered questions and need a meeting with the guidance department please check the box on the form. **ALL FORMS ARE DUE BACK TO THE FRONT OFFICE BY APRIL 11th.** Our forms as well as important additional information about scheduling are available on our website, click [HERE](#).

Course Scheduling	Workshop
Class of 2026	Tues 3/25
Class of 2027	Tues 4/1
Class of 2028	Thurs 3/27
Class of 2029	Thurs 4/3
Class of 2030	Tues 4/8

ATTENTION ALL JUNIORS AND SENIORS! YOU ARE INVITED TO PROM 2025.

Prom this year will be held at Dominion Valley on May 2nd. Tickets are on sale now at the front office. Tickets are \$55 each. **DRESS APPROVAL** All Jr./Sr. ladies that are going to Prom (AS WELL AS OUTSIDE GUESTS), get your dress approved by Mrs. Pogue during 6th lunch or Mrs. Salas during 5th lunch. **DEADLINE** is April 28th. Any approvals after this date will have to go to Mrs. Carroll and pay a late approval fee of \$5. Click [here](#) for the dress guidelines.



A MESSAGE FROM MAUREEN CAMPBELL



Dear Seton Community:

I want to THANK YOU all sincerely for all of your prayers and sacrifices you offered for me and for the girls for the retreat! Your prayers came through to help the Holy Spirit to speak to them and for me to be able to be His instrument and I am so very very grateful to you!! I had a LOT of interference writing it and even up to the day to give the talk, so your prayers are so very very much appreciated!!

There were many communities praying, fasting and offering sacrifices for your girls. I pray that we will all be the GREAT SAINTS God is calling us to be!!

I shared an edited electronic copy of my talk with Seton for anyone who might want to read it. ([CLICK HERE](#)) It has updates for completeness that I forgot to add that the audio version will not have. I know Our Lord is asking me to share it in this Year of Hope. Feel free to share with anyone.

THANK YOU, THANK YOU, THANK YOU!!

Thank you, especially for your continued prayers for Bob and me and be assured of mine for you - daily! Please specifically pray for Our Lord's Will for a brain MRI I am having on Friday. My cousin is battling breast cancer and it has spread to her brain. Please pray for her - her name is Amanda. We are taking a look because I am exhibiting symptoms that might be indicative of spread.

Thank you!! Maureen Campbell

COME VISIT WITH OUR LORD! ALL NIGHT ADORATION FRIDAY, MARCH 28 12:30PM-6:30 AM.

Are you looking for a way to develop a more intimate relationship with Jesus to prepare for Holy Week and Easter? What better place to start than in the Seton Chapel in the presence of Jesus Himself in the Blessed Sacrament. We will have all night adoration Friday 12:30 PM until Saturday 6:30 AM, with Benediction concluding the adoration. Come to one of the late night/early morning hours to make a greater sacrifice.

May God send all of our families many blessings during the remainder of this Holy Season of Lent.

CLICK [HERE](#) TO SIGN UP.
HE IS WAITING FOR YOU!



DIOCESAN WIDE TECHNOLOGY FAST - UNPLUGGED!

Are you looking for a serious sacrifice to enter more deeply into Lent? This Friday, we will join all of our diocese in the diocesan-wide day to unplug. Shut down all your screens (except for essential business), and have a day free of technological distractions. You can gain a plenary indulgence and offer the sacrifice for all your intentions. Check this website for ways to fruitfully spend your screen free day. [Click HERE](#). You might have a family discussion on how best to observe this day with positive activities along with the sacrifices. Please do not call or text your children at school that day. If you need to communicate with your child, please call the office.



Congratulations to all our students that made the 1st Honor Roll (GPA of 93+ & no grades below 70) and 2nd Honor Roll (GPA of 85-92 & no grades below 70) for the 3rd Quarter. Names are posted outside of both offices.



Seton's First Ever Chess Tournament was held on March 20th. Congratulations to our winners. 1st Place: Danill Makarov and 2nd Place: Sarafima Makarov

2025 Summer Robotics Workshops

Learn how to build, program and drive a VEX robot!

- June 24-25 Beginning Robotics
- July 22-23 Beginning Robotics
- July 24-25 Programming and Sensors
- August 5-6 Advanced Robotics

All workshops 9:30 AM - 4:00 PM
Seton School (Corpus Christi Center)



Seton Student Instructors!

Workshops for rising 7th grade students and above
No experience necessary to attend the Beginning Robotics workshop
Each student will build and program their own robot!
Cost: \$200

Workshops open to Seton and non-Seton students
Seats are limited!
For information contact:
Mr. Mark Hoffman
703-674-8028
markwhoffman@msn.com



Don't forget to get your Musical Tickets! Click [HERE](#) for the order form or [HERE](#) to order online.



Click on the links above to pre-order Candy Grams, Flowers or a keepsake ornament for *The Music Man* Cast and Crew!



Seton Musical Ticket Order Form
Performances on April 4, 5, 11, 12 at 7:00 pm
and April 6 at 3:00 pm

Tickets are \$10 per person/\$60 maximum per family* per show.
Only \$50 family* maximum per show if purchased by 3/17/25.
We will sell tickets at the door, but we expect sold out shows.
Doors open a half-hour before the show.

Tickets on sale in the Corpus Christi office starting March 3.
*Family discount applies for immediate family—all that live in the same household. Please fill out the names for the family below. Individual tickets can be bought online at:
<https://tinyurl.com/SetonMusicalTickets2025>
Please return this form to the Corpus Christi office via mail or in person.
First come, first serve—sorry no refunds are possible!!
Please make checks to "Seton School"
3514 Maple Street
Manassas, VA 20110

Pick up tickets at Door:

Name: _____ Phone: _____

Please note the number of tickets requested for each show:

_____ Friday, April 4, 2025 at 7pm _____ Friday, April 11, 2025 at 7pm
_____ Saturday, April 5, 2025 at 7pm _____ Saturday, April 12, 2025 at 7pm
_____ Sunday, April 6, 2025 at 3pm

Family Discount Info: Family Last Name: _____

Please list all the names of the immediate family members attending:



OPPORTUNITIES FOR THE SETON COMMUNITY

Pilgrimage to Fatima and other holy sites in Portugal and Spain. July 20-August 1. Spiritual directors Father Andrew Fisher and Father Charles Smith. \$2200 p/person, all inclusive. Excluding airfare. See attached flyer or call Frank Spicer for more info 571-334-5925 Click [HERE](#) for the flyer.

ART, DRAMA, MUSICAL THEATRE CAMPS for K-12 in a Catholic setting! Since 2004, Spotlight on the Arts Summer Camps has offered Broadway Spotlight, Drama Bootcamp, Art Explorer, and Arts & Crafts Fun Camp to hundreds of Diocesan families and friends. This July 7th - 18th young people are invited to experience top level instruction as they engage in creative fun through Acting, Visual Art, Music, and more! The camps are taught by professional Catholic educators very accomplished in their area of expertise. Each week concludes with either an Art Showcase or a Theatrical Performance by the campers. Prices are frozen in 2025 and through March 31st, all camps are \$35 off plus everyone gets a free t-shirt. Additionally, there are extra discounts for families that enroll 3 or more kids! Go to: www.SpotlightSummerCamps.com

Seton Guidance Corner

March 27, 2025

Course Scheduling Continues Next Week for the 2025-26 Academic Year

Tuesday, April 1 - Course Scheduling for Rising Juniors

Thursday, April 3 – Course Scheduling for Rising Freshmen

Mrs. McIntyre and Mrs. Guyant will be visiting English 10 and English 8 classes next week to go over course scheduling forms for next school year. Students will fill out the form in class and then take them home to go over the information with their parents. Forms will need to be returned to the Seton Front Office with parent signatures by Friday, April 11. Be sure to make a copy of the form for your records before turning it in.

Congratulations!

Congratulations to juniors Andrew Atkinson, Javier Garcia, Luke Griffin, Elijah Marm and Gabriel Marm. All were selected by American Legion Post 10 of Manassas to attend this year's Virginia Boys State held at Radford University this summer.

Franciscan University On-Campus Tours

Students interested in attending Franciscan University are encouraged to schedule a visit. During visits, students can take a walking tour, meet admissions, attend Mass, sit in on a class, receive a complimentary lunch, and meet coaches. For more information and to schedule a visit, go to <https://franciscan.edu/visit-franciscan/>.

Webinar on the College Application Process

For an informative webinar hosted by The College Funding Coach and The College Coaches on the top 10 nuances in the college application process as well as offering clarity in the sometimes confusing world of applying to colleges, visit <https://www.thecollegefundingcoach.org/top-10-nuances-that-matter-in-the-college-application-process/>.

West Point Admissions Event

Students and families are cordially invited to the United States Military Academy Admissions Event. A unique opportunity to delve into the world of West Point. RSVP to reserve your place for what will be a great opportunity to learn more about the Academy, whether it is the right fit, and how to apply. The event will take place on Sunday, April 13, from 1:00 to 3:00 p.m. at the American Legion Post 176 located at 6520 Amherst Ave., Springfield. Meet with an admissions officer and learn about:

- What West Point Offers
- Life as a Cadet
- The Application Process

To RSVP, visit <https://apply.westpoint.edu/register/SpringfieldAIM2025>.

Seton's Concussion Protocol

If a student is diagnosed with a concussion, please notify Seton by calling the Absent/Tardy Line or the Front Office. Communication between parents and teachers during a concussion recovery is very important. Please notify your student's teachers about the concussion and maintain communication with updates and progress. Documentation with details regarding Seton's Concussion Protocol is found on Seton's website at <https://setonschool.net/academics/guidance/concussion-information/>. The Concussion Form will need to be completed and submitted to the Seton Front Office along with a doctor's note.

Opportunity Still Available for Mathsolutely

Seton has partnered with Mathsolutely which offers access and practice to unlimited SAT Math exams for the next 12 months. This opportunity is still available to juniors and sophomores. Please contact Mrs. Guyant at cguyant@setonschool.net if you would like to be signed up and take advantage of Mathsolutely to better prepare for the SAT math exam for free. For more information about the program, visit <https://www.mathsolutely.com/#/entry/landing>.

CLT, SAT, and ACT Registration Deadlines Coming Up

CLT Test Date – April 10 (Remotely Proctored)

Registration Deadline – April 3

Click [here](#) to register.

[Signup](#) for CLT's free practice test.

SAT Test Date – May 3

Registration Deadline – April 18

Click [here](#) to register.

[Signup](#) for free SAT practice test.

ACT Test Date – June 14

Registration Deadline – May 9

Click [here](#) to register.

[Signup](#) for free ACT test prep.

Scholarship Opportunities

Men's College Scholarship

Amount: \$500-\$1,000

Deadline: April 1, 2025

<https://app.smarterselect.com/programs/79371-Foundation-For-Fraternal-Excellence->

10 Words or Less Scholarship

Amount: \$1,000

Deadline: April 15, 2025

<https://studentscholarships.org/scholarship/10258/10-words-or-less-scholarship>

Intertech Foundation STEM Scholarship

Amount: \$2,500

Deadline: April 15, 2025

<https://studentscholarships.org/scholarship/10816/intertech-foundation-stem-scholarship>

Lift Parts Express Scholarship

Amount: \$500

Deadline: April 30, 2025

<https://forkliftpartsflorida.com/forkliftparts.php>

Got a Spine Scholarship

Amount: \$500

Deadline: May 2, 2025

https://arcticchiropracticfairbanks.com/chiropractor_fairbanks.php

**Please note, opportunities in the Guidance Corner are not endorsements of the programs. They are shared as options for students and parents to carefully consider.*