



Sentinel



Volume 31, Issue 8
October 17, 2024

Bob Pennefather, Director
Anne Carroll, Executive Director

A Weekly Newsletter for Seton Parents & Students

[703] 368-3220
www.SetonSchool.net



UPCOMING EVENTS

[Live Calendar](#)

Every Monday and Thursday
Pizza -\$1.50/slice

Every Tuesday Morning
Donuts—\$1.50/donut

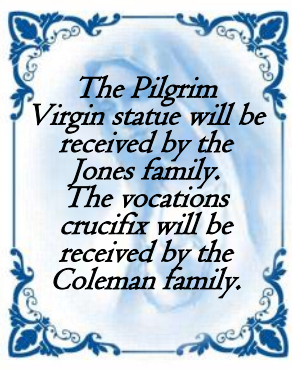


- Oct 18 End of 1st Qtr
Bake sale for the Homeless!
[All Night Adoration](#) from the end of the 11:20 school Mass to 6:30 AM on Saturday morning
- Oct 23 Latin fundraiser: Rootbeer floats and popcorn at lunch!
Parent Workshop - "Little Known Secrets of Paying for College" 7PM in Faustina
Family Rosary at Waldron's 7PM
- Oct 25 Family Rosary at DeMicoli's 7PM
- Oct 26 Admissions Testing
Halloween Dance 7-9:30
- Oct 27 Family Rosary at Heisler's 7PM
- Oct 28 1st Qtr Report Cards Issued
- Oct 30 12:20 Dismissal
Parent/Teacher Conferences 1-5
- Nov 1 All Saints Day—NO SCHOOL
50th Anniversary GALA!
- Nov 2 50th Anniversary Mass for Seton at Holy Trinity at 11AM



I have a question about...Who do I call?
Click [here](#).

Seton Spirit Wear (Limited Edition 50th Anniversary now available!) Click [HERE!](#)



*The Pilgrim Virgin statue will be received by the Jones family.
The vocations crucifix will be received by the Coleman family.*

FROM THE EXECUTIVE DIRECTOR

HONORING OUR LORD IN THE BLESSED SACRAMENT: This Friday/Saturday is our second All Night Adoration in honor of our 50th year. I am proud of the senior class of 2025, which has organized this Holy Hour. Please sign up to spend an hour with Our Lord. Click [HERE](#). You are free to drop in at any time. Adoration ends with Benediction at 6:30 AM. Please enter through the back door of the chapel--at the end of the brick walk past the dumpster off Maple Street.

HONORING OUR LADY THROUGH THE ROSARY: Our Lady has repeatedly asked us to pray the Rosary. During this 50th anniversary year, we are encouraging a deeper devotion to Our Lady through the Rosary, especially in families. See my message elsewhere in this Sentinel, with times and places where Rosary gatherings will be held.

FLOWERS FOR ALGERNON: Those who attended the play this weekend were blessed to see a stunning performance of a powerful drama, sending a strong message of the dignity of every person. This play would challenge a cast of adults, but our students rose to the challenge. Congratulations to Mr.



Moore, the production team, every student in the cast and crew, and everyone who helped. Thank you for giving us an experience we will not soon forget.

THANK YOU to all those who attended the Rosary for Christian Spicer on Sunday. Please continue to pray for Christian and his family.



CELEBRATION WEEKEND: The 50th Anniversary Gala is just two weeks from tomorrow. Seven hundred plus people will be present for the dinner, program, dancing, and above all connecting and re-connecting with Setonites from 5 decades. The next day, Saturday, November 2, will be a Mass in thanksgiving for God's blessings. Since it is All Souls Day, we will be praying for departed members of the extended Seton community. Please see the announcement elsewhere in the Sentinel for more information and to RSVP. There is no attendance cap for this event. Continue the celebration with an event of infinite value—the Holy Sacrifice of the Mass.

TRUST: Continued from Divine Intimacy.

We should not, therefore, be disturbed if we do not feel confidence; we must will to have confidence, will to hope, to hope at any cost, in spite of all the blows God may inflict on us by means of trials. . . . We must not deceive ourselves, thinking we can go through these trials without having to fight against discouragement, against temptations to distrust, and perhaps even to despair; this is the reaction of nature which rebels against that which wounds it. The Lord knows our weakness; He does not condemn us; He pities us. These feelings do not offend God, provided we always try to react gently by making acts of confidence with our will.

RECOMMENDED READING

- ✦ ifstudies.org/blog/5-questions-with-family-studies-soren-and-ever-johnson-on-creating-heavenly-homes
- ✦ <https://www.ncregister.com/commentaries/rebuilding-a-culture-of-life-3-essentials>

MASSES AND

ROSARIES

Monday Mass
All Saints 8:30 AM
Rosary
Tues-Fri 8:00 AM
in the Chapel



PRAYER REQUESTS

Please pray for the repose of the soul of Albert Couture, grandfather of Anthony Morales and pray for Debbie Couture, grandmother of Anthony who is very sick and is expected to pass soon.

Thank You!

Mrs. Jones for providing the priest's lunch and dinner for Mrs. Carroll and Mr. Westhoff and Fr. Sunny for saying our School Mass.

SETON'S GUIDANCE CORNER



ROSARY GATHERINGS: HONORING OUR LADY THROUGH THE ROSARY

Throughout history, Mary appeared to several saints and mystics imploring them to spread the devotion of daily recitation of the Rosary. She has attached [fifteen promises](#) to this devotion. Tremendous graces are promised to each of us if we are obedient to her request. Here are 3 of those promises:

- To all those who shall recite my rosary devoutly, I promise my special protection and very great graces.
- Those who shall persevere in the recitation of my rosary shall receive signal graces.
- The rosary shall be a very powerful armor against hell; it will destroy vice, deliver from sin, and dispel heresy.

In the next several weeks, Seton families will be hosting rosary gatherings. The gatherings will include a brief talk by the father or mother and a short discussion on how to begin praying the Rosary in a family and/or how to make the practice more fruitful. The group would then recite the Rosary. The gathering could conclude with light refreshments and socializing. Children are invited to the gathering. If you would like to attend one of these gatherings, please RSVP directly to the family, with a copy to me (acarroll@setonschool.net). More gatherings will be announced as time goes on. If any families are already praying the rosary regularly and would like to host a gathering, please contact Mrs. Carroll.

- ✦ **Wednesday, October 23, 7:00 PM.** Mary and Will **Waldron**, 9208 Park Avenue, Manassas. waldronmary969@gmail.com
- ✦ **Friday, October 25, at 7:00 PM.** Maria and Mark **De Micoli**, 5413 Goldmoore Court, Centreville, mdemicoli2@yahoo.com
- ✦ **Sunday, October 27, 3:00 PM.** Mary and Tim **Heisler**, 12924 Forsythia Ln, Nokesville. maryheis@gmail.com

I hope many of you will take advantage of the opportunity the gatherings are offering to deepen your family's spiritual life.



ALL NIGHT ADORATION THIS FRIDAY, OCT. 18 TO OCT. 19

Join the Senior Class of 2025 in adoring our Lord! The intentions are for Christian Spicer, the 50th Anniversary Year, the upcoming election, and the Church. Adoration begins after 11:20am Mass Oct 18 to Oct. 19 ending at 6:30am with Benediction by Deacon Van de Voorde. Sign up [HERE!](#)



SETON GROUNDS BEAUTIFICATION

Mrs. Mo Campbell is working on beautifying our grounds this Saturday from 9– NOON. If you are able to help, it would be greatly appreciated. PRO service hours can be earned. If you have any shovels, rakes, work gloves, please bring them. For any questions, contact Kelley Witter at 571-451-8861.



DON'T FORGET TO ORDER YOUR PICTURES! [Click HERE](#)

for more information but please follow these directions (Please note you will need your child's STUDENT ID which can be found on Jupiter Ed in the Settings Tab, see #6 below):

View and order at <https://shop.iostenspix.com/login>

1. Click on: **First Time? Create Account**
2. Enter your first and last name, your email address, and password and click on **REGISTER**.
3. Enter our School name by typing: **SETON JR SR HIGH SCHOOL** (the school will show up after you enter the name) and Event Code: **FE58324**
4. Enter the First and Last Name of student and click on **SEARCH**.
5. Click on **Add Student** next to your student's name.
6. Enter the **Student's ID Number** (get your STUDENT ID on your Jupiter Ed account by going to the Settings Tab. Your ID is found under your name)

FIRST QUARTER ENDS ON FRIDAY, OCT 18!



REPORT CARDS 1st Quarter Report Cards will be posted on Jupiter Ed on Mon, Oct 28. Current grades, attendance, and behavior are always available on JE by clicking on the appropriate tab in your child's Jupiter Ed account. If you are having trouble with Jupiter Ed, please contact Mrs. McIntyre at tmcintyre@setonschool.net.

EARLY DISMISSAL AT 12:20 ON OCT 30



PARENT/TEACHER CONFERENCES will be held on Wed, Oct 30 from 1-5 PM. Please call the main office to schedule a meeting. While parents can schedule a conference with any teacher, we ask that all parents schedule a meeting with a teacher if their student has a grade of 70 or below in any class. If you cannot come to school during the available hours, please make other arrangements with the teacher.

NO SCHOOL ON FRIDAY, NOV 1, ALL SAINTS DAY!

HELP THE HURRICANE VICTIMS IN THE CAROLINA STATES

Personal hygiene items/travel kits that are easy to distribute and very much in need: Toothbrushes and toothpaste; Shampoos/conditioners; Combs and brushes; Small packs of wipes; Hand sanitizers; Tissues -- small personal-sized multipacks -- no big boxes, please. The items will be delivered to the Carolina States. Tomorrow is the last day to turn in items! Thank you for your generosity!





Registration is open! Don't forget to register for Swimming this year! Click [HERE](#). **New Family Orientation meeting at Seton on Wednesday, October 23rd at 7:00 p.m. in Aquinas.**

Are you interested in Diving? **RSVP by emailing Coach Ashley Keapproth akeapproth@gmail.com** if you plan to attend or have any questions.

First day of swim practice at the Freedom Center is Tuesday, November 5th.

Questions? Contact Jim Koehr at coach@koehrfamily.com or www.setonswimming.org

AP 2025 AP REGISTRATION NEWS

"In hindsight, I would have taken more AP exams... They could have helped me test out of a few courses in my freshman year which were easy and only distracted me from my intended studies." (former Seton student)

The registration period for the 2025 Advanced Placement exams is now open. Information about the exams and the registration form can be found on the [Seton Guidance website](#) under "College Planning". The AP exams are difficult, but if you are academically motivated and willing to spend some extra time studying on your own, they could save you time and money in college. Registration is due Tuesday, November 12.



FACTS REQUIRED, CLASS, AND PRO FEES All families received an invoice on Monday, 10/7 on their FACTS account for our annual fees: PRO dues (\$25/family), Required Fees (\$525/family) and Class Fees (fees will vary depending on the child's classes). The total amount is divided into two payments. The first one is due on 12/31 and the second one is due on 3/31. **An itemized listing of the class fees for your child can be found on his/her Jupiter Ed account under the tab labeled "Fees".** If you have any questions, please contact Mrs. Cooper at 703 368 3220 or dcooper@setonschool.net



Boo Bags! Boo Bags will be for sale from October 22-28 during lunch in the gym. The bags cost \$1.00. It includes a bag of candy and a note and will be delivered on Halloween during Religion classes.

All High School students are invited to attend the annual Halloween Dance on Sat, Oct 26, 7-9:30. Walk through the Haunted Hallway! Awards will be given for best group costume and best individual costume. NO gory costumes. Seton standards of casual dress apply.



JUNIOR HIGH ALL HALLOWS EVE PARTY

All junior high students are invited on Oct 31 from 2-3 to celebrate All Saints Day! Students will change into costumes during their lunch so please come to school in your school uniform. Dress up as your favorite **Saint, Biblical Figure, Historical**

Figure. There will be games and lots of candy/food. Those not in costume will attend a study hall.

PSAT AND PSAT 8/9 SCORE RELEASE UPDATE



2024 PSAT and PSAT 8/9 score reports will be available online beginning October 24 for Seton students and you can access yours through your College Board account. If you do not have a College Board account and do not wish to make one, Seton can access and provide your score report to you. For helpful information on interpreting and using your score report, please see the "Understanding Scores": <https://satsuite.collegeboard.org/media/pdf/>

Congratulations to the cast and crew of FLOWERS FOR ALGERNON!



Seton Bowling Club
High School Bowling League

ARE YOU READY TO STRIKE UP SOME FUN AFTER SCHOOL?
WE'RE LOOKING FOR STUDENTS TO JOIN THE SETON BOWLING CLUB OUR CLUB COMPETES AGAINST TEAMS OF STUDENTS FROM OTHER LOCAL AREA HIGH SCHOOLS. BOWLERS CAN WIN SCHOLARSHIPS!

DETAILS:
 • WHEN: THURSDAYS FROM 4PM - 5:30PM
 • NOVEMBER 7TH - FEBRUARY 27TH
 • WHERE: BOWL AMERICA BULL DOG, 10641 BALS FORD RD, MANASSAS, VA 20109
 • COST: \$15 EACH WEEK (COVERS LANE FEES AND SHOE RENTAL)
 • CAR POOL SEATS ARE AVAILABLE FROM SETON AND BACK TO SETON

WHY JOIN?
 • HAVE FUN WITH FRIENDS
 • IMPROVE YOUR BOWLING SKILLS
 • COMPETE IN FRIENDLY MATCHES
 • EARN COLLEGIATE SCHOLARSHIPS

HOW TO JOIN
 • SIGN UP BY 4PM ON THURSDAY NOVEMBER 7TH
 • CONTACT TOMMY REYNOLDS AT TOMMY.REYNOLDS@SETON.NET OR 703-763-1281

You are invited to a special Mass in honor of Seton's 50th year at Holy Trinity Catholic Church
8213 Linton Hall Road
Gainesville, VA 20155

Saturday, November 2, at 11:00 AM followed by a reception in the parish hall

RSVP to seton50th@gmail.com by October 18, 2024
Families and children are welcome!

OPPORTUNITIES FOR THE SETON COMMUNITY

Your Mother Needs You! Our Blessed Mother needs your help to feed the hungry and clothe the needy here in our own community. Would you like to do this with peers who share your faith? Would you like to become closer to Jesus by becoming closer to His Mother? Come and See the new Legion of Mary group at the House of Mercy. A weekly meeting will be followed by corporal works of mercy in the food pantry at the House of Mercy. We meet every Wednesday at 3:45 p.m. 8150 Flannery Ct. in Manassas. For more info contact former Seton mom, Mrs. Pat Seoh at 703-853-6091 or patigarvey2@gmail.com.



Seton Guidance Corner

October 17, 2024

College Financial Aid 101

1. **Grants** – A form of aid that students do not have to repay as long as they meet all obligations. Grants are available through the federal government, state government, and schools. A common federal grant is the Pell Grant, and a state grant is the Virginia Tuition Assistance Grant (VTAG). Grants are usually based on financial need as demonstrated on the FAFSA (Free Application for Federal Student Aid); however, school grants can be based on financial need and/or merit.
2. **Work Study** – A program that provides students with on or off campus employment to help pay college costs and can often be in a student's field of study. Information on Work Study opportunities are typically available through a school's Financial Aid Office.
3. **Scholarships** – Considered gift aid that students do not have to repay as long as they meet all obligations. Scholarships are often based on academic achievement, athletic ability or special talent such as a skill in art, music, dance, or writing. In addition, they can be available to students interested in specific areas of study. Local scholarships may be offered through organizations such as the Lions Club, Rotary Club, American Legion, banks, and other service organizations.
4. **Military Service** - ROTC (Reserve Officers' Training Corps) scholarships cover a college education prior to service. The military also offers tuition assistance programs during service.
5. **Student Loans** – A type of financial aid that must be repaid with interest. There are federal and private student loans. Due to higher interest rates and less flexible repayment options, it is recommended that private student loans only be considered if grants, scholarships, and federal loans do not meet college costs. (<http://www.educationplanner.org/students/paying-for-school>)

Fall Open House - Virginia Tech's Agricultural Technology

Students and parents are invited to attend Virginia Tech's Fall 2024 Open House on Saturday, November 2, and learn about Virginia Tech's only two-year, associate degree program - Agricultural Technology. Agricultural Technology students earn an Associate of Agriculture degree and gain confidence to be a leader in their field. Students can specialize in agribusiness, crop production, landscape management, livestock production, or turfgrass management. For more information, click [here](#)

Camp Wojtyla Summer 2025 Program

Named after Saint Pope John Paul II, who loved to minister to young people in the outdoors, Camp Wojtyla is a Catholic adventure program located on 1,200 acres of wilderness in the heart of the Colorado Rockies. The camp was launched by FOCUS, the Fellowship of Catholic University Students, in 2007 and leads and challenges young people through adventures in the wilderness into a joyful and transformative relationship with Jesus Christ and His Church. Seton alumni have been camp counselors in the past, and Seton students have been campers to this life changing program. Summer 2025 program dates are now available, and the lottery is open through October 26. For more information and to enter the lottery, visit <https://www.camp-w.com/programs-1>.

When applying to colleges, did you know...

It is a good idea to consider differentiation when thinking about academic interests. The vast majority of students are interested in the same half a dozen or so academic majors; meanwhile, universities offer hundreds of majors. Having an interest in an underrepresented academic major can help a student stand out. (<https://acceptu.com/>)

Final Call for Little-Known Secrets of Paying for College Workshop at Seton

Seton School is hosting a workshop by The College Funding Coach this coming Wednesday evening, October 23, at 7:00 p.m. in Faustina. This interactive workshop teaches parents the rules of the game when it comes to paying for their child's education. Register at www.thecollegefundingcoach.org/class/seton-school-2/.

Upcoming College Visits at Seton

Tuesday, October 29 – Franciscan University (during both lunch periods)

CLT, SAT, and ACT Registration Deadlines Coming Up

CLT Test Date – November 7 (Remotely Proctored)

Registration Deadline – October 31

Click [here](#) to register.

[Signup](#) for CLT's free practice test.

SAT Test Date – November 2

Registration Deadline – October 18

Click [here](#) to register.

[Signup](#) for free SAT practice test.

ACT Test Date – December 14

Registration Deadline – November 8

Click [here](#) to register.

[Signup](#) for free ACT test prep.

Scholarship Opportunities

Study.com Scholarship

Amount: \$2,000

Deadline: November 1, 2024

<https://app.goingmerry.com/scholarships/studycom-scholarship-for-high-school-seniors/20325>

The Limbaugh Family Foundation Scholarships

Amount: \$5,000

Deadline: November 8, 2024

<https://officialrushlimbaugh.com/scholarships/>

Jack Kent Cooke Young Artist Award

Amount: \$10,000

Deadline: November 15, 2024

<https://studentscholarships.org/scholarship/26488/young-artist-award>

Copyright in the Cyberspace Scholarship

Amount: \$1,000

Deadline: November 30, 2024

<https://studentscholarships.org/scholarship/20658/copyright-in-the-cyberspace-scholarship>

**Please note, opportunities in the Guidance Corner are not endorsements of the programs. They are shared as options for students and parents to carefully consider.*