



UPCOMING EVENTS

[Live Calendar](#)



Every Monday and Thursday
Pizza -\$1.50/slice



Every Tuesday Morning
Colossal Donuts—\$1.50/donut

- Feb 9 9:10 Mass
- Feb 9 & 13 Foreign Language Week
- Feb 14 Ash Wednesday
- Feb 17 Lenten Holy Hour 7PM
- Feb 18 1st Sunday of Lent
- Feb 19 Presidents Day—NO SCHOOL
- Mar 2 Latin Certamen 2:45
- Mar 8 Lenten Stations and Soup Supper 6:30
- Mar 13 3rd Quarter Ends; Early Dismissal at 1:20 due to Faculty Retreat
- Mar 14 Boys Retreat
- Mar 15 Girls Retreat
- Mar 19 Solemnity of St Joseph
- Mar 20 Talent Show Assembly 2PM
- Mar 24 Palm Sunday
- Mar 28-Apr 5 Easter Vacation
- Apr 1-4 Tech Week
- Apr 5 Spring Musical 7PM
- Apr 6 Spring Musical 7PM
- Apr 7 Spring Musical 3 PM
- Apr 8 Frist Day Back after Easter

FROM OUR EXECUTIVE DIRECTOR, MRS. CARROLL



ASH WEDNESDAY MASS: We will have an Ash Wednesday Mass at school. This Mass is for students and staff only. Due to time constraints (long lines for ashes and Holy Communion) we ask parents and friends to attend one of the many Masses offered at local parishes.



GRATITUDE I: To all the Seton costume moms who are already planning the many costumes needed for the 180 cast members in this spring's musical. Mrs. Lynne Morrison (whose children graduated years ago) and all her assistants will not settle for less than excellence, no matter how many hours and how much work it takes.

GRATITUDE II: To the Seton Choir, the director Mr. Catabui, and to the pianist John Reyes, for the splendid music they provide for our liturgies.

YEAR OF PRAYER: In each Sentinel issue (hopefully) I will provide a brief thought on prayer. Here is the first:

Prayer is a supernatural action for which we need supernatural help—the grace of the Holy Spirit. But since Jesus Christ has commanded us to pray, He will give us that grace. It is then up to us to respond to His grace, to answer the gentle but persistent call. God has a special plan for each soul and sends graces accordingly. If we accept the graces as they come, we will be cooperating with God's plan, our prayer will become more meaningful, and we will grow in intimacy with Our Lord.



RECOMMENDED READING

- ✦ <https://catholicexchange.com/sublime-mystery-of-the-holy-mass/>
- ✦ <https://life-craft.org/do-good-educators-impose-on-their-students/>

MASSES AND

ROSARIES

Monday Mass
All Saints 8:30 AM
Rosary
Tues-Fri 8:00 AM
in the Chapel



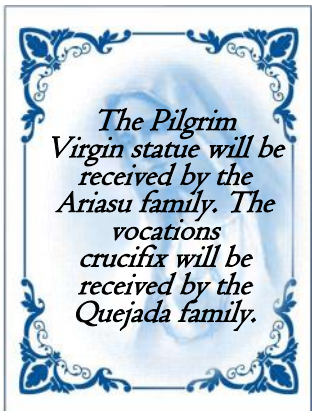
Thank You!

Mrs. Jordan for the delicious staff lunch and Mrs. Reyes (1/26) and Mrs Gray (2/2) for providing the priest's lunch and dinner for Mrs Carroll and Mr. Westhoff, and Fr. Cilinski for saying Mass.

SETON'S GUIDANCE CORNER



I have a question about...Click [here](#).



Thank you to Mrs. Sheri Jackson for coordinating and making the beautiful patchwork quilt for Seton sophomore Michael Brand.



Thank you to all for the continued prayers for Michael and his recovery. Please continue to pray for him.



Please join us for a **LENTEH HOLY HOUR** for parents in the Seton Chapel **Saturday 2/17/24** beginning at 7pm. Deacon James Van de Voorde, a former Seton parent, will lead us with Exposition of the Blessed Sacrament, a Rosary and words to help us have a fruitful Lenten season. Sign-up [HERE](#).



Blessed Candles are still available at the front office for a \$3 donation (two candles per box).

Foreign Language Week Continues



Friday, Feb 9: Spanish: Cuban Coffee and Churros



Tues, Feb 13: French: (Mardi Gras)-French Desserts



The Ad Campaign team is busy working on all the ads and contract forms that came in this week! We hope to soon know how much money we have raised toward the \$70,000 school goal. Reminder, if your family did not participate in the campaign, please submit a \$400 check to Seton School. Thank you to all who participated in this year's Spirit Ad Campaign!



AP Late-Registration Deadline in March

If you did not yet register for May 2024 AP exams and are interested in taking any, please contact Mrs. Reyes (smreyes595@gmail.com) for information.



18th Annual VISA Division II Invitational 2024- Seton Boys and Girls Win!

CONGRATULATIONS to the both boys and girls Seton Swim Teams for finishing first in the VISA Division II Invitational Swim Meet last Saturday for the 2nd year in a row! Click [here](#) for Coach Koehr's blog. Way to go Seton!

Thank you to the 8th Grade Girls for last Friday's bake sale to raise money for the Chapel debt. The girls raised \$230!



Last day to buy carnations is tomorrow. Come buy them for \$1 in the gym during your lunch period \$1 Carnations will be passed out on Fat Tuesday.



Drivers Ed Registration Forms are now available at the front office or click [here](#). **Session I**—June 4-14 **Session II**—July 8-18. ALL THREE PAGES OF THE CLASSROOM DRIVING INSTRUCTION MUST BE TURNED INTO THE SETON OFFICE.

OPPORTUNITIES FOR THE SETON COMMUNITY

Finding Jesus at San Damiano—Retreats During Lent. At the Arlington Diocese's San Damiano Retreat Center, in the weeks ahead, in the true spirit of Lent, we will be offering a number of opportunities to retreat. The weekend of Feb 9-11, I will be offering a Men's Silent Retreat... and Feb 23-25 Fr. Noah Morey will be offering a Silent Retreat for Women. On March 8-10, Father Stephen Vaccaro and Fr. Ed Guilloux will be offering a Retreat for Couples, and March 15-17 there will be a Silent Retreat for Men & Women which ponders the Passion Narratives in the Gospels. *Finally, a special retreat during the Holy Triduum, from Holy Thursday through Resurrection Sunday, March 28-31, during which we shall follow Jesus hour to hour from His Passion and Death to His Resurrection on Sunday Morning.* Click [HERE](#)

Daughters of Christ are hosting a **Lenten Workshop** open to all Seton girls on Sunday, **February 11th from 2-4:30**. Bring your journals and join us as we prepare our hearts for this Lenten season! Come, make some cute keepsakes, bond with your friends, and develop your relationship with Jesus. Coffee and snacks will be provided. Any questions? See Miss Pennefather.

MOMS of TEEN GIRLS! Want to save money? Will teach your child to sew, my home or yours. Must own your own machine. Call Chris 703 368 7152, Im on vm. All Saints parishioner.

SETON TALENT Show

Auditions are open to middle and high school students, and teachers!

Signups are outside the gym and Faustina

during the assembly on **MARCH 20TH**

\$ OVER \$100 IN CASH PRIZES FOR 1ST, 2ND, AND 3RD PLACE! \$

*only students are eligible to place