



# Sentinel



Volume 30, Issue 3  
Sept 14, 2023

Bob Pennefather, Director  
Anne Carroll, Executive Director

A Weekly Newsletter for Seton Parents & Students

(703) 368-3220



## UPCOMING EVENTS

[Live Calendar](#)



**Every Monday and Thursday**  
Pizza - \$1.50/slice

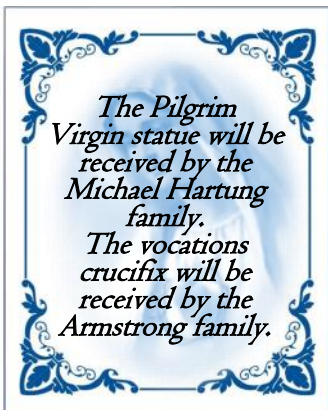
**Every Tuesday Morning**  
Colossal Donuts—\$1.50/donut



- Sept 23 JH Scavenger Hunt 4-6PM
- Sept 24 Interims
- Sept 27 Band Lunch Fundraiser
- Sept 30 Sons of the Most High: Mass at 11:30 AM; Events begin at 1PM
- Oct 7 Daughters of the King 1-8:30PM
- Oct 9 Columbus Day—School IN SESSION
- Oct 10 Col P Golf Tournament
- Oct 11 PSAT (11th Graders ONLY) Senior Retreat 9-12PM
- Oct 12 Picture Day
- Oct 14 Admissions Test 9-noon
- Oct 18 Oktoberfest (5th/6th)
- Oct 20 End of the 1st Quarter
- Oct 25 Band Lunch Fundraiser
- Oct 28 Halloween Dance
- Oct 31 Jr. High All Hallows Eve Party



I have a question about...Who do I call?  
Click [here](#).



*The Pilgrim Virgin statue will be received by the Michael Hartung family. The vocations crucifix will be received by the Armstrong family.*

## FROM OUR EXECUTIVE DIRECTOR, MRS. CARROLL

*"Give thanks to God for all things. Amen  
~St. John Chrysostom, his dying words.*

**GRATITUDE EXPONENTIALLY:** Sometimes the need to express gratitude is overwhelming, and adequate words just aren't there. How can we adequately tell Maryan Vander Woude how much she has meant to Seton as Director of the spring musical for the past six years (and nine years before, beginning in the last century). How can we measure the time, the energy, the talent, the sacrifice (including the exhaustion), and the love that she poured into the musicals? We can't. We can just say thank you, Maryan, as you step down from the position as Director. The good news is that she will still be teaching her reading and algebra classes. The second good news is that her niece, Mary Kate Vander Woude, will be stepping up from her role as Assistant Director last year to become Director. We will offer our Friday Mass tomorrow for the intentions of Maryan and her family. You are all welcome to come.



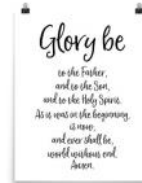
Old witch, new witch and our favorite director!

**GRATITUDE II:** There is still time to order your tickets for the Night of Gratitude for the Mother of Mercy Free Clinics. I hope to see you there.

**GRATITUDE III:** We happily announce that David Catabui (class of 2018) is our new choir director. He comes to us with a wealth of experience and talent. The choir and Seton are blessed to have him on board.



**GRATITUDE IV FAMILY SPIRITUAL PREPARATION FOR THE GOLDEN ANNIVERSARY:** The following quote from "Divine Intimacy" (Meditation 283) might be a good topic for a family conversation on gratitude towards God. Even younger children can understand this concept: "Incapable as we are of paying our debts to God according to justice, we should at least try to supply for them by our gratitude. . . We have nothing of our own; all that we are and have comes from Him, and in return for His infinite generosity, we can do nothing but use His gifts to express our gratitude to Him. 'In all things give thanks, for this is the will of God in Christ Jesus concerning you all' (Thes 5:18)."



**INTELLECTUAL FORMATION:** Here is the next take-away from The Battle for the American Mind. Chapter 3, "The Forgotten Force of Western Christian Education". In this chapter the author introduces the concept of paideia, a Greek word that is difficult to translate. Paideia refers to the dominant philosophical, religious, moral, and political ideas in a society. These ideas create the culture of a society, influencing all areas of life. For this book, the main area of concern is education. If a paideia is formed by true concepts of the nature of the human person, of the relationship between humans and God, and of the moral values that promote human flourishing, the home and the schools will form children who will know what is truly good, true, and beautiful. Until a century ago, our society and the schools in them were built on the Western Christian Paideia. The author does not refer to Catholic schools, but they were built on the Western Catholic Paideia, so they had even more to offer the children they educated, namely the fullness of revelation, most especially the Sacraments. To be continued..

**FAMILY READING:** Here's another website with great selections: <https://catholicvote.org/19-must-read-books-for-middle-school-children/>

## MASSES AND ROSARIES

### Monday Mass

Monday Mass  
All Saints 8:30 AM

### Rosary

Tues-Fri 8:00 AM  
in the Chapel



## Thank You!

Mrs. Knight for providing the priest's lunch and dinner for Mrs. Carroll and Mr. Westhoff and Fr. Mosimann for saying Friday's School Mass.

## SETON'S GUIDANCE CORNER

Seton Guidance Corner

Orientation A-E Students

100th Anniversary Education & Career Expo


A New Catholic College - College of St. Joseph the Worker

Practical John Paul II Institute Education for Parents and Educators


**MEMORIES:** A few random memories from Jeanne Larsen, the founder of Seton's Latin Department and a faithful teacher for twenty plus years

"It is fun to think back on Seton's history--the old building with its heat register in the middle, the kids hanging out the upstairs windows, the very cold library. And the last day of school when the boys [Class of '06] threw water balloons from the roof. And I remember those fun field trips where I took kids to the DC museums. Plus Johanna [Haggerty-Schuller] and my trips to Europe."




 **JUNIOR HIGH PIZZA/PEPSI PARTY**

**When:** Saturday, Sept 23 **Where:** Seton School **Time:** 4-6 PM **COST:** \$5 (will be accepted up through Sat) **PLEASE SIGNUP:** In Corpus Christi by Fri for planning purposes. There will be a scavenger hunt, games, a surprise event and PIZZA and PEPSI!



**PLEASE SUPPORT THE SETON VEX ROBOTICS TEAM!** Stop by Foster's Grille in Old Town Manassas for lunch, dinner, eat-in, or carry-out on Thursday, September 21st. Just be sure to mention Seton to the cashier and 20% of the proceeds will be donated to support our school's VEX team. Invite all your family and friends and share on social media.

**DINING DOLLARS**  
**HELP SUPPORT Seton (VEX Robotics)**  
**WHEN:** Thursday, September 21st 11:00 AM - 9:00 PM  
**WHERE:** Foster's Grille, Manassas 9417 West Street 703-257-7272

  
[www.fostersgrille.com](http://www.fostersgrille.com)

**PSAT ATTENTION JUNIORS!** Attention Juniors: Don't forget to register to take the PSAT by TODAY! Registration forms were sent via Jupiter Ed and need to be completed and submitted either to the main office or online by emailing them to Mrs. Reyes at [smreyes595@gmail.com](mailto:smreyes595@gmail.com). For questions, please contact Mrs. Reyes.

**PSAT PROCTORS ARE STILL NEEDED!** If you are interested, please contact Stephanie Reyes ([smreyes595@gmail.com](mailto:smreyes595@gmail.com) or 540-683-1942).

September 30, 2023 at Koehr Manor  
**SONS OF THE MOST HIGH**



**SIGN-UP HERE**

The question we ask ourselves time and again, "Who am I?" plagues us. While the noble pagans taught the importance of knowing ourselves, it is only through repentance and belief in the Gospel that we come to a full realization that we are, in the words of Psalm 82:6, Sons of the Most High. Sign up [HERE](#) for all the details!

**Creative Corner**

The Seton Inquisitor is looking for content for the "Creative Corner". If you have a poem, micro short story, or art and would like it to be featured in the paper, please submit work to [inquisitor@setonschool.net](mailto:inquisitor@setonschool.net) with the title "Creative Corner Submissions" by September 24th.

*Save the Date*

SETON TRIVIA NIGHT  
 11/11/23  
 INVITES TO BE SENT VIA JUPITER ED IN OCTOBER

**THE INQUISITOR**

Honoring Our Queen of May by *Shannon O'Leary*

**FOUND**

**COLONEL P. MEMORIAL GOLF TOURNAMENT**  
 Tuesday, October 10, 2023

Presented by Air Treatment Heating & Cooling  
 Come home to comfort

**DONATE SPONSOR PLAY**

**SETON ATHLETICS' ONLY FUND RAISER**  
 REGISTER TODAY!

Your Support Keeps Our Students Happy, Healthy, & Active in Sports

[setongolf.com](http://setongolf.com)



**OPPORTUNITIES FOR THE SETON COMMUNITY**

**Can your family welcome a French Catholic student into your home for four weeks this fall?** Dates are 10/7 - 11/4. Students are 14 or 15 years old, but you don't have to have a student their exact age at home. You can greatly impact a young person's life and open your family to a very enriching experience. Please contact Mrs. Brand at [mbrand@setonschool.net](mailto:mbrand@setonschool.net).

Please join us to honor Michael Pennefather, Mr P's son who died at age 12 after battling multiple illnesses and disabilities. He colored the world around him with his infectious smile, optimism and joy for life. This year commemorates the 16th Anniversary of Michael's passing. [Click HERE](#) for more information.

**PLEASE JOIN US!** House of Mercy Food Truck Festival At House of Mercy, 8170 Flannery Ct in Manassas on Sat, Sept 30th 11AM - 3PM. Live music, food trucks, entertainment, beer garden, to help fundraise for the House of Mercy Food Pantry and programs! Fun for all ages! Tickets available at [www.houseofmercyva.org](http://www.houseofmercyva.org).



SETON PRESENTS

# Daughters OF THE King

SATURDAY, OCTOBER 7<sup>TH</sup>  
1 - 8:30 PM

DAUGHTERS OF THE KING RETURNS!  
A DAY OF FAITH, FRIENDS & FASHION  
RESERVE YOUR SLOT BY OCTOBER 1ST

\$30 INCLUDES DINNER, ENTERTAINMENT & FASHION SHOW



KEYNOTE SPEAKER  
*Catherine Hadro*

**The day begins with Mass at 1:00pm,  
followed by a great Keynote and  
Three Wise Women Workshops and dinner...**

WITH AMAZING MUSIC THROUGHOUT

THE FASHION SHOW BY  
*Marie Miller*



COST: \$30 PER PERSON

QUESTIONS? EMAIL [DOTKATSETON@GMAIL.COM](mailto:DOTKATSETON@GMAIL.COM)