# Seton Guidance Corner

September 28, 2023

#### Get Organized for School Success!

- O Organize all papers using folders/binders.
- R Reduce distractions while doing homework.
- G Gather items the night before to take to school the next day.
- A Arrange a to-do list each evening and check off completed assignments.
- N Neatly place items in your locker and backpack.
- $\ensuremath{I}$  Identify large assignments ahead of time and break into manageable parts.
- Z Zoom in on a good study space at home and keep it orderly.
- E Establish a consistent time each evening for homework.
- D Develop an unrushed morning routine before heading to school.

#### **Date Change for the FAFSA**

The Free Application for Federal Student Aid (FAFSA) is used by colleges and universities to determine student eligibility for federal, state, and college-sponsored financial aid, including grants, scholarships, educational loans, and work-study programs. In the past, the FAFSA became available on October 1st. **Due to changes and improvements to the application, the 2024-2025 award year FAFSA will open this December.** The federal government and many states award financial aid on a first-come, first-served basis, so it is recommended to submit the form as soon as possible after the application becomes available.

### **College Transfer Fairs at NOVA**

Students interested in attending Northern Virginia Community College after graduation and then transferring to a 4-year college/university have the opportunity to learn about the transfer process and meet representatives from over 50 colleges and universities. (<u>https://www.nvcc.edu/transfer/fairs.html</u>)

#### Annandale Campus

Date: Thursday, October 12 Time: 1:30 p.m. - 3:30 p.m. Location: Richard J. Ernst Cultural Center (CE), Gymnasium

Loudoun Campus Date: Wednesday, October 11 Time: 11:00 a.m. - 1:00 p.m. Location: Higher Education Center (HEC), Event Center

#### **Guidelines for Requesting a Letter of Recommendation**

Whether you need a Letter of Recommendation for college, a military academy, or scholarships, click <u>here</u> for helpful information on requesting an LOR.





#### NASA Opportunities for Virginia High School Students

The Virginia Space Grant Consortium provides free NASA-related programs for Virginia's high school students in 10th, 11th, and 12th grades. The programs have an interactive online STEM learning experience and are highlighted by a seven-day residential summer academy at NASA.

**10<sup>th</sup> Grade** - Virginia Space Coast Scholars focuses on the current missions flown or managed by NASA Wallops Flight Facility on Virginia's Eastern Shore. <u>http://vsgc.odu.edu/spacecoast/</u>. Application deadline is October 16.

**11<sup>th</sup> AND 12<sup>th</sup> Grades** - Virginia Aerospace Science and Technology Scholars focuses on NASA's human spaceflight missions and the Journey to the Moon and on to Mars. Students can earn up to five free dual enrollment college credits. <u>http://vsgc.odu.edu/VASTS/</u>. Application deadline is October 24

#### **Upcoming College Visits at Seton**

Thursday, October 12 – Benedictine College Monday, October 30 – The Catholic University of America

#### CLT, SAT, and ACT Registration Deadlines Coming Up

**CLT Test Date – October 14 (Remotely Proctored)** *Registration Deadline – October 9* Click <u>here</u> to register. <u>Signup</u> for CLT's free practice test. **SAT Test Date – November 4** *Registration Deadline – October 5* Click <u>here</u> to register. <u>Signup</u> for free SAT practice test. ACT Test Date – December 9 Registration Deadline – November 3 Click <u>here</u> to register. <u>Signup</u> for free ACT test prep.

## **Scholarship Opportunities**

**Builders' Association Scholarships** Amount: \$3,000 Deadline: October 31, 2023 https://studentscholarships.org/scholarship/12894/builders-association-scholarships

Cooke College Scholarship Program Amount: Up to \$55,000 per year Deadline: November 16, 2023 https://www.jkcf.org/our-scholarships/college-scholarship-program/how-to-apply/

Volunteer for Vets Scholarship Amount: \$1,000 Deadline: November 30, 2023 https://studentscholarships.org/scholarship/18555/volunteer-for-vets-scholarship

National Space Club Scholarship Amount: \$15,000 Applicant must have the intention of pursuing a career in the STEM fields. Deadline: December 4, 2023 https://www.spaceclub.org/scholarship/index.html

\*Please note, opportunities in the Guidance Corner are not endorsements of the programs. They are shared as options for students and parents to carefully consider.