



## UPCOMING EVENTS

[Live Calendar](#)

**Every Monday and Thursday**  
Pizza -\$1.50/slice

- Sept 1 Opening School Mass 11:20 at Seton—All are welcome
- Sept 4 Labor Day—NO SCHOOL
- Sept 6 JHS Back to School Night 7PM
- Sept 9 Back to School Social 7PM
- Sept 13 HS Back to School Night 7PM
- Sept 23 JH Scavenger Hunt 4PM
- Sept 30 Sons of the Most High: Mass at 11:30 AM; Events begin at 1PM
- Oct 7 Daughters of the King 1PM
- Oct 9 Columbus Day—School IN SESSION



I have a question about...Who do I call?  
Click [here](#).

**THE INSIDE SCOOP**

MISCELLANEOUS GENERAL INFORMATION

Seton Happenings, Clubs and Activities

2023-2024

### SETON'S INSIDE SCOOP

*The Pilgrim Virgin statue will be received by the Lynch family.  
The vocations crucifix will be received by the Mosimann family.*

## FROM OUR EXECUTIVE DIRECTOR, MRS. CARROLL



**OPENING MASS:** Our Opening Mass for 2023-24 will be Friday, September 1, in the John Paul II Center at 11:15. Parents are welcome to attend. (If you do attend, please dress nicely as befits the special occasion.) Our pastor, Father Lee Roos, will celebrate the Mass of the Holy Spirit to ask God's blessings on the new school year. After the homily, the faculty, staff, and Board of Directors will recite the Oath of Allegiance to the Magisterium of the Catholic Church. We will proudly and lovingly pledge our allegiance to Christ the King.

To show our gratitude to Father Lee and All Saints Parish for all that they do for Seton we ask all families to send in donations of non-perishable food items for the Bethany Food Pantry at All Saints. Collection boxes will be in the lobbies of both buildings. Please be generous to support families in need. If you prefer to make a cash donation, you may leave it at either office.

**GRATITUDE I:** One of the greatest blessings the Manassas community has received in recent years is the closing of the Amethyst Abortion Clinic and the opening, in the same location, of the Mother of Mercy Free Clinic. A second Mother of Mercy Clinic has since opened in Woodbridge. The Seton community is invited to a Night of Gratitude at the Hylton Center, September 16th in support of the two Mother of Mercy Free Medical Clinics that arose from the closing of the abortion clinic in 2015. Seton's prayer warriors and 40 Days for Life group played a major role in this transformation, with special notice to Seton alumni dads Brian Shaw, Mike Hadro, Art Bennett, and Ken Groves, and current Seton dads, Mike Baldwin and Jim Koehr. Seton alumni mom Alexandra Luevano is the director of the clinic. Please click on the flyer for information and to order your tickets. I encourage everyone in the Seton community to attend this celebration.



**GRATITUDE II:** Please continue to say the Glory Be in your daily prayers in thanksgiving to God for His blessings and mercies. Let us send up a great chorus of thanksgiving to the Holy Trinity.

**GRATITUDE III COMING IN NEXT WEEK'S SENTINEL:** Highlights of Seton's history 1980-1985. What are we grateful for during those five years? Find out next week. Missed the highlights of 1975-1980? Check the [August Sentinel on setonschool.net](#).

**GRATITUDE IV SPIRITUAL PREPARATION FOR THE GOLDEN ANNIVERSARY:** The Seton Religion teachers, at their department meeting last week, decided to recommend to all our families a spiritual practice for each month of this Spiritual Preparation Year. The practice for September is a Litany of Gratitude and/or other prayers of gratitude. Click [here](#). There are other litanies available. We encourage all families to pray together daily in gratitude for the blessings God has given them. At least once a week perhaps pray the complete litany, slowly and meditatively. Family members could take turns reading the invocations to pay better attention to each one. Another daily recommendation is for each family member to say one thing he or she is thankful for that day. This could be done at the dinner table or another time when the whole family is together. The family could also imitate Seton by looking back at specific periods of time in the family's history to find reasons for gratitude. These are just a few suggestions to get you started. If your family comes up with another way of fostering gratitude, please send it to me so that I can share it with our other families.



## MASSES AND ROSARIES

- Monday Mass**  
All Saints 8:30 AM
- Rosary**  
Tues-Fri 8:00 AM  
in the Chapel



## PRAYER REQUESTS

Please pray for  
Chris Monihan ('03)

Thank You!

Mrs. Knight for the delicious staff breakfast on the first day of school and for providing dinner for Mrs. Carroll and Mr. Westhoff last Friday.

## SETON'S GUIDANCE CORNER

Seton Guidance Corner

September 2023

Orientation 8:15-8:30am

8th Annual Activities Education & Career Expo

A New Catholic College - College of St. Joseph the Worker

Parish of John Paul II Institute Education for the Parents and Students

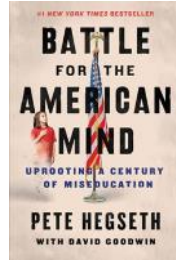
**INTELLECTUAL FORMATION:** The faculty had an excellent discussion on August 13 about **The Battle for the American Mind**. I hope many of you have read or will soon read the book. During the coming weeks I will be sharing with you some of our take-aways from the book. Here is a snippet from Chapter 1, "Our COVID 16(19) Moment":

"Through the lens of their kids' locked-down Zoom classrooms. . .many parents have belatedly, and finally, realized a tragic truth: the hard Left has completely captured the classroom. . .teachers colleges pump out ideological teachers, left-wing teachers unions reign supreme, PTAs are neutered, school boards scared fully 'woke.' . .Conservatives and Christians are surrounded. The Death Star seems stronger than ever. Is there hope? The answer is yes, but it's not what you [the average person] thinks." But it is what Seton parents know.

**FAMILY READING:** At the August 13 meeting one of the ideas that came to us to combat the anti-intellectualism of our current culture was to encourage family reading. This practice would also help to combat reliance on screens for information and entertainment. Many titles are available as audio books, which the family can listen to while in the car. Reading aloud is a great family activity. My husband Dr. Carroll told how his mother used to read aloud to the family. One of the books he remembered best was Franz Werfel's *Song of Bernadette*, about St. Bernadette and Our Lady's apparitions at Lourdes. His father was an agnostic, his mother was a Christian but belonged to no denomination, he believed in God but had no use for organized religion, and his sister had no religious faith. But the book was enchanting, and Dr. Carroll never forgot it. See elsewhere in the Sentinel a short list of suggestions. Parents, send me titles your family has loved, with a short synopsis.

**SUGGESTIONS FOR INTERESTING READING:**

- ✦ [Saints that Showed Gratitude: Fr. Solanus Casey](#)
- ✦ <https://s3.us-west-1.amazonaws.com/post.jupitared.com/v4/p103194870/1/1695445462/catholicpreaching.com-Gratitude-Versus-Grumbling-At-The-Way-The-Lord-Feeds-Us-18th-Monday-1-August-7-2023.pdf>
- ✦ <https://www.ncregister.com/cna/pope-francis-the-eucharist-can-fill-the-wounds-and-voids-produced-by-sin>



**Family Reading List:**

1. **Song of Bernadette.** Described in my column.
2. **C. S. Lewis' Narnia books.** These books can be read and re-read, with something to offer for all ages.
3. **C. S. Lewis' Out of the Silent Planet.** An exciting science fiction story but with many theological insights. Dr. Carroll read this at age 12 and wrote on the inside "Queen of Books." He loved the story and missed most of the theology. But when he was thinking about converting, he returned to C. S. Lewis.
4. **Father Walter Ciszek, With God in Russia.** This holy priest spent years in the Communist Gulags in the Soviet Union.
5. **Roll of Thunder Hear My Cry, Mildred Taylor:** Set in a segregated rural Mississippi, Cassie Logan and her three brothers help farm the land they now own. Read how they navigate the segregation and racism of the South.

# WELCOME BACK TO SCHOOL!



[Gratitude and the Opening Assembly](#)



# SETON'S 49TH YEAR!

## OPENING SCHOOL MASS Friday, Sept 1st at 11:20

in the Gym with Fr. Lee Roos. Please bring donations of non-perishable food items for the All Saints Bethany Food Pantry.

## JHS & HS BACK TO SCHOOL NIGHTS JHS is on Sept 6 and HS is on Sept 12.

Both begin at 7PM in the gym with a short assembly, then parents will follow their student's class schedule with mini classes. Please bring your student's schedules.

### HS BACK TO SCHOOL SOCIAL

The High School back to school Social is on Sat, Sept 9 from 7 - 9:30 pm in the gym. The cost is \$5. This year's theme is a Pajama Party. Please come hang out with friends and have a good time. More info coming soon.

Seton School 2023-2024 Calendar of Events and Activities

DATE	TIME	EVENT	LOCATION
Sept 1	11:20	Opening School Mass	Gym
Sept 6	7:00	JHS Back to School Night	Gym
Sept 12	7:00	HS Back to School Night	Gym
Sept 23	4-6 PM	JHS Back to School Scavenger Hunt & Social	Gym
Sept 29	7-9:30	HS Back to School Social	Gym

**JHS BACK TO SCHOOL SCAVENGER HUNT & SOCIAL** Held on **Sept 23, 4-6 PM**. More info coming soon!

## JUPITER ED



We hope everyone has been able to access their child's Jupiter Ed account. Please let us know if you would like an additional email added to your account. Click [here](#) for some Jupiter Ed helpful tips. If you have any Jupiter Ed type questions, please email Mrs. McIntyre at [tmcintyre@setonschool.net](mailto:tmcintyre@setonschool.net) or call the front office.



## SETON APPAREL & OUTERWEAR

The first outerwear order of the year is now open and will close on September 11. For those who are new to Seton, when the weather gets cold, the kids need some extra layers, and many students prefer more than a sweater. Seton has an outerwear uniform policy that dictates what kind of jackets can be worn in the classroom. Click [HERE](#) for the flyer. Please personalize your items so we can return lost items. All orders are FINAL. To order online, click [HERE](#) or [East to West](#) Choose Seton & use access code: **seton23**. Email questions to [setonouterwear@gmail.com](mailto:setonouterwear@gmail.com).

## STUDENT HANDBOOK

All Parents and Students are required to read the Student Handbook. It's on our website, click [here](#).



## CARPOOL REMINDERS

PLEASE do not drop off or pick up your kids on the streets. We ask you to please pull through the carpool line. Not only does this create back up on our streets but more importantly is unsafe for not only your children but others that park in the senior lot or on the street.

## VEHICLE REGISTRATION FORM



This is a reminder to come to the office to get a Vehicle registration form if you are driving to school. We need to have these on file in case your car is bumped or if the lights are left on etc. Please be aware that the City of Manassas Parking Enforcement monitors the streets around Seton. Here are a couple of reasons that they have given tickets in the past: Expired license plates/ expired inspection stickers; If a car is parked within 5' from the edge of a driveway; If a car is parked less than 12' from any cross intersection.

## PARENT RESOURCE ORG (PRO)

Welcome to the Seton School Parent Resource Organization (PRO)! The PRO, guided by a board of volunteer parents (PRO Board), aims to improve the educational, spiritual, and social life of the Seton community through parental volunteerism. Parental assistance helps keep tuition low, while cultivating a safe and spirited environment for the school community. All families are required to serve 25 PRO hours (or buy them out at \$15/hour). Parents submit hours as they are served using Track It Forward. Please check out the [PRO handbook](#) which is accessible on the school website. Your PRO board looks forward to seeing you at the Back to School nights. Questions? Need a new login? Ask the PRO President at [proboard@setonschool.net](mailto:proboard@setonschool.net) Thank you for volunteering at Seton School!



**"COLONEL P." MEMORIAL GOLF TOURNAMENT**  
Tuesday, October 10, 2023

Presented by  
**Air Treatment Heating & Cooling**  
*Come home to comfort*

**DONATE SPONSOR PLAY**

**SETON ATHLETICS' ONLY FUND RAISER**

**REGISTER TODAY!**

*Your Support Keeps Our Students Happy, Healthy, & Active in Sports*

[setongolf.com](http://setongolf.com)



## FRIDAY MEALS & MONDAY STAFF CAFE

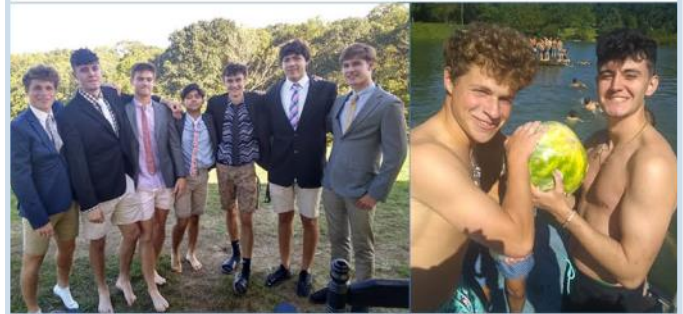
Give the gift of hospitality by volunteering for a long-standing Seton tradition, serving our priests, teachers, and staff, and say "thank you" for the many ways they serve and bless our families. Sign-Ups are at [TakeThemAMeal.com](http://TakeThemAMeal.com). Please see the [flyer](#).

The "honor of your daughter's presence" is requested at



Saturday, October 7<sup>th</sup> 2023.


Save the date:  
September 30, 2023 at Koehr Manor  
SONS OF THE MOST HIGH




**Join the Student Leadership Team**

We need rising Juniors and Seniors to be in the group planning and executing some details of the event. Your participation is important.

We're in need of about 10 more dads to help out on September 30 for Sons of the Most High. If you can help, please let Mr. Terreri know by Jupiter Ed or texting him: 571-243-0837 Thank you!



The Seton community is invited to a Night of Gratitude at the Hylton Center, September 16th in support of the two Mother of Mercy Free Medical Clinics that arose from the closing of the abortion clinic in 2015. Seton's prayer warriors and 40 Days for Life group played a major role in this transformation. Catholic convert and comedian, Jeremy McClellan is performing that evening. Tickets are \$10 and you can get them [here](#). You are welcome to invite friends, family, neighbors. The Hylton Center has a seat for you!



**OPPORTUNITIES FOR THE SETON COMMUNITY**

Check out our weekly [Guidance Corner](#) for updated news, information, scholarships and career/college related opportunities from the Seton Guidance Office!



**San Damiano Spiritual Life Center Retreats.** Overwhelmed by the world? Feeling a bit lost...and even afraid? Why not retreat? Click [here](#) for upcoming retreats.

**Volunteer at SPRED at All Saints.** The SPRED program serves children and young adults with developmental disabilities such as Down Syndrome, Autism, and Learning Disabilities. During each session, the children or "friends", participate in catechesis and joyful activities designed to lead them closer to their best friend, Jesus. To

find out more information about volunteering with the SPRED program, please contact Samantha Welsh, director of religious education, at 571-516-3154 or [swelsh@allsaintsva.org](mailto:swelsh@allsaintsva.org).

**Mother Daughter Retreat.** The Women's Apostolate to Youth invites you to a Mother-Daughter retreat (for girls in grades 7-9) entitled, "To Light and Guard, To Rule and Guide: Your Guardian Angel's Mission to Form You into a Woman of Integrity" on September 23, 2023. The retreat includes talks, activities (fun!), as well as opportunities for confession, adoration, and Mass and begins at 8:30 am and concludes at 3:30 pm at St. Raymond of Penafort Church. The \$60 fee includes materials, breakfast, and lunch for both mother and daughter and \$15 per additional daughter. Register by Sept 15. Visit <https://www.waywomen.com/daystar>.

**Can your family welcome a French Catholic student into your home for four weeks this fall?** Dates are 10/7 - 11/4. Students are 14 or 15 years old, but you don't have to have a student their exact age at home. You can greatly impact a young person's life and open your family to a very enriching experience. Please contact Mrs. Brand for more information at [mbrand@setonschool.net](mailto:mbrand@setonschool.net).

**CALLING ALL HIGH SCHOOL STUDENTS!**  
Would you like to participate in works of mercy regularly with your own community?  
Would you like to do this with peers who share your faith?  
Would you like to become closer to Jesus by becoming closer to His Mother?  
If you answered yes to any or all of these questions...keep reading!

**Announcing: A new Legion of Mary group at the House of Mercy**



**COME AND SEE!**  
1<sup>st</sup> meeting: Wednesday, September 13 at 3:45 P.M. House of Mercy.  
(In the meeting room behind the Administration Office)  
8000 Spring Hill Avenue, Dallas, TX 75243  
For questions or more information contact: Mrs. Pat Seoh, 703.853.6091

**CALLING ALL HIGH SCHOOL STUDENTS!** Would you like to participate in works of mercy regularly within your own community? Would you like to do this with peers who share your faith? Would you like to become closer to Jesus by becoming closer to His Mother? Announcing: A new Legion of Mary group at the House of Mercy 1st meeting: **Wednesday, September 13 at 3:45 P.M.** at the House of Mercy. For directions or more information contact: Mrs. Pat Seoh, 703-853-6091. Click [here](#) for the flyer.

Calling all high school students interested in theater. Join the **All Saints Epiphany Players Club!** Click [here](#) for the flyer.

