# **SETON SCHOOL**



# Sentinel



Volume 29, Issue 26 March 23, 2023



Bob Pennefather, Director Anne Carroll, Executive Director

A Weekly Newsletter for Seton Parents & Students

(703) 368-3220



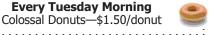
### **UPCOMING EVENTS**

Live Calendar



**Every Monday and Thursday** Papa Johns Pizza -\$1.50/slice

**Every Tuesday Morning** Colossal Donuts—\$1.50/donut



Mar 24 Gym closes for Musical

April 2 Palm Sunday

April 5 Spy Wednesday

April 6-April 14 Easter Break

April 9 Easter

April 10-13 Tech Week

April 14 Musical 7PM

April 15 Musical 7PM

April 16 Divine Mercy Sunday Musical 3PM

April 17 1st Day back after break

April 19 NHS Inductions Bake Sale for Chess club

April 21 Musical 7PM

April 22 Musical 7PM

April 26 College Night for Juniors 7PM

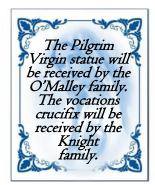


# **Drivers Ed Registration** Forms click here.



I have a question about...Who do I call? Click here.

Seton Spirit Wear . Click HERE!



# FROM OUR EXECUTIVE DIRECTOR, Mrs. CARROLL



# CONSECRATION TO THE IM-MACULATE HEART OF MARY:

You may recall that last year, on the Solemnity of the Annunciation (March 25), Pope Francis consecrated the world to the Immaculate Heart of Mary and prayed for peace in the Ukraine and around the world. Seton students and staff participated in the consecration prayer during our Friday Mass that day. At this March 22 weekly audience, Pope Francis called upon all Catholics to renew that consecration. I encourage all our Seton families to heed the Pope's call. There are many Consecration prayers on line for you to choose one. I suggest

making the Consecration before the Blessed Sacrament and reciting the Rosary before or after. Those who are making the St. Louis de Montfort Consecration on that day can add the Pope's intention to their consecration prayers.

PLEASE PRAY for the Seton students and staff members who will be completing their 33 days of preparation and making or renewing their Act of Consecration at this time.

# MEDITATION FOR THE SOLEMNITY OF THE ANNUNCIATION, MARCH 25 (from Divine Intimacy):

Many times in the course of our life we have received invitations from the Lord—and we shall certainly continue to receive them—invitations to suffering, to sacrifice, to the gift of self. How have we corresponded? Perhaps the thought of the fatigue and suffering which we would have to embrace has held us back. Let us try, in the future, to keep the eyes of our soul open to the light of faith, so that, like Mary, we shall understand that it is through suffering that God calls us to collaborate with Jesus in the sanctification of souls.

O Mary, by the ineffable mystery which was accomplished in you, I beg you to teach me and help me always to open wide the door of my soul to every divine appeal, to every solicitation of grace. At each manifestation of the divine will, may I repeat with you a humble, prompt, "Ecce, Fiat!" [Let it be done to me according to Your word]



## Masses and

# ROSARIES

Monday Mass All Saints 8:30 AM Rosary Tues-Fri 8:00 AM in the Chapel



# **PRAYER** REQUESTS

Please pray for Repose of the soul of Rudy Danborn, father of former Seton moms Mary Myers and Betty Wittman and grandfather of the many Myers and Wittman alumni.

# Thank You!

Mrs. Luckey for providing the priest's lunch and dinner for Mrs. Carroll and Mr. Westhoff and Fr. Roos for saying Friday's Mass.



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# **ADOPT A GARDEN**

The Beautification Committee needs you! We are looking for families that would like to "Adopt a Garden" around Seton. Earn PRO HOURS while you help spruce up Seton. No experience needed. We're here to

help. For more information contact Krista Schroer: krista.schroer@gmail.com.



# 2023-24 Course Scheduling

All students have had their course scheduling workshop. If your child was absent or you have any questions please see Mrs. McIntyre in Cenacle or

email tmcintyre@setonschool.net. All forms are due back on March 31. Please help us get these forms turned in so we can plan for next year. Thank you! Students that checked the box for an individual meeting will be contacted soon. Forms as well as important additional information about scheduling are available on our website, click here.



Friday, April 14, 2023, at 7 PM Saturday, April 15, 2023, at 7 PM Sunday, April 16, 2023, at 3 PM Friday, April 21, 2023 at 7 PM Saturday, April 22, 2023 at 7 PM

Tickets are \$10 per person or \$50 max/ family\* \$40 if purchased before 3/31 Family discount applies for immediate

Click HERE for the ticket order form.



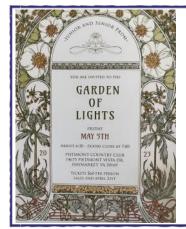
# **COME EXPERIENCE SETON'S NEWEST COMPETITIVE SPORT — DIVING.** Seton

Students, younger siblings, and RMS students are all welcome to learn this great sport from Coach Ashley Keapproth (akeapproth@gmail.com or

Coach@KoehrFamily.com)

Spring Training. We will be offering spring training at the RMS dryland diving facility for all Seton divers and any other current Seton student that might like to dive next season. Practice will be Sundays 4-5:30pm & Mondays 5:30-6:30pm starting March 19.

Seton Junior Diving. We will be starting some introductory tumbling and trampoline class for younger siblings (ages 8-12) of Seton and RMS students starting on March 20. Two times will be offered on Mondays: 3:30-4:30 pm and 4:30-5:30 pm. If needed, we may also add a Sunday class or possibly a class for younger students.



# **GARDEN OF LIGHTS** PROM ON MAY 5

Attention Junior's and Senior's: Prom tickets are available at the main office. Tickets are \$60. Prom will be held at the Piedmont Country Club. Doors open at 6:30. All dresses need to be brought in (no pictures) and approved by Mrs. Duran or Mrs. Pogue by April 28. Click here for the dress guidelines.

# PARENT NIGHT OUT FUNDRAISER FOR SETON

**DIVING On Friday, April 28<sup>th</sup> from 5:00 to 8:30 p.m.**, drop your younger kids at the Seton Dryland Diving facility in the gym at Renaissance Montessori School for a night of fun on the trampolines, diving board, and tumble tracks while you have your own date night. All proceeds will go to pay for the \$2,800 overhead spotting rig that will allow divers to practice complicated dives out of the water on trampoline with less fear, thereby making the transition to the water easier. Contact akeapproth@gmail.com or Coach@KoehrFamily.com to RSVP.



Congratulations to all our students that made the 1st Honor Roll (GPA of 93+ & no INCs or grades below 70) and 2nd Honor Roll (GPA of 85-92 & no INCs or grades below 70) for the 3rd Quarter. A list of names is posted at both offices.





VALID AT OVER 150 LOCATIONS IN DC, MD & VA Teacher Contact: \_\_Mark Hoffman

Number of cards: x \$15 = \$

## UNLIMITED USE FOR AN ENTIRE YEAR!

the card every day if you'd like, or order multiple BOGOs at once! It's truly unlimited!

# **OPPORTUNITIES FOR THE SETON COMMUNITY**

SAT/ACT/College Applications: Summer is a great time to prep for the SAT/ACT and complete your college applications. I offer personalized tutoring in my home in Manassas. I am a certified teacher with a Master's degree in Education and over 20 years experience. Seton students receive a discount. Contact me for more information! Kristin Forman, email FormanTutor@yahoo.com

SAT Math Prep—Brett Kellogg (Seton class of '15) is offering in-person tutoring services for the math section of the SAT. Brett has a degree in mechanical engineering from Virginia Tech, and experience in tutoring high school math. Please email ab.kellogg21@gmail.com.

HELP WANTED: Hambleton Handyman is looking for a meticulous administrative assistant. Click here for all the details. To apply please send your resume to maria@hambletonhandyman.com