



Sentinel



Volume 29, Issue 24
March 9, 2023



Bob Pennefather, Director
Anne Carroll, Executive Director

A Weekly Newsletter for Seton Parents & Students

(703) 368-3220



UPCOMING EVENTS

[Live Calendar](#)



Every Monday and Thursday
Papa Johns Pizza -\$1.50/slice

Every Tuesday Morning
Colossal Donuts—\$1.50/donut



- Mar 9 **1:20 Dismissal** (for faculty retreat)
- Mar 10 3rd Quarter Ends
Stations of the Cross and Soup Supper 6PM
- Mar 11 PRO Lenten Mini-Retreat 7-9
- Mar 12 Spring Ahead One Hour
Basketball Award Ceremony 3PM
- Mar 13 Boys Retreat (no school for girls)
8:15-3PM (2PM Mass)
- Mar 14 Girls Retreat (no school for boys)
8:15-3PM (2PM Mass)
- Mar 17 NHS Bake Sale
- Mar 20 Report Cards Posted
- Mar 24 Gym closes for Musical
- April 2 Palm Sunday
- April 5 Spy Wednesday
- April 6-April 14 Easter Break

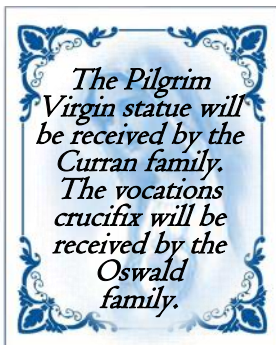


Drivers Ed Registration
Forms click [here](#).



I have a question about... Who do I call?
Click [here](#).

Seton Spirit Wear . Click [HERE!](#)



FROM OUR EXECUTIVE DIRECTOR, MRS. CARROLL



LOOKING FORWARD TO SEEING YOU TOMORROW EVENING AT THE STATIONS OF THE CROSS (6 PM IN THE CHAPEL) FOLLOWED BY THE SOUP SUPPER IN FAUSTINA. We need a few more generous cooks to bring a crock pot of soup. Please let me know by Jupiter Message or email if you will be sharing with us a favorite soup. If you're not bringing soup, please bring bread, salad and/or fruit to share.



CONGRATULATIONS to the junior high VEX Robotics teams, who have qualified to participate in the World Championship Tournament.



AN EXCELLENT HOMILY was preached by Father Eugene at the recent Seton Friday Mass in honor of the Sacred Heart of Jesus. The Mass was just after St. Valentine's Day. Even though we are almost a month past that day, the references to St. Valentine are still appropriate. Please access homily [here](#).

ANOTHER HOMILY, a little shorter but also challenging. This homily was preached by Father Daniel at a recent Monday Mass at All Saints. Father was commenting on the Gospel, Matthew 25:31-46, where Jesus will say at the Last Judgment: "Whatsoever you do to the least of My brothers and sisters, that you do unto Me." The homily is right here, no link needed:



Recently the people who track world population were excited to announce that we had passed the eight billion mark. But they overestimated by a lot. Actually, there are only two people in the world, you and Jesus. How will you treat Jesus today?

HELPFUL SUGGESTIONS FOR ENCOURAGING FAMILY SPIRITUALITY IN MARCH from the [Catholicculture.org](#) blog by Seton mom Jennifer Gregory Miller: <https://www.catholicculture.org/commentary/looking-ahead-march-4-20/>

MASSES AND

ROSARIES

Monday Mass
All Saints 8:30 AM
Rosary
Tues-Fri 8:00 AM
in the Chapel



PRAYER REQUESTS

Please pray for repose of the soul of Colleen Terza, Seton alumna, daughter of the late Richard Terza (long time Seton teacher) and Teresa Terza.

Thank You!

Mrs. Pacheco for the delicious staff lunch on Monday, Mrs. Paradise for providing the priest's lunch and dinner for Mrs Carroll and Mr. Westhoff, and Fr. Roos for saying Friday's Mass.



Lenten Retreat

An Evening with Father Noah Morey

Hosted by
Seton School PRO Board

11 March @ 7pm - In the Chapel

Life is so busy!
It's hard to find the time to break away.
Please join us for an evening of renewal.
Prepare your heart for Easter.

Refreshments to follow

Sign up [HERE](#).



AP EXAM LAST CHANCE TO ORDER EXAMS!

Late AP exam orders may be placed until mid-March. If you are interested in taking a 2023 AP exam at Seton in early May, please contact Mrs. Reyes (smreyes595@gmail.com, 703-331-3587) by **March 10th**.



2023-24 COURSE SCHEDULING WORKSHOPS

Course Scheduling	Workshop	Form Due
Class of 2024	Tues 3/7	Fri 3/17
Class of 2025	Thurs 3/9	Fri 3/17
Class of 2026	Thurs 3/16	Fri 3/24
Class of 2027	Tues 3/21	Fri 3/31
Class of 2028	Thurs 3/23	Fri 3/31

Mrs. Guyant & Mrs. McIntyre will visit the student's English classes to share relevant

guidance information regarding their course scheduling. Students will bring home their completed forms to discuss with their parents the courses selected and recommendations presented. Please go over the forms with your students, make any necessary changes and sign the forms. If students have unanswered questions and need a meeting with our Head Guidance Counselor please check the box on the form. Our forms as well as important additional information about scheduling are available on our website, click [here](#).

2023 LATIN CERTAMIN

Thanks to everyone that took part in this years Latin Certamen. Thanks to Mr. Saffian, Mrs. Cobos and Mrs. O'Connor, our chaperones and all the Latin II/III/IV moderators, spotters and scorekeepers. Thank you Mrs. Pogue, our Foreign Language Department Chair and Mrs. Uebel for overseeing a great event.



SETON RETREATS 2023

Men's Retreat: Monday, March 13, 8:15 AM – 3:00 PM. Retreat Masters: Fr. Matthew Rensch; Fr. Nicholas Blank; Fr. Noah Morey; Fr. Jonathan Fioramonti. Boys are asked to bring their Bibles to the

Retreat. Girls do not come to school.

Women's Retreat: Tuesday, March 14, 8:15 AM – 3:00 PM. Retreat Masters: Two Sisters from the Servants of the Lord the Virgin of Matara (Servidores). 2pm Mass will be said by Fr. Yehl. Boys do not come to school.

Please note for both days: Students are to report to school at 8:15 on their Retreat Day with dismissal at 3:00. Students are to be in **Activities Dress Code or better** (check the [Handbook](#)). No jeans, shorts, T-shirts, sleeveless shirts, sweatshirts or hoodies. Students will be attending Mass so should be appropriately and modestly dressed. **Students should bring their own lunches.** No food will be sold, and no one is allowed to leave campus to get food. Parents are welcome to come to the retreats to assist in chaperoning and attend Mass at 2pm each day.



Performances

Friday, April 14, 2023, at 7PM
Saturday, April 15, 2023, at 7 PM
Sunday, April 16, 2023, at 3 PM
Friday, April 21, 2023 at 7 PM
Saturday, April 22, 2023 at 7 PM

Tickets will go on sale starting March 16. Tickets are \$10 per person or \$50 max per family* \$40 if purchased before 3/31

* Family discount applies for immediate family—all that live in the same household

On March 3-4 twenty-six students from Seton's VEX club participated in the Virginia State Championship at the Event Park, Doswell, Virginia. In the middle school Division one Seton team (Gabe Marm, Eli Marm, Nicholas Moore, Andrew Atkinson, Helena O'Keefe and Molly Schroer) beat another Seton team (Dan Jackson, Ben Ellis, Michael Zahorchak, Mariana Bingham and Ricky Ellis) to win the State Championship!



OPPORTUNITIES FOR THE SETON COMMUNITY

SAT/ACT/College Applications: Summer is a great time to prep for the SAT/ACT and complete your college applications. I offer personalized tutoring in my home in Manassas. I am a certified teacher with a Master's degree in Education and over 20 years experience. Seton students receive a discount. Contact me for more information! Kristin Forman, email FormanTutor@yahoo.com

SAT Math Prep—Brett Kellogg (Seton class of '15) is offering in-person tutoring services for the math section of the SAT. Brett has a degree in mechanical engineering from Virginia Tech, and experience in tutoring high school math. Please email ab.kellogg21@gmail.com.