



Live Calendar



Every Tuesday Morning
Colossal Donuts—\$1.50/donut



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|--------|--|
| Mar 3 | VEX Competition |
| Mar 4 | Latin Certamen 2-4 |
| Mar 5 | Swim Award Ceremony |
| Mar 8 | Band fundraiser: Hot Dog
Lunch \$3 |
| Mar 9 | 1:20 Dismissal (for faculty
retreat) |
| Mar 10 | 3rd Quarter Ends
Stations of the Cross and Soup
Supper 6PM |
| Mar 11 | PRO Lenten Mini-Retreat 7-9 |
| Mar 12 | Spring Ahead One Hour
Basketball Award Ceremony
3PM |
| Mar 13 | Boys Retreat (no school for
girls) 8:15-3PM (2PM Mass) |
| Mar 14 | Girls Retreat (no school for
boys) 8:15-3PM (2PM Mass) |
| Mar 17 | NHS Bake Sale |



Drivers Ed Registration Forms click [here](#).



I have a question
about...Who do I call?
Click [here](#).

Seton Spirit Wear . Click [HERE!](#)



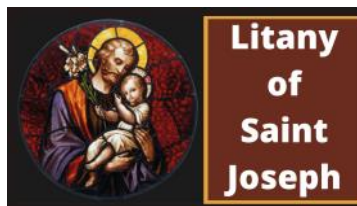
ANNUAL STATIONS OF THE CROSS AND SOUP SUPPER: Friday, March 10, is our annual Stations of the Cross and Soup Supper. The Stations begin at 6 PM in the Chapel, followed by a soup supper in Faustina. In the past parents have provided some great soups. If you would like to bring a crock pot of soup, please send me a Jupiter message to let me know. If you will not be bringing soup, please bring salad, fruit, and/or bread to share. Paper products and beverages will be provided. This is a great tradition at Seton, and we hope to see you there.



CONGRATULATIONS to the boys and girls basketball teams for winning both of the VCAC tournaments.

MEDITATION FOR THE SECOND SUNDAY OF LENT on the Gospel of the Transfiguration, from Divine Intimacy:

Spiritual consolations are never an end in themselves. . . . God does not console us for our entertainment but rather for our encouragement, for our strengthening, for the increase of our generosity in suffering for love of Him. The vision disappeared; the Apostles raised their eyes and saw nothing save Jesus alone, and with Jesus alone, they came down from the mountain. This is what we must always seek, and it must be sufficient for us: Jesus alone, God alone. Everything else—consolations, helps, friendships, understanding, esteem, encouragement—may be good to the extent that God permits us to enjoy them. [But if these are taken away, it is so that] we may prove to God more than ever. . . . that He is our All and that He alone suffices.



ST. JOSEPH'S MONTH: During March, the month of St. Joseph, we will begin the school day with an invocation to St. Joseph from the Litany of St. Joseph. If you wish to join us, here are the first seven. The response to each one is "Pray for us." 1. Renowned offspring of

David. 2. Light of Patriarchs. 3. Spouse of the Mother of God. 4. Chaste Guardian of the Virgin. 5. Foster Father of the Son of God. 6. Diligent Protector of Christ. 7. Head of the Holy Family.

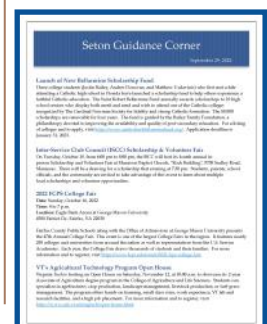
PLEASE PRAY FOR JOHN McGRAW who during the coming week will be participating in the finals for the Voice of Democracy speech contest national championship.

Monday Mass
All Saints 8:30 AM
Rosary
Tues-Fri 8:00 AM
in the Chapel



Thank You!

Mrs. Vaughan for providing the priest's lunch and dinner for Mrs Carroll and Mr. Westhoff, and Fr. Sunny for saying Friday's Mass.





SETON RETREATS 2023

Men's Retreat: Monday, March 13, 8:15

AM – 3:00 PM. Retreat Masters: Fr.

Matthew Rensch; Fr. Nicholas Blank; Fr. Noah Morey; Fr. Jonathan Fioramonti. Boys are asked to bring their Bibles to the Retreat. Girls do not come to school.

Women's Retreat: Tuesday, March 14, 8:15 AM –

3:00 PM. Retreat Masters: Two Sisters from the

Servants of the Lord the Virgin of Matara

(Servidores). 2pm Mass will be said by Fr. Yehl. Boys do not come to school.

Please note for both days: Students are to report to school at 8:15 on their Retreat Day with dismissal at 3:00. Students are to be in **Activities Dress Code or better** (check the [Handbook](#)). No jeans, shorts, T-shirts, sleeveless shirts, sweatshirts or hoodies. Students will be attending Mass so should be appropriately and modestly dressed. **Students should bring their own lunches.** No food will be sold, and no one is allowed to leave campus to get food. Parents are welcome to come to the retreats to assist in chaperoning and attend Mass at 2pm each day.



SETON SPIRIT AD CAMPAIGN UPDATE

CONGRATULATIONS TO THE TOP THREE FAMILIES!



BAUER FAMILY \$3,975

JACKSON FAMILY \$1,700

JUDGE FAMILY \$1,570

If your family did not submit the required contribution of \$400, Please submit payment ASAP. Payments can be made online at tinyurl.com/Seton-Ad-Campaign. Thank you to everyone for supporting this year's Seton Spirit Ad Campaign. See you next year!



SETON IS HIRING A LEVEL I-IV LATIN TEACHER

for the upcoming school year beginning August 2023 through June 2024. This position requires the candidate to teach the Latin language, Roman culture, and basic Roman history to students in Grades 7-12. Click [here](#) for the listing.

AP EXAM ANNOUNCEMENT

Late AP exam orders may be placed until mid-March. If you are interested in taking a 2023 AP exam at Seton in early May, please contact Mrs. Reyes (smreyes595@gmail.com, 703-331-3587) by March 10th. For more information about AP exams at Seton, please see the Guidance webpage under "College Planning" <https://setonschool.net/academics/guidance/college-planning/>



Lenten Retreat

An Evening with Father Noah Morey

Hosted by

Seton School PRO Board

11 March @ 7pm - In the Chapel

Life is so busy!
It's hard to find the time to break away.
Please join us for an evening of renewal.
Prepare your heart for Easter.

Refreshments to follow

Please join us to enrich your Lenten Journey with Father Noah Morey. We will meet in the Seton Chapel at 7pm for Exposition of the Blessed Sacrament followed with a Rosary and a spiritual talk given by Father Noah. At 8pm we will gather in Faustina for a social with pretzels & drinks. This is a parent/adult event.

Sign up [HERE](#).



COURSE SCHEDULING FOR 2022-2023

The **Rising Senior Class of 2024** will have their course scheduling workshop on **Tuesday, March 7th** and the **Rising Junior Class of 2025** on **Thursday, March 9th** during their English classes. Mrs. Guyant and Mrs. McIntyre will go into the classrooms and discuss vocational, career, and educational goals so that students select the courses they need to reach their goals. Students will bring home their completed forms to discuss with their parents the courses selected and recommendations presented. Please go over the forms with your students, make any necessary changes and sign the forms. **Completed forms (including parent signature) are due to the front office on Fri, March 17th. Blank 2023-2024 course scheduling forms will be emailed to the students prior to the workshop and will be available on our website and at the front office starting next week.**

SETON OUTERWEAR ORDER

The last order of our winter season is closes tomorrow, March 3rd. Click [here](#) for the flyer. <https://www.storessimple.com/etwstores/18933>; password: seton22.



SPRING SPORTS TRY-OUTS CONTINUE..

Varsity Tennis--March 2 & 3, 3:30-5:15 at Metz

Varsity Soccer--Tryouts 2/27, 2/28, 3/2, 3/3--all at Hellwig 3:30-5

Varsity softball--March 6 and 7, 5-7pm at Metz

JV Soccer--March 7 and 10 at Hellwig 3:30-5

JV Softball--March 21, 3:30-5 at EG Smith

JH soccer March 6 & 9 3:30-5 at Hellwig

Please see www.setonsports.com for more information.

OPPORTUNITIES FOR THE SETON COMMUNITY

SAT/ACT/College Applications: Summer is a great time to prep for the SAT/ACT and complete your college applications. I offer personalized tutoring in my home in Manassas. I am a certified teacher with a Master's degree in Education and over 20 years experience. Seton students receive a discount. Contact me for more information! Kristin Forman, email FormanTutor@yahoo.com

SAT Math Prep--Brett Kellogg (Seton class of '15) is offering in-person tutoring services for the math section of the SAT. Brett has a degree in mechanical engineering from Virginia Tech, and experience in tutoring high school math. Please email ab.kellogg21@gmail.com.

HOUSE OF MERCY TEA-- Lots of opportunities to attend, volunteer, purchase an ad, or donate a raffle item. All of the information can be found here: <https://houseofmercyva.org/tea/>