



UPCOMING EVENTS

[Live Calendar](#)

Every Monday and Thursday
Papa Johns Pizza -\$1.50/slice

Every Tuesday Morning
Colossal Donuts—\$1.50/donut



- Jan 26 1:20 Dismissal for Parent/Teacher Conferences
- Jan 28 Medical Missionaries Dance sponsored by NHS 7-9PM Grades 7th-12th \$10 Admission
- Jan 30 Claimed Ads due
- Feb 1 JH Science Fair
- Feb 7 ASVAB 8:30-12 (11th graders)
- Feb 10 Night to Shine Volunteers sign up [HERE](#)
- Feb 11 VCAC Swim Meet
- Feb 12 3rd Quarter Interims
- Feb 13 All Ads are DUE
- Feb 13-17 Foreign Language Week
- Feb 15 2nd Annual Honoring Our Heroes Assembly 2-3PM
- Feb 20 Presidents Day—NO SCHOOL
- Feb 22 Ash Wednesday
- Feb 26 1st Sunday of Lent

FROM OUR EXECUTIVE DIRECTOR, MRS. CARROLL

STATE CHAMPION! Congratulations to junior John McGraw, who is the Virginia State Champion in the Veterans of Foreign Wars Voice of Democracy contest. Speaking on the topic, “Why is the Veteran Important?”, he explained how Wounded Warriors had made a difference in his life and the life of others. He will now compete in the national contest. Go, John!

PRO LIFE WITNESS: Hats off to the students, teachers, and families who attended the March for Life last Friday. Our pro-life prayers, sacrifices, and actions are needed more than ever as the anti-life movement is passing or attempting to pass laws that go far beyond Roe v. Wade. Anti-lifers are also working to overturn pro-life laws that many states have enacted. I especially encourage your support of Mother of Mercy Free Clinic here in Manassas on the site of the former abortion clinic. The clinic, directed by Seton mom Alexandra Luevano, provides free medical care, including care for women in crisis pregnancies.



CONGRATULATIONS to all the winners in the high school science fair.

RECOMMENDED READING

- ✦ <https://catholicexchange.com/how-do-i-find-the-big-thing-gods-calling-me-to/>
The author of this blog is Stacey Jackson Sumereau, Seton alumna (2006)
- ✦ <https://www.dominicanajournal.org/all-time-belongs-to-him/>

MASSES AND

ROSARIES

Monday Mass

All Saints 8:30 AM

Rosary

Tues-Fri 8:00 AM

in the Chapel



PRAYER REQUESTS

Please pray for the repose of the soul of Bryan Sobak father of Seton alumni who died this past weekend



I have a question about...Who do I call?
Click [here](#).

Seton Spirit Wear . Click [HERE!](#)



John McGraw wins 1st Place in VFW Virginia Voice of Democracy Contest

John was sponsored by Post 7589

It is with great pride that I announce VOD contestant John McGraw, an eleventh grader from Seton School in Manassas, Virginia has won first place in the Department of Virginia's Voice of Democracy competition. His victory was celebrated this past Saturday at the Winter Council Banquet in Portsmouth, Virginia.

We will also honor him at the District Eight meeting on 4 February at Post 3103 in Fredericksburg. He is a credit to his family and his school and should be a tremendous source of pride and inspiration to all of us from District 8 whom he represents. It is my sincere hope that he also excels in the National Voice of Democracy competition.

I want to express my appreciation to all of you who supported John and our youth programs throughout the year, enabling our District's phenomenal success.

With best regards,

Lou Filippone
Youth Chair
Post 7589 & District 8



Seton Guidance Corner

November 29, 2022

A wealth of free information technology tools...
Seton's Agricultural Technology Program Open House...
Seton's Agricultural Technology Program Open House...
Seton's Agricultural Technology Program Open House...



All students are invited to the Medical Missionaries Dance

this Sat, Jan 28, from 7-9 in the Seton Gym. Come for a fun night of dancing, cookies and hot chocolate all while helping the [Maternity and Infant Care program](#) at the St. Joseph Clinic in Thomasique, Haiti. The cost for one ticket is \$10, and two more tickets cost \$5. All of the tickets will be entered in a raffle for Bluetooth earbuds. The dress code is Activities dress (no jeans or sweatpants). See you there!



Seton is offering the **Medusa Mythology Exam** this year. If you enjoy stories about the Greek myths, this is the test for you. You don't have to have Latin to participate. Please sign up with Mrs. Uebel either in person or by email by this Friday, Jan 27th

Class of 2023

DEAR SENIORS: HAVE YOU GOTTEN YOUR BABY PICTURES IN? PLEASE DON'T DELAY AND GET THEM TO

MRS. POGUE BY FEB 1ST! Email jillpogue@aol.com (jpg format ONLY). Here is a sneak peek at the first ones turned in. Guess WHO?



SETON SPIRITWEAR SALE!



10% off all orders! Get a free knapsack for orders over \$100! Click [here](#) for the order form and to see all the awesome things you can order.



MY FAIR LADY—SPRING MUSICAL

Play practice has begun. Please go to the [Seton Musical website](#) for the latest information.

We are now in the 3rd week of the Seton Spirit Ad Campaign!

Have you sold your Claimed Ads from last year?

If not, this is important, you have until this Monday, Jan. 30. After this date, ads sold last year will be made available to all Seton families. If you are currently working on selling your ads and are not sure if you will have contract forms and payments in by Jan. 30, please email adcampaign@setonschool.net and state which ads you are working on, and they will be held for you.

Do you know when all ads are due?

All ads are due by Monday, February 13 (This is important too! Due to publishing deadlines, we are unable to accept ads after Feb. 13; however, ad monies received after the deadline will be gratefully accepted as donations.)

Visit Seton's website at setonschool.net/support/ad-campaign/ for additional information on claimed ads, incentives, instructions, helpful tips, contract forms, and much more! Online ad contract form: tinyurl.com/Seton-Ad-Campaign Questions? Email adcampaign@setonschool.net. Thank you and God bless!

Congratulations to last week's Cash Grab students Catherine Griffin, Augustine Kohlhaas & Sofia Kohlhaas!



Seton High School Science Fair 1st Place Winners (missing: Monica Hartung)



KUDOS TO ALL WHO PARTICIPATED IN THE SETON SCHOOL HIGH SCHOOL SCIENCE FAIR! Our annual high school science fair was a big success thanks to Science Department Chairman Dr. Carpenter, Mrs. Salas, our Biology teacher, and all our volunteers that took time from their busy schedules to help judge, feed, and coordinate such a great event. And, of course, to all the students who put so much effort into their projects. Congratulations to Andrew Atkinson, our Grand Prize Winner!



Congratulations to all our students that made the 1st Honor Roll (average grade 93-100, no grade below 70, and no INCs) and 2nd Honor Roll (average grade 85-92, no grade below 70, and no INCs)! The list of names will be displayed on the bulletin boards outside of each office or contact the front office.

OPPORTUNITIES FOR THE SETON COMMUNITY

Don't forget to sign up to volunteer for the **Night to Shine 2023 on Friday, Feb 10, 2023** (time dependent on role) held at the PAC of All Saints Church! Click [here](#) for a link to the volunteer registration form. All volunteers must be 14 or older. ALL are welcome to come to cheer our guests on the red carpet. Come anytime from 5:45—7PM. Click [here](#) for a message from Tim Tebow and [here](#) to view a highlight video from 2020.

Babysitter Needed: Bethany Nagurny a former Seton student is looking for a babysitter Mondays 8:30-4:30 now through May to watch her two baby boys (ages 20 months and 7 months). We will pay a fair market rate. Please contact John Nagurny at 703-980-2138.

Are you interested in getting financial help to educate your children? Christine Accurso, a mother who led the effort that resulted in Arizona's "Empowerment Scholarship Account (ESA) Program will be speaking at St. John's Church, Front Royal, on Sunday, January 29th, at 3:00 PM. Click [here](#) for the flyer. The presentation will also be livestreamed on the St. John's Facebook page: [Facebook.com/sjtboutreach](https://www.facebook.com/sjtboutreach)