## **SETON SCHOOL**



# Sentinel



Volume 29, Issue 17 January 19, 2023

Bob Pennefather, Director Anne Carroll, Executive Director

A Weekly Newsletter for Seton Parents & Students

(703) 368-3220



### **UPCOMING EVENTS**

### Live Calendar



**Every Monday and Thursday** Papa Johns Pizza -\$1.50/slice

**Every Tuesday Morning** Colossal Donuts—\$1.50/donut

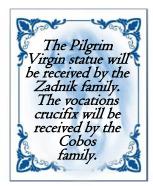


- Jan 20 March for Life—NO SCHOOL
- Jan 25 HS Science Fair
- Jan 26 1:20 Dismissal for Parent/ Teacher Conferences
- Jan 28 Medical Missionaries Dance sponsored by NHS 7-9PM Grades 7th-12th \$10 Admission
- Jan 30 Claimed Ads due
- Feb 1 JH Science Fair
- Feb 7 ASVAB 8:30-12 (11th graders)
- Feb 10 Night to Shine Volunteers sign up <u>HERE</u>
- Feb 12 3rd Quarter Interims
- Feb 13 All Ads are due
- Feb 13-17 Foreign Language Week
- Feb 20 Presidents Day—NO SCHOOL
- Feb 22 Ash Wednesday
- Feb 25 Lenten Mini-Retreat sponsored by PRO
- Feb 26 1st Sunday of Lent



I have a question about...Who do I call? Click <u>here</u>.

Seton Spirit Wear . Click HERE!



### FROM OUR EXECUTIVE DIRECTOR, Mrs. CARROLL

**PUBLICITY:** Last week's Arlington Catholic Herald carried an article on the 25th anniversary of the We Are Catholic petition, led by the Seton Class of 1997. Click here to read it. The article is a condensed version of the two-part article in the Seton Inquisitor, written by sophomore Emma Fox. I encourage you to read these articles if you have



not already done so. The article in the Herald had an error in the photo caption, identifying the two authors of the petition. Bill Powell is second from the left, and Jason Torres is center back directly in front of the Christ the King statue.

MORE PUBLICITY: In the next Herald, the issue for Catholic School



Week issue, expect to see an article on the Seton Swim Team's Cystic Fibrosis Swim-a-Thon. I encourage you to read this article but also to go to the swim team's website, setonswimming.org, and read Coach Jim Koehr's inspiring blog. Seton School has always set a standard of excellence in in every

aspect of the school's life, and the Swim Team is meeting that standard as the swimmers are challenged to do more than they think they can. I also recommend his Jan. 18 blog. Scroll down past the results to the heading "Kids Are Anti-Fragile" and read that section. Here is a quote from that section that explains the Swim Team's philosophy and Seton's as well. "Like steel hardened in the forge or clay hardened in the sun, some things get stronger with stress. That describes, as well as I have ever heard, how our kids get stronger too. When we as parents constantly shield our children from hardship or adversity or any sort of anxiety, we are actually denying them an opportunity to become stronger. Yes, it is hard to watch sometimes, but the stress caused by intentionally allowing your child to suffer makes us stronger parents as well."

TOGETHER WE MARCH FOR LIFE 2023: If you are unable to attend, please say extra prayers—Mass, Holy Hour, Rosary, Divine Mercy Chaplet, or another personal devotion—that the Culture of Life will triumph over the Culture of Death in our society.



**SPIRIT AD CAMPAIGN:** Are you selling ads? Are you getting donations? Are you helping keep your tuition low? Are you encouraging your children to show their support for their school by helping sell ads? All of the above? Thank you! Keep up the good work.

### READING/LISTENTING SUGGESTIONS:

- https://www.ncregister.com/news/march-for-life-and-more-nationwide-marches-and-other-pro-life-gatherings
- https://catholicvote.org/pro-life-podcasts-to-take-to-the-march-for-life/
- † https://www.respectlife.org/another-look-at-abortion

### Masses and

### **ROSARIES**

Monday Mass
All Saints 8:30 AM
Rosary
Tues-Fri 8:00 AM
in the Chapel



# PRAYER REQUESTS

Please pray for the repose of the souls of Mrs. Bridget Deery, Grandmother of Caitlin and Claire Williams and Mrs. Catherine Boyle, Grandmother of Sean ('20), Maggie, and Tadhg Gibbons



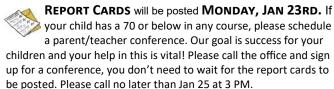
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### **IMPORTANT JANUARY INFORMATION**

2023/2024 RE-REGISTRATION On Jan 10, a \$150 re-

registration fee should have appeared on your FACTs account if your child is currently in grades 7-11. This fee is due by Feb 10, 2023. If your child will NOT be returning to Seton in the fall or if you have any questions, please contact Mrs. Debbie Cooper at 703-368-3220 or dcooper@setonschool.net.



PARENT/TEACHER CONFERENCES are on THURS, JAN 26TH. School will be dismissed at 1:20. Please call the Main Office to schedule an appointment no later than Jan 25 at 3 PM.

### **Class of 2023**

**ATTENTION SENIORS: MID-YEAR REPORTS** Many colleges require updated transcripts with 1st Semester grades. Please let Mrs McIntyre know (tmcintyre@setonschool.net) of any colleges that need your mid-year reports. Exception: Applications that were sent via Common Application will be done automatically. Your mid-year report will include a listing of the courses you are currently taking at Seton and their corresponding semester grade. If you are taking courses outside of Seton you will have to send those reports separately unless you have submitted an official copy of your current grade.

SENIORS BABY PICTURES PLEASE TURN IN TO MRS. POGUE BY FEB 1ST! Please send in your baby pictures to Mrs. Pogue. Email jillpogue@aol.com (jpg format ONLY ).



**SETON MUSICAL** Play practice has begun. Please go to the Seton Musical website for the latest information.

### **BIDDING IS NOW OPEN FOR PREMIUM**

### Ads - My Fair Lady Playbook!

Contact your advertisers and forward them the details to bid on the Playbook cover.

If you're interested in bidding, please submit your bid amount to adcampaign@setonschool.net no later than Sunday, Jan. 22nd. Minimum bid is \$500. Please pass on this information to any business you feel may be interested. Highest bid will be awarded the Back Cover. Second highest bid will be awarded the Inside Front Cover. Third highest bid will be awarded the Inside Back Cover. Bids are not binding until the bidder accepts the cover awarded for the price they bid. Contract form and payment for the ads must be received by Tues, Jan.

31. Notifications to the winners will go out Tues, Jan. 23.

We are in the 2nd week of the campaign! Please note the following important dates: Claimed Ads due by Monday, January 30 (All claimed ads not sold after this date will be made available to all Seton families.) Link to list of Claimed ads and what has been received: <a href="https://tinyurl.com/">https://tinyurl.com/</a> ClaimedAds Online contract form with credit card payment option available at https://tinyurl.com/Seton-Ad-Campaign

Questions? Email adcampaign@setonschool.net

**CALLING ALL ARTISTS!** The deadline for the 2023 Cover Art Contest for the My Fair Lady playbook has been extended until Thursday, Jan. 26. See Mrs. Tsukalas in the computer lab during both lunch periods for entry forms and instructions.



### Do you have any Teacups or Candles you would like to donate?

The Senior Class is collecting teacups (old or new) and candles for their prom.

Please see Cat Griffin or email catgriffin825@gmail.com. Thank you for considering!



#### SETON SPIRITWEAR SALE!

10% off all orders! Get a free knapsack for orders over \$100! Click here for the order form and on the images to see all the awesome things you can order.



### **OPPORTUNITIES FOR THE SETON COMMUNITY**

The Women's Apostolate to Youth invites you to a **Mother-Daughter retreat**, "On the Road to Joy- the True Meaning of Friendship" (for girls in grades 7-9) on February 4, 2023. Join us for this wonderful opportunity to forge a stronger bond with your daughter by sharing and deepening your devotion to the great Archangel St. Raphael--chosen by God to accompany young women on their journey through life and to bring them safely to their destination and to the companions God has prepared for them. The retreat includes talks, activities (fun!), as well as opportunities for confession, adoration, and Mass and begins at 8:30 am and concludes at 3:30 pm at St. Raymond of Penafort Church, 8750 Pohick Rd. Springfield. The \$60 fee includes materials, breakfast, and lunch for both mother and daughter and \$15 per additional daughter. For more information and to register by January 28, 2023 visit <u>www.WAYwomen.com/daystar</u>



We are excited to inform you that All Saints has been chosen as a host church for Night to Shine 2023 on Friday, Feb 10, 2023 (time dependent on role)! We are thrilled to be able to host this amazing event again, and have already begun planning. We have had so many Seton volunteers in the past and hope you will consider volunteering again this year. With Your help, we hope to make this an unforgettable night for the attendees and the volunteers! Click here for a link to the

volunteer registration form or scan the QR Code. All volunteers must be 14 or older. For all volunteers under 18, your parent must be the one to fill out the parent signature portion of the volunteer registration form. Our red carpet volunteers Please come to cheer our guests on the red carpet. Come anytime from 5:45—7PM. You don't have to come the whole time. Our guests love this part of the night and all are welcome to cheer them on! Click here for a message from Tim Tebow and here to view a highlight video from 2020.

Babysitter Needed: Bethany Nagurny a former Seton student is looking for a babysitter Mondays 8:30-4:30 now through May to watch her two baby boys (ages 20 months and 7 months). We will pay a fair market rate. Please contact John Nagurny at 703-980-2138.