

Prom Dress Guidelines

What to wear:

- A formal dress is required.
- Formal dresses can be with sleeves, capped sleeves or dresses with straps of at least two- inch thickness.
- The dress must cover half the sternum and cover up to the shoulder blades in the back
- A bolero jacket, sweater, or wrap can be worn to the dance, and if needed, during the dance, over ladies' dresses.

Length Considerations:

- Dresses must cover the knee or mid-calf or longer. (This includes "high-low" dresses or dresses with differing lengths – all fabric should cover the knee or to the mid-calf or longer.)
- Slits may not extend above the top of the kneecap and should not be in the front of the dress. Only a slit in the back or side is allowed.

Style Considerations

- Cut-outs and two-piece dresses, even if connected with sheer fabric, are unacceptable.
- Necklines, must leave no more than 4-5 inches bare chest between the collarbones at the sternum and the top of the dress; no cleavage may show.
- Careful attention must be paid to the fit of the dress. Part of the art of femininity is to wear complimentary clothing that isn't too tight or form-fitting.
- Backs of dresses should fall no lower than 4 to 6 inches from the nape of the neck.

Examples:

