



Sentinel



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Bob Pennefather, Director
Anne Carroll, Executive Director

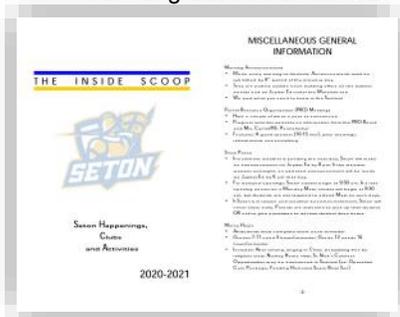
A Weekly Newsletter for Seton Parents & Students

(703) 368-3220

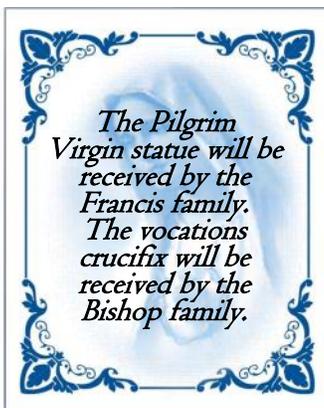
UPCOMING EVENTS

[Calendar of Events and Activities](#)

- Sept 16 ~~JHS Back to School Night 7PM~~
Switched to a Virtual Event
- Sept 19 Sons of the Most High
- Sept 21 ~~Virtual Event - HS Back to School Night 7PM~~
Switched to a Virtual Event
- Sept 26 Seton Admission Test
JH Scavenger Hunt CCC 4-6
Parent/Faculty Social 7-10
- Sept 30 Picture Day
- Oct 3 Back to School Social 6-8
(tentative)
- Oct 5 No School
- Oct 13 Col P Golf Tournament
- Oct 14 SAT Seniors Only
PSAT 9th-11th Grade
7th/8th grade NO SCHOOL



[SETON'S INSIDE SCOOP](#)



The Pilgrim Virgin statue will be received by the Francis family. The vocations crucifix will be received by the Bishop family.

FROM OUR EXECUTIVE DIRECTOR, MRS. CARROLL

MASS AT SETON: Last Friday's opening school Mass was a beautiful and grace-filled experience. Many thanks to all those who planned the logistics and set up the John Paul II Center. Special thanks to Gerry Dalrymple for masterminding the live stream. We are grateful to Father Roos for saying the Mass and leading the faculty in the Oath of Allegiance to the Magisterium. Thanks also to all of our families who joined us in prayer that day. I ask that you unite your prayers with ours again this week.



PRAYING FOR OUR NATION: A variety of prayer campaigns have begun or will soon begin to pray for our nation during this unprecedented time. Our main intention above all must be that God's will be done in the upcoming election and beyond.

Christendom College has launched a 90-Day Novena to Our Lady the Immaculate Conception from September 8 (Our Lady's birthday) until December 8 (the Solemnity of her Immaculate Conception). It's not too late to begin. Click [here](#) for the link to the prayer for those who would like to participate.

The month of September is dedicated to **OUR LADY OF SORROWS**. Here are some ways you can invoke Mary's intercession under this title:



The Seven Sorrows devotion involves praying seven Hail Marys a day, each one while meditating on one of Our Lady's seven sorrows, which are:

The prophecy of Simeon.

The flight into Egypt.

The loss of the Child Jesus in the temple.

The meeting of Jesus and Mary on the Way of the Cross.

The Crucifixion and Death of Jesus.

The taking down of the Body of Jesus from the Cross and preparation for burial.

The burial of Jesus.

And the Seven Sorrows Rosary involves dwelling upon each of the seven sorrows as you would one of the mysteries of the rosary, with seven Hail Marys instead of a decade. Begin each sorrow with an Our Father. [Here](#) are more details on the Seven Sorrows prayers, chaplet, (little Rosary) and novenas.

Extra sacrifices are also efficacious. I know some people who are fasting one day each week for our nation.

Among the prayer campaigns underway you can find one that appeals to you. Your family might want to devise its own special prayer campaign. Seton will be announcing its own initiatives soon, focused on the Eucharist and the Rosary.

MASSES AND ROSARIES

Rosary

Tues-Fri 8:00 AM
in the Chapel



PRAYER REQUESTS

Please continue to pray for our nation and for the health and safety of our school and the Seton community.

Thank You

Mrs. Mary Spicer Pearl for the delicious treats for our faculty and staff and Fr. Roos for saying our Opening Mass.



BACK TO SCHOOL NIGHTS

This has been switched to a Virtual Event. Teachers will be making a video, audio or handout detailing all the important information related to their class. These are to be posted or handed out by Friday September 18th. We encourage you to email or call teachers with any questions you might have.

BACK TO SCHOOL SOCIALS

JHS Coke, Candid's, & Candy!

Sept 26, 4-6 PM

HS Tailgate Party!

Sat, OCT 3RD from 6-8:45 p.m.
GRADES 9-12. The theme is tailgate, so make sure to wear a shirt or jersey to support your favorite team. There will be a corn hole tournament too. Grab a friend and sign up. The sign up is next to Mr. Vander Woude's office.

Parent & Faculty Social!

Sept 26, 7-10 PM at Seton PRO Board is sponsoring a social rescheduled from the spring. Catch up with friends and meet new Seton parents. The evening includes awesome food by **Pampas Fox** caterer, beer and wine, music, a few words of wisdom from Mrs. Carroll and a few alumni as well.



7TH GRADE CLASS REP ELECTIONS

will be held next week. If you are running for class rep, the paperwork(application form and paragraph) will be due Monday (9-14). The posters(2/candidate) will be due on Wednesday 9-16, and the election will be held in the Religion 7 class girls with Mrs. Ciskanik and WC 7 boys class with Mrs. Pogue on Sept.18. Turn all Paperwork in to the CC office.

September 19, 2020
12:30 - 8:00 pm

An Invitation to Young Men:

This year, we gather again as

SONS OF THE MOST HIGH

Koehr Manner, Warrenton, VA

- 11 am Mass at Holy Trinity
- 12:30 arrival time at Koehr Manor
- Seton-approved swimwear/shorts and shirts during the day
- Games/Competition
- Formal Banquet
- Swimming
- Woodland laser tag
- Rabbit Foot Races
- Greased Watermelon
- **Semi-formal attire required at dinner: You must have a coat, tie, and dress shirt. Don't get seated at the table with the goats.**

The question we ask ourselves time and again, "Who am I?" plagues us. While the noble pagans taught the importance of knowing ourselves, it is only through repentance and belief in the Gospel that we come to a full realization that we are, in the words of Psalm 82:6, Sons of the Most High



Join us for a sumptuous repast with groaning boards of comestibles.
Then, share the triumphs of the day as we
**Toast,
Boast,
and
Roast!**



\$30.00 per person
Dinner included

Sign up by Monday the 21st.
Check your JupiterEd for the link

Click [here](#) to sign up.



SETON IS PROUD TO ANNOUNCE ITS 2020 FALL PLAY - LIVE ON STAGE!

Part Kennedy Center and part The Muppet Show, "The Show Must Go On" is a full length interactive theatrical and comedic production featuring your favorite Seton performers. Live theatre, Improv, backstage hijinks and more combine to create a truly innovative, hilarious, one of a kind audience experience. Both in-studio and live streaming audiences will cheer as a madcap crew of zany characters labor to put on a series of short plays under very challenging circumstances - with outrageous results!

Mark your calendars for the night of November 15th!

AUDITIONS will be held the evening of September 24th at 6:00 PM. We need a LOT of people to pull off this production, all ages welcome. Dress ready to move and be prepared with a memorized comedy monologue one minute or less in length. Note that this production will be run under appropriate SCF Clean Set guidelines and will comply with the VDH guidelines for the performing arts. Questions? Contact the Director Matt Moore at m@ttmoore.com.

IMPROV will continue this year! Semper Ridiculum's 12th straight year of comedy and fun will begin as an integral part of The Show Must Go On. All improv performers or anyone looking to join the team should plan to attend auditions as well.

TECH folks are heavily needed. Please send Mr. Moore a note as soon as possible. In addition to the standard lights and sound we will need people assisting with our steaming team. This is a great way to learn some very valuable technical skills.



School Counselor SPOTLIGHT

CollegeBoard

SAT

**SAT AT SETON!
OCT 14**

We are planning to administer the SAT at Seton on Wednesday, October 14, through College Board's SAT School Day program. Information and registration materials are attached to this email. If you are interested in this opportunity, please note that the form and payment are due **by September 15th** to the Seton Front Office, so don't delay! Hard copies of the registration form are also available in Cenacle with Mrs. Guyant and Mrs. McIntyre. Please contact Mrs. Reyes (smreyes595@gmail.com, 703-331-3587) with any questions.

SENIOR MEETINGS are underway. All seniors will be meeting with our new Guidance Counselor, Mr. Pat Geary to discuss their after-Seton plans. You will be receiving a JE message with your date and time. This is your opportunity to ask all the questions you may have about college applications, gap year, trade school, transcripts, etc. Don't forget to have your [Senior Insights](#) and your [Parent Questionnaire](#) filled out and ready. If you haven't sent in your Senior Profile, this must be completed before you can meet with Mr. Geary. Email your profile to: seniorprofile@setonschool.net

PRO POINTS OPPORTUNITIES

THERE ARE A FEW OPEN PRO BOARD POSITIONS including the Ad Campaign Chair, Beautification, and Community Relations. Please contact Kimberly@Dalrymple5.com

FRIDAY MEALS & MONDAY STAFF CAFÉ Please consider signing up for this long standing tradition. Sign-Ups are at TakeThemAMEal.com. Please see the attached [flyer](#) for all the details.

EARN PRO-POINTS AS A PSAT PROCTOR

Volunteers are needed to help proctor the PSAT exam on Wed., October 14, from 8:00 a.m. until noon. If you DO NOT have a child in 9th, 10th or 11th grade who is taking the test, then you are eligible to proctor the exam. If you are interested or have questions, please contact Stephanie Reyes (smreyes595@gmail.com).

Thank you to all our awesome volunteers!

SETON TENNIS INTRAMURALS WHO WILL BE CHAMPION?



HELD ON SEPT 21 & OCT 19

The Seton Tennis Girls and Boys Teams will be hosting an intramural event for ALL tennis playing students and teachers at Seton! Please mark your calendars for Sept 21 and Oct 19 right after school and join in the fun. We will have mixed guys & girls doubles followed by select singles. Teachers welcome to play! Please click [here](#) for the flyer. RSVP to Coach Atkinson (e_m_atkinson@hotmail.com) by the Friday before each match so that coaches can plan for the matches.



**NOW MORE THAN EVER
SETON ATHLETES
NEED YOUR SUPPORT**

With the virus striking in March, Seton student-athletes were unable to participate in any organized Spring & Summer sports. Instead they have been unhealthily glued to their phones & PCs. Now over 6 months later these student-athletes desperately need to be active once again.

Thankfully, we expect Seton Athletic's to re-start soon! And we look forward to again enjoy a school full of students being active, happy, healthy, and wholesome by being involved in athletics. But in today's reality of virus concerns, the Athletic Program is now facing additional costs to address at a minimum screening & cleaning equipment.

So NOW more than ever we need your support to get our students active again while keeping them safe. We ask for your support of Seton Athletics' only fund-raiser.

Please donate, sponsor, or participate. Go to setongolf.com

It's our 20th Annual Colonel P. Memorial Golf Tournament!



Please see the [letter](#) from Mrs. Barbara Remington about the first VIRTUAL Soiree fundraiser for Tepeyac & Divine Mercy Care and all the ways you can help this wonderful witness to life.