



Sentinel



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May 21, 2020

Bob Pennefather, Director
Anne Carroll, Executive Director

A Weekly Newsletter for Seton Parents & Students

(703) 368-3220

UPCOMING EVENTS

Jan-June Live Calendar

- May 22 All Classwork Due
Sports Uniform Returns
and Team Pictures:
11 Soccer
11:30 Softball
12 Baseball
12:30 Tennis
1 Lacrosse
- June 1 Private Graduation
- June 15 Class of 2020 Graduation
- July 25 Round-Robin Sports Jam-
boree at Highland
(tentative)
- TBA 2020 Prom
- TBA 2020 Spring Musical

TENTATIVE SUMMER SCHOOL SCHEDULE



Please see our summer [post](#) for our summer schedule. It will be updated as more info is available.

2020/2021 SCHOOL YEAR

- Aug 26 First Day of School
- Dec 14 Religion Mid-Term
- Dec 21-Jan 3 Christmas Break
- Apr 1-Apr 11 Easter Break
- May 25 Last Day of Classes
- June 7 Graduation

FROM OUR EXECUTIVE DIRECTOR, MRS. CARROLL

LAST SENTINEL: This is the last Sentinel of the academic year. When the school year began, we could not have predicted how the school year would end. But thanks to heroic efforts by teachers, staff, parents and students, Seton has maintained its high standards and Catholic commitment in spite of coronavirus quarantines, computer breakdowns, technological illiteracy (speaking for myself here), and a whole host of other hurdles. May God bless all of you—teachers, staff, parents and students—for your resilience, your perseverance, your cheerfulness, and your commitment to making this a fulfilling and memorable year.



SONS OF THE MOST HIGH: Seton's popular bi-annual Sons of the Most High Event—a day of Faith, friendship, and fun—is in the planning stages. Please see the blurb in the Sentinel calling on junior and senior young men to join with Mr. Terreri in planning this event. Information on the event itself is available [here](#). Save the date!

ESSAY CONTEST WINNERS: Congratulations to the Seton winners in the Youth Apostles Pro-Life Essay Contest: First place, Lydia O'Keefe. Second place: Peter Reyes. Third place: Pamela Medina. Honorable Mention: Josh Atkinson, Eibhílin McCloskey, Catie Pacheco, and Vincent Verrocchio. Read Lydia' first place essay elsewhere in the Sentinel.



MICHAEL JOSEPH PENNEFATHER SCHOLARSHIP: Michael Joseph Pennefather, oldest child of Mr. P. and his wife Deirdre, was born with multiple handicaps and was not expected to live past birth. By God's grace he lived twelve years and was an example of strong Catholic faith and joy in suffering. Each year Seton offers a full tuition scholarship to a student—currently enrolled or coming in the fall—who exemplifies these virtues. To nominate a student for this scholarship, please send a letter to my email or by Jupiter giving examples of how your nominee is showing joy in carrying a cross and is living a life of Catholic virtue. The deadline for nominations is June 10.



WARREN H. CARROLL SCHOLARSHIP: Each year I offer a \$500 scholarship in Dr. Carroll's honor to a Seton School graduate who is currently enrolled at Christendom or will be enrolled in fall 2020. This year, in thanksgiving for many blessings received, I am offering two \$500 scholarships. The scholarship application is available [here](#).



PRAYER REQUESTS

*Please pray for
the Class of 2020
as they move on
to their next
chapter.*



*The faculty and
staff at Seton
wish all our
Seton families a
safe and relaxing
summer!*



END OF THE YEAR HOUSEKEEPING ITEMS

BOOK RETURN



All students are asked to return ALL of their books the week of May 25th-29th between 9am-Noon only. Students are asked to return their books to specific classrooms in which they took the class. We would like to ask families to please tell your child not to socialize once in the school. They are asked to return books and then to leave. We stress the importance of returning books to their correct buildings AND classrooms, during the above times so that we can check your name off the book return list. If we do not receive books this week, grades will not be able to be released. If you have any questions, you may email dcooper@setonschool.net. Thank you for your help in this matter.

Please consider bringing an item for expectant mothers who visit, *Mother of Mercy Free Clinic in Manassas*. There's a drop off box in the front office. Click [here](#) to see what is most needed.



DO YOU OWE MONEY TO SETON? With the abrupt ending to our school year, many items have been left hanging. A letter was sent out to all the families that still owe money (ad campaign/pro points/tuition/etc.). If you owe money, please send in what is due ASAP. Transcripts, report cards, etc. can NOT be mailed or distributed until Seton receives payment. Thank you for understanding. You may contact Debbie Cooper at dcooper@setonschool.net with any questions or concerns.

CONGRATULATIONS TO OUR STUDENTS! We will have a special Awards Newsletter to list all of the accomplishments and awards for our students for the 2019-2020 School year. We will also include all the students that made the Honor Roll for the school year. This will be sent out once the grades have been finalized and report cards have been printed. Look for it the week of June 8th. Awards and report cards will be printed and mailed the week of June 8th.

DO YOU NEED A LAUGH RIGHT NOW?

While we've been social distancing and zooming and home schooling, the Seton Improv Troupe Semper Ridiculum has been practicing and getting ready for an all new show plus a special social event.

By popular demand, Seton's greatest bunch of hilarious goofballs will put on a FREE show using an all new, exciting technical platform. No downloads, no advance training. Just a fun, free, interactive show for the first 100 attendees to register. The show will be 7:00 PM on Thursday, May 22. Beginning at 7:00 you can meet at virtual tables for a half-hour social period, followed by a LIVE streamed 45-minute show.

Send an email to m@ttmoore.com to register and we will send you the link to attend! We can't wait to see you then and get you laughing!



FROM THE GUIDANCE OFFICE

Free Virtual College Fair: Friday & Saturday, May 29 & 30

This event will feature over 200 colleges, sessions with NACAC and Common App, giveaways, and more. To register, visit <https://explore.cialfo.co/webinars>.

New Seton Policy for Students taking a Homeschool Course

Families that are considering a homeschool class for their children must complete the new Seton Home School Permission Form found [here](#). Once completed, please scan and email to cguyant@setonschool.net or mail to Seton School attention Guidance Department.

Notice Regarding Course Scheduling for 2020-21

With challenges that may occur with online learning and 4th quarter progress, parents and students are strongly encouraged to consider teacher recommendations regarding moving on to next level courses for next school year. If you have any questions or concerns about whether your child is ready and prepared for a next level class, please contact his/her teacher directly, or if you have additional questions, please email Mrs. Montavon at emontavon@setonschool.net.

Free Digital Faith-Based Summit for Parents on May 26-29

With the steady rise of mental health issues in the U.S., here is an opportunity to learn how to start conversations about anxiety, depression, suicide, and addiction from experts who can help. Click [here](#) to join.



ATTENTION SENIORS Please complete the questionnaire that was posted on your JE account so that we know your plans for next year. Mrs. McIntyre needs to know where to send your final transcripts. If you have not filled out where you will be going, please email her at tmcintyre@setonschool.net where you need your final transcripts sent. Don't forget to send your senior portraits to Mrs. Pogue!

Order your 2020-2021 YEARBOOKS

today! Josten's website (jostens.com) is open for placing yearbook orders. Yearbooks are \$53 (approximately with tax). Orders must be placed online. Go to jostens.com; type in Seton School Manassas; click on Yearbook 2020. Deadline to order is **June 30**



Would you like to serve Seton as a member of the Parent Resource Organization? The PRO Board is seeking:

Hospitality: a few key parent volunteers to help with the hospitality at Seton events for the 2020-21 school year. This help would include set up, serving, and cleanup of PRO events as your schedule allows. Please contact Kristin Forman if interested: formantutor@yahoo.com

Ad Campaign: someone to take over the Ad Campaign from Charlotte Guyant whose youngest son is graduating with the 2020 class. Please contact adcampaign@setonschool.net.

We have several other positions available. Please contact our PRO President Kimberly Dalrymple at kimberly@dalrymple5.com.

Thank you!



Save the date:
September 19, 2020

This year, again we gather again as

SONS OF THE MOST HIGH



Join the Leadership Team!

We need several Juniors and Seniors to be in the group planning and executing some details of the event. Your participation is important. We will have several meetings by Zoom video over the summer in preparation for the day.

If you would like to be on the Leadership Team, send a Jupiter message to Mr. Terrier



Toast, Boast, & Roast!



Congratulations to **Justin Orr** being recognized as a distinguished scholar for the CLT10!

Inspiring Articles and Educational Resources for our Seton Families

In a Catholic Herald article this week, Deacon Silva, director of the Office of Child Protection, refers parents to learn more about **protecting our families online** at www.smartsocial.com. If you go to this website, you can also register for this webinar at a time that works for you: PARENT WEBINAR Hidden Safety Features on Tik-Tok, Snapchat, Instagram, Fortnite, Youtube & Netflix

Saving the Sacred: Conserving the St. Francis Missal at the Walters Art Museum
Curious as to how a 12th-century manuscript is restored for an exhibition? The curator and conservator behind The St. Francis Missal walk you through each and every step. Click [here](#).

Mrs Hurst, mother of Seton alum Andrew Hurst, shares her **conversion story** in this local Catholic magazine. Please click [here](#) to read it. She hopes all will be encouraged by it and thanks all who were part of her conversion story!



Lydia O'Keefe, Seton School, Winner in the 26th Youth Apostles Prolife Essay Contest, "Have 20/20 Vision for Life."

I have astigmatism. I don't see my surroundings entirely right; things are just a little bit off. The condition is not serious, but because I know that my vision isn't perfect I can use glasses for important situations. I think that we, as a society, have something wrong with our vision and we don't even realize our blindness.

There is a clear problem with our sight if we can't see the fully-living, human person in the unborn child. Yet for the past 40 years the majority of our society has only seen a non-feeling potential for life. This is a strange view, especially during the later months of pregnancy, where there is almost no difference between the fetus and a born baby. Is the basic right to live a matter of breathing air?

Today where we have so much understanding of prenatal development, the belief that there is no life before birth is outdated. We know that conception creates a new being, not part of either mother or father. We know that immediately this creation begins developing independently. What starts as a single cell starts to form a brain, heart, and spinal cord within two weeks of conception. By eight weeks, the fetus is clearly recognizable as a human being even without any scientific assessment. Why is such a dependent, defenseless person destroyed? With all of today's technology and knowledge, we still cannot recognize humanity. Despite our nation's prosperity, high standard of living, and welfare programs, we insist that we could not care for any more children. We are truly blind, in mind and heart, if we can't see the life of the unborn, can't have pity on these unwanted of the world.

Fortunately for all, this attitude is changing. In a recent Gallup poll, almost 50% of the responders identified as pro-life, rather than pro-choice. That percentage is the highest it has been in a decade. Our laws are increasingly becoming more pro-life in many areas of the country, respecting human personhood in all stages and situations. This gives great hope to all who fight for the unborn. With growing momentum, our country is starting to see clearly. Through pro-life efforts, more are realizing the great injustice and cruelty of abortion.

As we continue with our efforts, we need to keep our goal firmly in sight: to end the blindness of our society so that human life will be seen for what it is again.

CLASSIFIED

Jimmy and Nate Remington looking for mowing and yard work jobs this summer. Please call 703.650.8820

Recent Seton grad, Meridyth Rosato '17 has helpful educational resources for Pre-K through Seniors in high school. The resources are designed to get kids excited about learning even in the summer, to help families make studying and homework quicker and easier, and to prepare for the SAT or ACT. The SAT/ACT prep includes a test grader who returns personalized feedback before you take your SAT/ACT. There are modules on life skills, financial literacy for kids from Dave Ramsey, and obtaining scholarships for college. There is even a Family Bible Learning Library for kids to understand the Bible at a young age. If you think this would be helpful for your family Meridyth can set up a 5 minute appointment with you to give you more information. You can reach Meridyth Rosato at mercyrurl606@gmail.com or 703-517-2347.

HELP WANTED FOR OUR SETON CHEM TEACHER!

Dr. Carpenter is in need of a family to assist her in getting her 2 children to school each morning and to take care of them when Seton has class but they do not. They attend Grace Children's Learning Center on Wellington Rd (about 7 minutes from Seton). If you are interested please contact her by phone at 703-690-1730 or by email at bcarpenter@setonschool.net.