SETON SCHOOL



Sentinel



Volume 26, Issue 26 March 12, 2020



Bob Pennefather, Director Anne Carroll, Executive Director

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A Weekly Newsletter for Seton Parents & Students

UPCOMING EVENTS

Jan-June Live Calendar

- Mar 13 Stations/Soup Supper End of the 3rd Qtr
- Mar 14 Talent Show 7:40
- Mar 16 Boys & Girls Retreat 8:15-3PM
- Mar 18 Art Field Trip
- Mar 19 St Josephs Feast Day
- Mar 24 School Dismissal 1:20
- Mar 26 Class t-Shirt Day (over uniform)
- Mar 28 Evening Social for Alumni, Parents & Seton Staff 7-11 at the Old Candy Factory
- Apr 5 Palm Sunday
- Apr 8 Spy Wednesday
- Apr 9-19 Easter Break
- Apr 17 Spring Musical 7PM
- Apr 18 Spring Musical 7PM
- Apr 19 Divine Mercy Sunday
 - Spring Musical 3PM
- Apr 20 First Day back from break
- Apr 22 NHS Inductions
- Apr 24 Spring Musical 7PM
- Apr 25 Spring Musical 7PM
- Apr 30 Class t-Shirt Day (over uniform)

2020/2021 SCHOOL YEAR

Aug 26 First Day of School



FROM OUR EXECUTIVE DIRECTOR, Mrs. CARROLL



STATIONS OF THE CROSS AND SOUP SUP-

PER: See you tomorrow evening at Stations of the Cross. P.S. We will have organ accompaniment for the Stabat Mater.

ANNUAL RETREATS. Please pray for the success of the retreats.

LENTEN FOOD FIGHT. Are your students bringing in their food items for House of Mercy? The last day to bring in food donations is March 17.

TALENT SHOW: Don't miss the Talent Show this Saturday evening. Many great talents will be showcased. And you will certainly want to see the teachers display their talent, or lack thereof.

AD CAMPAIGN: Have you met your family goal? The juniors and seniors are hoping to have the day off for Prom. But if the goal isn't met, that won't happen. If you don't want some unhappy daughters, please send in your donation for your family goal. All donations are tax-deductible. Many, many thanks to the families who have met and even exceeded their goal.

A GOOD HABIT TO FORM DURING LENT: GRATITUDE.

"Thank God ahead of time." Blessed Solanus Casey

GROWING IN THE SPIRITUAL LIFE: Five Loaves and Two Fish by Cardinal Francis Xavier Nguyen Van Thuan, Second Fish, "I Have Chosen Jesus"

This chapter is a list of 24 short meditations by Cardinal Thuan on the theme of the chapter. Thus it is not easily summarized. You can find the text on-line if you want to read more of this beautiful book. For your spiritual reading this week, here is a <u>link</u> to Pope Francis' Lenten message.

A Message from our Director, Mr. Bob Pennefater:

The safety and well-being of our Seton community is our highest priority and in light of the rapidly evolving situation with the COVID-19 virus we are planning for all possible scenarios. In case we need to postpone or cancel school for any length of time we need to know the availability of technology at your home. If you DO NOT have the capability to access the internet, use Jupiter Ed, have a computer that your Seton students can use while at home, please contact the front office. Please know that we want to ensure the health and safety of our community, but we also want to maintain a high standard of education. It is important for us to plan so we can continue instruction as best we can. Please be assured that we will be in frequent communication with you throughout this time and will keep you abreast of the latest developments as it pertains to Seton School. As in everything, we should turn to God in prayer and fasting, trusting in His hope and promise.

MASSES AND ROSARIES

Monday Mass
All Saints 8:30 AM
Rosary
Tues-Fri 8:00 AM
in the Chapel



PRAYER REQUESTS

Please pray for all those affected by the coronavirus and for the safety of the Seton community.

Thank You

Mrs. Knight for providing lunch for our priest on Friday and Fr. Bob Cilinski for saying Mass.



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SETON RETREATS 2020 ARE ON Monday, March 16, students report to school no later than 8:15. Dismissal is at 3PM. Bring your lunch. Activities dress code.

Students will be attending Mass and Holy Hour so they should dress nicely.
Clothing must meet all standards of modesty.

Confessions will be available.



Submissions for the Literary Arts Journal are open until April 1st. Submit artwork, prose, and poetry to setonlac@gmail.com.

Spring Musical Info: Click on <u>setonmusical.com</u> for the latest schedule and musical information.

Seton Spirit Ad Campaign Update:

Congratulations to the Top Three Selling Families for the Spirit Ad Campaign!

Carolla Family - \$2,141 H Family - \$1,025 Vestermark Family - \$962.50

Honorable Mention goes to:

Bauer Family - \$950 Kohlhaas Family - \$950 Geary Family - \$900 Pennefather Family (Dick and Deirdre) - \$850 Baldwin Family - \$781





Seton has paired up with House of Mercy, an organization that cares for the needy in Manassas, Va, for a fun and exciting food drive including all grade levels. Click here for additional de-

tails. Three teams will compete in a nontraditional food fight and the winner receives an assortment of prizes. The event starts today and will continue until March 17th. Thank you for your help and assistance!



COURSE SCHEDULING FOR 2020-2021

Mrs Montavon is currently meeting with the Rising Seniors that requested individual meetings. If you haven't been contacted yet, you will be receiving an email with your meeting date and time within the next week. **Course scheduling forms for the**

Rising Juniors are due tomorrow, March 13th. If you check the box to have an individual meeting with Mrs. Montavon, we will be scheduling those once she has completed meeting with the Rising Seniors.

The scheduling workshop for the **Rising Sophomores** will be held on March 13th and March 17th during English class. We will be going over and initially filling out the forms with the Rising Sophomores. Parents of Rising Sophomores should discuss the courses selected and recommendations presented. These forms will be due back on Friday, March 23rd.

Scheduling workshops for the **Rising Freshman** will be on Thurs, March 19 during Reading 8 class and the **Rising 8th graders** will be on Thurs, March 26 during Life Science.

IMPORTANT: Next to all elective courses, please make sure you select 1st, 2nd, 3rd, 4th, 5th, etc choices next to those elective classes. There will be conflicts and we need to know what you want in case that happens. If you have additional information that would be helpful in scheduling, such as plans to take a course over the summer, etc. please mark that in the appropriate subject area. To view the course scheduling form for 2020-2021, please click here.

THANK YOU!

On Thursday, March 5th, Seton Seniors attended the annual Senior Retreat which included speakers from the Associates of St. John Bosco (ASJB) and former students Hailey Cackett and Matt Fioramonti. The retreat was held at Holy Trinity in Gainesville. Thanks for all who donated their time (our chaperones and drivers!) to make this retreat possible. A special thank you to Mrs. Montavon and Mrs. Guyant for coordinating the event.





An Evening in Old Town

Parents, Alumni, Seton Teachers & Staff, Please join us for an evening social in Old Town Manassas at the Center for the Arts (The old Candy Factory) on **Sat-**

urday, March 28th, 7-11 pm. The evening includes catered appetizers, beer and wine. A short program will include a few words of wisdom from Mrs. Carroll, and a small panel of alumni reflecting on how a Seton education has impacted their lives. Seton student and alumni artwork will also be on display in the gallery. Tickets will be sold at the door, \$20 per person, \$10 for Seton staff/faculty. All parents, alumni, and friends of Seton School are welcome! Click here to RSVP.

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OPPORTUNITIES FOR THE SETON COMMUNITY

Are you aware of the **effects of technology and social media on your children and teens** today? Come hear an expert with 30+ years of medical experience discuss what she has seen and how to create positive solutions for your family. Date: **Saturday March 14 7pm** Where: St. Andrew Catholic Church Clifton Free event-----See the <u>flier</u>.

Does your marriage need a boost of laughter, joy, and closeness? There is a **Worldwide Marriage Encounter** weekend March 20-22nd. Please join us for a life-giving weekend to focus on you and your spouse. You can sign up at www.wwme.org. Local contacts are Ron and Pam Bishop, whom you can feel free to reach out to for more information: 571-344-1313 or 540-349-0451.

Saturday, **March 21**st is the annual All Saints 5K! This year a portion of **proceeds will go to the Gregory famil**y. To run, to sponsor, or to make a donation, please go the race website: <u>Click Here for All Saints 5K</u>

Women's Seminar: Decluttering versus Minimization. Tuesday, March 24, from 7:30 to 9 pm at St Andrew Church in Clifton. Seton parent, Cathy Carolla, has been decluttering/organizing for nearly 20 years and sees the great value in living a simpler life. Learn tips on how to de-stress, gain more space in your home, be more ordered, save money, help others by giving away things you do not need, and grow closer to Christ! Come hear Cathy speak to make the most of a meaningful Lenten season. The event is free, no registration required and door prizes will be given out too.

PLEASE NOTE THAT THIS EVENT HAS BEEN POSTPONED! We will post the date when we know of the rescheduled date. St. Ann Catholic Church Presents Grammy-nominated Songwriter, Speaker & Performer Sarah Hart, "Blessed are you: The Beatitude Walk" a 3 Day Lenten Mission. Arlington, VA – March 29, 30 & 31: St. Ann Catholic Church invites all who are interested to its Lenten Mission, Blessed are you (click here for the flyer).



Roses 8th Annual Yard Sale is on April 4th. Please join us for our 7th Annual Indoor Yard Sale, sponsored by the Knights of Columbus Squire Roses to benefit the Mother of Mercy Free Clinic and pro-life charities on Saturday, April 4th, from 7am-12 noon inside the Knights of Columbus Hall, 9290 Stonewall Rd, Manassas. Maternity, infant, child, teen, and adult clothing, shoes, baby equipment, furniture, toys, books, housewares, tools, and more will be priced to sell! We will gratefully accept donated items from all those who want to support the Mother of Mercy Free Clinic. Please contact Mary Lewandowski, res19qf7@verizon.net or at 703-335-7471 or Kelley Witter, kelleywitter@yahoo.com or at 703-257-5619 for more information. Any remaining merchandise will be donated to a charitable organization. Click here for the flyer.

The Walk for Life is back in 2020 and it's better than ever! Care Net PRCs has teamed up with Catholic Charities Pregnancy & Adoption Support as well as Divine Mercy Care to form a coalition of support and serve many vulnerable moms and families in our community. We can't wait to see you on **April 18, 2020**. Come join the fun! **We need you!** We have a big fundraising goal this year, and we need you. Register to lead a team or walk here. We are better together, and even better with you! Questions, contact Kerre@carenetprcs.org or call 703-330-4572.



Special Education Conference 2020: Supporting Inclusive and Evidence-Based High Leverage Practices for Students with Disabilities. Our 15th Annual Special Education Conference will be held on Saturday, April 18 from 8-1 at Hayfield Secondary School. Click here for more information and to register. This event is free.



One bedroom basement apartment for rent in a prime Signal Hill location, close to Seton and the VRE. Totally updated bath and kitchen. Nice size living room. Available starting June 1st. \$1100 rent includes all utilities, wifi, basic cable, access to pool, private parking and entrance. No pets, no smoking. Serious inquires only. Please email or message JMJAlsup@yahoo.com or 703-307-1311.