



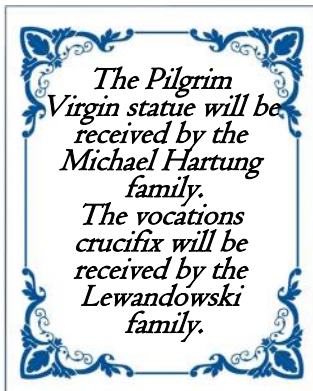
## UPCOMING EVENTS

### [Jan-June Live Calendar](#)

- Mar 7 Latin Intramural Certamen 2:30  
Regional Science Fair
- Mar 8 Daylight Savings
- Mar 9 Vocation Mass for 8th Graders
- Mar 13 Stations/Soup Supper  
End of the 3rd Qtr
- Mar 14 Talent Show 7:40
- Mar 16 Boys & Girls Retreat 8:15-3PM
- Mar 18 Art Field Trip
- Mar 22 4th Sunday of Lent
- Mar 24 School Dismissal 1:20
- Mar 28 Evening Social for Alumni, Parents & Seton Staff 7-11 at the *Old Candy Factory*
- Apr 1 National Spanish Exam
- Apr 5 Palm Sunday
- Apr 8 Spy Wednesday
- Apr 9-19 Easter Break
- Apr 17 Spring Musical 7PM
- Apr 18 Spring Musical 7PM
- Apr 19 Divine Mercy Sunday  
Spring Musical 3PM
- Apr 20 First Day back from break
- Apr 22 NHS Inductions
- Apr 24 Spring Musical 7PM
- Apr 25 Spring Musical 7PM

## 2020/2021 SCHOOL YEAR

Aug 26 First Day of School



## FROM OUR EXECUTIVE DIRECTOR, MRS. CARROLL



**STATIONS OF THE CROSS AND SOUP SUPPER:** On Friday, March 13, we will have our annual Stations of the Cross and soup supper. The Stations will be held in the Seton chapel, beginning at 6 pm.

The soup supper will follow, to be held in Faustina. Please bring bread, salad or fruit to share. If you can instead bring a crock pot of soup, please let me know. Paper products, drinks and more soup will be provided. We are asking everyone to bring a Lenten almsgiving donation for Haiti. The Stations and supper are a family event. Please come to receive Lenten graces for your family.

**ANNUAL RETREATS.** Please pray for the success of the retreats. If you start on Saturday (a first Saturday), you could finish a novena on Sunday, the day before the retreats.

**MONDAY MASS ATTENDANCE:** Parents, at this week's Monday Mass at All Saints, an inordinate number of students were late. A few had a legitimate reason—traffic back-ups on I-66 and Rt. 28. But many had reasons that were avoidable. Coming in late to Monday Mass shows disrespect to Our Lord and is a distraction to the other people attending Mass. If necessary to avoid being late for Mass, students should get up earlier on Monday morning. That way, they will have time to spare should something happen that they did not anticipate. Please encourage the students to take Mass seriously. They are going to be with Someone who loves them very much. They don't want to keep Him waiting.



**CONGRATULATIONS** to the varsity basketball teams. The boys made it to the first round of the State Tournament and the girls to the second round. And congratulations to the Seton Swim Team and the basketball teams for the inspiring awards ceremonies last Sunday. Check out Coach Koehr's speech on his blog on [setonswimming.org](http://setonswimming.org).



**TOTAL CONSECRATION TO JESUS THROUGH MARY:** Please pray for the students and staff who are preparing for the St. Louis de Montfort Total Consecration to Jesus through Mary. They will make their consecration on the Solemnity of the Annunciation, March 25.

**A GOOD HABIT TO FORM DURING LENT: GRATITUDE.** "The secret of happiness is to live moment by moment and to thank God for what He is sending us every day in His goodness." St. Gianna Beretta Molla

**GROWING IN THE SPIRITUAL LIFE:** *Five Loaves and Two Fish* by Cardinal Francis Xavier Nguyen Van Thuan, First Fish, "Immaculate Mary, My First Love."

Cardinal Thuan describes his deep love for the Blessed Mother, a love which his mother and grandmother instilled in him. Mary was there at all the key moments of his life. For example, he was arrested on a Marian feast and released on a Marian feast. He tells us to imitate Mary's example by making our own her three chief words. First, Ecce. "Behold the handmaid of the Lord." Second, Fiat, "Be it done unto me according to Thy word." Third, Magnificat, "My soul magnifies the Lord and my spirit rejoices in God, my Savior."

As Cardinal Thuan did, let us surrender every moment of our lives to God. Let us accept His will in all things. And whatever His will is for us, let us praise Him with all our hearts and souls. Mary is our mother. She will always take care of us.

## MASSES AND ROSARIES

### Monday Mass

All Saints 8:30 AM

Rosary

Tues-Fri 8:00 AM

in the Chapel



## PRAYER REQUESTS

Please pray for

our Seniors who are on retreat today

And

Shirley Warrick, mother of a Seton alum and former office administrator, surgery for cancer on March 10

## Thank You

Mrs. Knight for the delicious staff lunch on Monday and Mrs. Knight for providing dinner for Mrs Carroll and Mr. Westhoff and Fr. Mosimann for saying Mass.





**SETON RETREATS 2020 ARE ON Monday, March 16, 8:15 - 3 PM**

Both boys and girls retreats will be held on the same day. Students are to report to school no later than 8:15. Dismissal will be at 3:00 PM. Retreat master for the boys is Dominican priest Father John Soliterio and for the girls is Father Sean Koehr (Seton class of 2008).

**Bring your lunch.** Both retreats will take place on the Seton School campus. Students and Chaperones should bring lunch as there will be no off campus privileges.

**Activities dress code** is in effect. Students will be attending Mass and Holy Hour so they should dress nicely. Clothing must meet all standards of modesty. **Confessions** will be available.

**Help Needed:** We need 6-8 parent volunteers to help with chaperoning from 8-3. We also need help with lunch for our priests. Please click [here](#) if you can help out. Thank you!



**Spring Musical Info:** Costume helpers needed on Saturday. Come anytime from 9:30-1 to help make head scarves and prayer shawls. Click on [setonmusical.com](http://setonmusical.com) for the latest [schedule](#) and musical information.

**Seton Spirit Ad Campaign Update:** The winners are in!

**Congratulations to the Junior Class!** They had the highest class sales and will receive a dress down day in April.

**Congratulations to the 7th Graders!** They had the second highest sales and will receive an Ice Cream Social in May.

Families, be sure to send thank you notes to all the businesses, family members and friends who supported you in the Spirit Ad Campaign. Haven't turned in your family's contribution of \$375 yet? We are waiting on you to meet our \$72,000 school goal! Phone calls and emails will go out next week. Thank you for your cooperation!

SETON & HOUSE OF MERCY FOOD FIGHT:  
A STUDENT-POWERED FOOD & FUND DRIVE



Competition Time Line: March 6<sup>th</sup>-18<sup>th</sup>

Seton has paired up with House of Mercy, an organization that cares for the needy in Manassas, Va, for a fun and exciting food drive including all grade levels. Click [here](#) for additional details. Three teams will compete in a nontraditional food fight and the winner receives an assortment of prizes. The event starts today and will continue until March 17th. Thanks you for your help and assistance!

**AP PROGRAM NEWS**

Are you interested in earning PRO points as an AP exam proctor? If so, please contact Stephanie Reyes (smreyes595@gmail.com, 703-331-3587). AP exams are administered during the first two weeks of May.

Any high school student wanting to take an AP exam in May 2020 who did not already pay and register for the exam(s) may still place an order. Please contact Mrs. Reyes by Wednesday, March 11th for more information. (Late orders are possible but are subject to an additional \$40 fee.)



Click [here](#) for the Jan/Feb Inquisitor.



**COURSE SCHEDULING FOR 2020-2021** has begun!

All course scheduling forms for the Rising Seniors were due this past Monday. If you checked the box to have a meeting with Mrs. Montavon, you will be receiving an email with your meeting time and date early next week. The scheduling workshop for the Rising Juniors will be held on Monday, March 9th during English class. We will be going over and initially filling out the forms with the Rising Juniors. Parents of Rising Juniors should discuss the courses selected and recommendations presented. **Completed forms (including parent signature) for the Class of 2022 are due to the front office on Friday, March 13th.** IMPORTANT: Next to all elective courses, please make sure you select 1st, 2nd, 3rd, 4th, 5th, etc choices next to those elective classes. There will be conflicts and we need to know what you want in case that happens. If you have additional information that would be helpful in scheduling, such as plans to take a course over the summer, etc. please mark that in the appropriate subject area. Scheduling workshop for Rising Sophomores will be held on Friday, March 13th. To view the course scheduling form for 2020-2021, please click [here](#).



**An Evening in Old Town**

Parents, Alumni, Seton Teachers & Staff, Please join us for an evening social in Old Town Manassas at the Center for the Arts (The old Candy Factory) on **Saturday, March 28th, 7-11 pm.** The evening includes catered appetizers, beer and wine. A short program will include a few words of wisdom from Mrs. Carroll, and a small panel of alumni reflecting on how a Seton education has impacted their lives. Seton student and alumni artwork will also be on display in the gallery. Tickets will be sold at the door, \$20 per person, \$10 for Seton staff/faculty. All parents, alumni, and friends of Seton School are welcome! Click [here](#) to RSVP.



*"I am giving you three ways of exercising mercy toward your neighbor the first by deed, the second by word, the third by prayer. In these three degrees is contained the fullness of mercy, and it is an unquestionable proof of love for Me. By this means a soul glorifies and pays reverence to My mercy."*



(Diary of St. Maria Faustina, 742).



**Senior Retreat, March 5 -**  
Please keep the seniors in your prayers as they prepare for life after Seton.

## OPPORTUNITIES FOR THE SETON COMMUNITY

**GIRLS RETREAT Sunday, March 8th** - Seton High School Building: Seton students, supported by Regnum Christi Consecrated Women and Missionaries will host a mini-retreat for girls entitled "Saints and Countries: An International Adventure" on Sunday, March 8th 1:00-4:00PM. There will be a track for girls in grades 5th-7th grade and a separate track for girls in 2nd-4th grades. Older Seton girls will assist with the retreat. \$10/girl or \$20/family. To register to attend, please contact Mrs. Erin Atkinson: e\_m\_atkinson@hotmail.com, 703-753-8537.

**Human Trafficking Forum and Van Tour Forum** Learn about the impact of trauma on the brain and body, the victim recovery process and survivor restoration methods. You will learn a survivor's perspective on the road to recovery and healing and how you can get involved in the local human trafficking fight. You will have the opportunity to hear about the outreach NOVA-HTI is doing. After the forum, you may go with one of our board of directors, Chelsey Trevino, on a van tour of the City of Manassas to see where potential sex-trafficking is happening. Registration is required to guarantee your seat. Click [here](#). If seats are available the day of the event, seats will be filled on a first come first serve basis. **Saturday, March 7** at Greenwich Presbyterian Church, 15400 Greenwich Church Way in Nokesville; Forum: 9:00 AM - 11:30 AM. includes complimentary Continental Breakfast; Manassas Van Tour: 11:45 AM - 1:45 PM.

**"Understanding ADHD"** Lecture Series: Language, Routines, Rewards, and Consequences to Support Your Child with ADHD at Home. **Tuesday, March 10, 7-8:30 PM.** Flint Hill School, 3320 Jermantown Road in Oakton. This is a free event. Click [here](#) for more info and to register.

Are you aware of the **effects of technology and social media on your children and teens** today? Come hear an expert with 30+ years of medical experience discuss what she has seen and how to create positive solutions for your family. Date: **Saturday March 14 7pm** Where: St. Andrew Catholic Church Clifton Free event----See the [flier](#).

Does your marriage need a boost of laughter, joy, and closeness? There is a **Worldwide Marriage Encounter** weekend March 20-22nd. Please join us for a life-giving weekend to focus on you and your spouse. You can sign up at [www.wwme.org](http://www.wwme.org). Local contacts are Ron and Pam Bishop, whom you can feel free to reach out to for more information: 571-344-1313 or 540-349-0451.

**Saturday, March 21<sup>st</sup>** is the annual All Saints 5K! This year a portion of **proceeds will go to the Gregory family**. To run, to sponsor, or to make a donation, please go the race website: [Click Here for All Saints 5K](#)

**St. Ann Catholic Church Presents Grammy-nominated Songwriter, Speaker & Performer Sarah Hart, "Blessed are you: The Beatitude Walk" a 3 Day Lenten Mission.** Arlington, VA – **March 29, 30 & 31:** St. Ann Catholic Church invites all who are interested to its Lenten Mission, Blessed are you (click [here](#) for the flyer):

✦ **Evening 1 March 29 4pm – 5:30pm** – Parish concert with Sarah Hart and St. Ann's own Parish music groups. A Sarah Hart concert offers an energetic, insightful, welcoming experience that is intergenerational and inclusive. She weaves stories throughout her concert as she shares her love for the Lord and songwriting through the depth of her songs.

✦ **Evening 2 March 30 7pm – 8:30pm** – The music continues as Sarah Hart offers a deep look into the meaning of Jesus' "Sermon On The Mount" and his gift to us of the Beatitudes. Follow the beatitudes through specific examples in the stories and teachings of Jesus.

✦ **Evening 3 March 31 7pm – 8pm** – The final evening of the 3 Day Mission wraps up the series with music to carry you through the remainder of your Lenten journey. Included in Sara Hart's final evening is time spent with Eucharistic Adoration.



**The Walk for Life** is back in 2020 and it's better than ever! Care Net PRCs has teamed up with Catholic Charities Pregnancy & Adoption Support as well as Divine Mercy Care to form a coalition of support and serve many vulnerable moms and families in our community. We can't wait to see you on **April 18, 2020**. Come join the fun! **We need you!** We have a big fundraising goal this year, and we need you. Register to lead a team or walk [here](#). We are better together, and **even better with you!** Questions, contact Kerre@carenetprcs.org or call 703-330-4572.

Smith mountain lake condo for rent ! 3 bedroom 2 bath on the water . I will give special deal to Seton families or friends ! Go to [VRBO.com](http://VRBO.com) and type in 1293926 into the property ID space to see pics . I rent one week at a time during the summer but folks could always split a week. Call me for more details . 540-905-5647