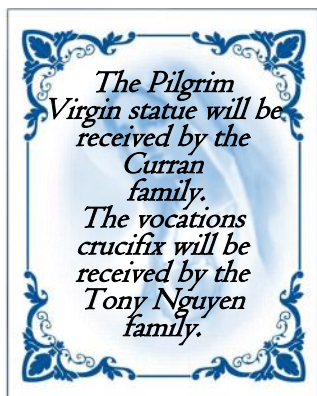




## UPCOMING EVENTS

### Seton Live Calendar

- Nov 10 Sports Awards Banquet 5-7PM
- Nov 11 Veterans Day - NO SCHOOL  
Faculty Day of Recollection
- Nov 12 Picture Retake 5th/6th  
Men's Evening of Recollection  
7:30 at Seton Chapel
- Nov 16 Admissions Testing 10AM  
DC Mission Trip 3-9PM
- Nov 17-23 Spirit Week
- Nov 22 Mass for Christ the King 1:15PM
- Nov 23 Enthronement Dance 7-10:30PM
- Nov 25 Military Day 5th/6th Period
- Nov 27 1:20 Dismissal
- Nov 28-29 Thanksgiving Break
- Dec 4 Hamlet
- Dec 7 Senior Play
- Dec 8 Immaculate Conception Feast  
St Nicks Carnival 2-4  
Senior Play
- Dec 9 NO SCHOOL  
Musical Auditions 3-6
- Dec 10 Musical Auditions 3-6
- Dec 11 Christmas Concert
- Dec 16 Religion Mid-Term 9:30-11:30
- Dec 20 Last Full Day of School before  
Christmas Vacation
- Dec 25 Christmas
- Jan 1 Solemnity of Mary, Mother of God
- Jan 6 Classes Resume



## FROM OUR EXECUTIVE DIRECTOR, MRS. CARROLL

**STATE SOCCER TOURNAMENT:** Tonight the Seton varsity boys soccer team plays in the state tournament semi-final game. If they win, they will play for the championship on Friday night at 5:30 PM in Richmond. Go Conquistadors!

**FACULTY PROFESSIONAL DEVELOPMENT DAY:** On Monday, please pray for the faculty that they will have a valuable and grace-filled professional-spiritual development day with Sister Elizabeth Ann of the Nashville Dominicans. Enjoy the Veterans' Day holiday with your family.

**GROWING IN THE SPIRITUAL LIFE: This week's topic: The Holy Eucharist**



The Second Vatican Council refers to the Holy Eucharist as the Source and Summit of the Christian Life. St. Thomas Aquinas once wrote that Jesus Christ, possessing all things, could have given us anything. He chose to give us Himself. The Holy Eucharist is a magnificent expression of God's love for us. The more depth we have in understanding this great mystery, the greater will be our appreciation, our love, and our desire to receive our Lord in the Blessed Sacrament.

The Holy Eucharist is the greatest of sacraments. Though the other sacraments give us grace, the Eucharist gives us the Author of grace Himself, Jesus Christ Our Lord. St. Thomas Aquinas referred to the Eucharist as Panis Angelicus, Bread of Angels. Since angels do not have bodies, they cannot receive the Eucharist. But if it were possible for them to envy, they would envy us the great privilege of the Eucharist.

The Eucharist was foreshadowed in the Old Testament. The manna that the Jews ate in the desert was bread from heaven, nourishment for a people being led to new life. The Passover Lamb was both sacrifice and food, just as is Jesus Christ in the Eucharist. The unleavened bread of Passover, the show bread in the Temple, the grain fields in the Book of Ruth, the bread multiplied by Elisha, the offering of Melchizedek—all these foreshadowed the Bread of Life. Even the name of King David's home town, Bethlehem, meant House of Bread.

Jesus, in chapter 6 of John's Gospel, clearly speaks about the necessity of eating His flesh and drinking His blood. We know that He meant to be taken literally because He repeated Himself six times and did not call back the disciples who left Him because of the difficulty of this doctrine. The accounts of the Last Supper in the gospels of Matthew, Mark, and Luke, as well as St. Paul's First Letter to the Corinthians, emphasize that Jesus changed bread and wine into His body and blood. In his first letter to the



Corinthians, St. Paul goes on to stress that those who eat and drink without recognizing the body eat and drink to their own condemnation.

## MASSES AND

### ROSARIES

- Monday Mass*
- All Saints 8:30 AM
- Rosary*
- Tues-Fri 8:00 AM
- in the Chapel



*Thank You*

Mrs. Lynn O'Neill for the delicious Faculty/Staff lunch on Monday.

