

Dear friends and family of the Seton community,

My name is Jodi Vallimont, a class of 2017 Seton graduate. My sister Morgan (class of 2015) and I are organizing our 2nd annual Team Hope 5k Walk/Run. This event will be held at the Harris Pavilion in Old Town Manassas on June 8th. We are hosting this in conjunction with the Huntington's Disease Society of America. HDSA is a nonprofit organization whose sole goal is to find a cure for Huntington's Disease, as well as support those who suffer from Huntington's, and raise awareness for it.

Huntington's is a rare, incurable genetic disease which slowly breaks down nerve cells in the brain. It deteriorates a person's physical and mental abilities, usually during their prime working years, and currently has no cure. Every child of a parent with Huntington's Disease has a 50/50 chance of inheriting the faulty gene that causes the disease. Its symptoms are described as having ALS, Alzheimers and Parkinson's simultaneously. (If you are interested in learning more about Huntington's, here's a link to HDSA's website <http://hdsa.org/what-is-hd/>)

So, WHY are we so passionate about supporting HDSA and their mission? About six years ago our grandma Joyce was diagnosed with this disease. Her continued positivity and fighting spirit has been an inspiration to our whole family, and last year Morgan and I decided to organize the Team Hope Walk in her honor.

Now this is where you come in to play! I am reaching out to you to ask for your support. Grab your teammates, your friends, your family or all of the above and create a team to run or walk together on June 8th. A prize will be given to the team and individual who raises the most money, so ask you own family and friends for their help as well! Please consider walking or running at this event to support everyone affected by this disease. All of the money raised goes towards advocacy, education, and research. Help improve the lives of those living with Huntington's disease and continue the search for a cure!

Sign up to register or donate at <http://hdsa.org/thwmanassas>

Please feel free to reach out with any questions you may have.

Thanks and God bless!

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