



UPCOMING EVENTS

[Seton Live Calendar](#)

- Feb 23 Improv Show 7PM
- Mar 2 Latin Certamen
- Mar 3 Swim Banquet 1:30
Winter Sports Banquet 5:30
- Mar 5 Senior Retreat at GMU CCM
- Mar 6 Ash Wednesday
- Mar 8 Stations/Soup Supper 6 PM
- Mar 10 Clocks Spring Ahead
- Mar 15 End of the 3rd Quarter
- Mar 21 Boys Retreat
- Mar 22 Girls Retreat
- Mar 23 Regional Science Fair
- Mar 25 PRO Mtg 7:00



Drivers Ed Registration Forms are available at the front office or click [here](#). **Session I**—June 10-20; **Session II**—July 8-18.



2019/20 Course Scheduling will begin with the Rising Senior Class of 2020 at the end of Feb/early March. More information will be coming soon. Please click [here](#) to see all the new courses we will be offering.



FROM THE DIRECTOR

CONGRATULATIONS to the sophomores who organized the Valentine's Day dance for Haiti. They raised \$750 for our twin school! Thank you for your concern for our brothers and sisters in need. We encourage other students to organize fundraisers for this purpose.

SNOW DAY MAKE UP: Because of the snow day on Wednesday, we need to make up a day. Current plans are to go to school on the day of the opening of the musical. We plan to be in school from 9:30-2:39 on April 5, following a Monday class schedule. Mass that week will be on April 4, the third anniversary of the dedication of the chapel.

HOLY HOUR FOR THE POOR SOULS: Please join Mrs. Perez in the Seton chapel on Fridays from 4:00 to 5:00 PM to pray for the Poor Souls in Purgatory.

SAVE THE DATE: Friday, March 8, Stations of the Cross in the Seton chapel at 6:00 PM followed by a Lenten soup supper in Faustina.

ASH WEDNESDAY MASS: Mass at Seton on Ash Wednesday will be at 2PM. Because of time considerations (long lines for ashes and Holy Communion) this Mass is for students and staff only.



Seton Swimmers Rain Personal Records at VISAA States . Read all about it [here](#).

"One thing that we learn about happiness as we get older is that the things that bring us the greatest joy are the things for which we have worked the hardest...When our alarms were going off all season in the dark and cold of early winter mornings, it was hard for us to imagine that any joy was possible from swimming at Seton at all. I'll admit to occasionally feeling that myself, but as I've learned in my life so many times, subjecting yourself to suffering, in this case the suffering of early mornings and hard workouts, can lead to great joy. It continues to amaze me that I continue to be amazed by that, but in my weakness, I'm once again reminded that it is Truth: the entire basis of our faith is that suffering can lead to eternal joy."

Seton Swim Coach, Jim Koehr, who has been the team coach for 18 yrs

MASSES AND ROSARIES

Monday Mass

All Saints 8:30 AM

Rosary

Tues-Fri 8:00 AM

in the Chapel



Thank You

Mrs. Rohlena for providing the priests lunch and dinner for Mrs Carroll and Mr. Westhoff, and Fr. Noah for saying Mass on Friday.



THIS SAT AT 7PM! Tired of winter? You need a laugh! Come see **Seton's Improv Troupe "Semper Ridiculum"** perform their 31st show this Saturday night at 7:00 PM in Faustina! This hilarious group of misfits has been performing its signature blend of imaginative and uproarious entertainment for nine years, and each show gets better and better. All seats are only \$5. Come see the funniest event of the Seton year... featuring Diocesan Theatre Competition best supporting actor, best small actor and best dramatic actor! See you then!



Seton Students cheering our basketball teams at Senior night.



THE WIZARD OF OZ SPRING MUSICAL

Please make sure you are going to setonmusical.com for the latest [schedule](#). **CHAPERONES** the sign-up is now available. Please click [here](#) to volunteer. **COSTUMES** Please click [here](#) to see what costumes you need. First costume check will be on Sat, Feb 23. **BIOS** All cast, crew, and production staff need to submit a bio. Please click [here](#) to submit your bio. **STAGE CREW** Students interested, pick up a form at the front office.

2019 SETON SPIRIT AD CAMPAIGN UPDATE Thank you to everyone who sold ads, solicited donations and turned in their Required Family Contribution (RFC)! We are still short of meeting our \$70,000 school goal. In order to meet this goal, we need all our families to submit their RFC of \$350. We have over 40 families that still need to do so. If this is you, please turn in your RFC today!

OPPORTUNITIES FOR THE SETON COMMUNITY

Have dinner as a family and hear exceptional music on **February 24, Sunday, 7-9pm**. "[La Trattoria](#)" Italian Restaurant, 305 S Washington St in Alexandria. Hear Seton Graduate, **Carlos Ibay**, play piano and sing for your enjoyment. Call [703.548.9338](tel:703.548.9338) for reservations and specify that you want to hear Chuckie. Let's give our children something more stimulating for their brain than Instagram and Snapchat; excellent food, engaging conversation and beautiful music.

There will be a retreat for girls on **Saturdays, February 23 and March 16 at Seton School**. The theme of the retreat is "**Real Love**". The retreats will be held from 1:00PM to 5:00PM and will be run by Regnum Christi Consecrated women and missionaries. There will be a track for high school girls, separate track for middle school girls (7th-8th), and separate track for junior girls (3rd-6th). Please join us! The retreat cost is \$10/girl or \$20/family. For more information or to RSVP for these great retreat opportunities contact Mrs. Erin Atkinson (703-753-8537). Click [here](#) for the flyer.

The Dark Side of Cyberspace: The Internet, Smart Phones, Gaming, and Social Media. Come hear Eric Szatkowski speak about the danger of social media, apps, etc. on **Feb 28th at 7PM** at Holy Trinity Catholic Church in Gainesville. This speaker follows the lines of Dr. Camarca's talk last week. The speaker is a devout Catholic; he will have the perspective of a criminal investigator and more technical advice for parents. Click [here](#) for the flyer.

Building Stronger Marriages and Relationships led by Greg and Julie Alexander on **Sat, March 9 from 9-5** at Holy Cross Academy in Frederickburg. Discover God's plan for marriage and gain practical tools to build a stronger and more joy-filled marriage. See the [flyer](#) for more information.

Afternoon Tea and Fashion Show on **Sunday, March 31 at 2 PM** to benefit the House of Mercy. \$35/person, seating is limited. Click [here](#) to purchase tickets and for more information.

2nd Annual **Life Walk Event** will be held on **April 13th**. This is a PRO-LIFE event that benefits Mary's Shelter, Bethany Christian Services, and Choices Pregnancy Center. For more information about each ministry, or to find out more about the event, please visit the website. <https://www.lifewalkfxbg.com/> Click [here](#) for the flyer.

CLASSIFIED

Dave Kammerdeiner, Seton dad, has availability in his **freelance graphic design business** to take on additional clients. Corporate branding and marketing communications are his specialties and clients include AOL, National Geographic, Polycom, Time-Life, CES, Dogfish Head, Verisign and NASDAQ. Email Dave at kammerdesign@gmail.com for info and samples.

Render Unto Caesar tax service. Owned by Seton parent Jim Griffin, we are offering special rates on tax preparation to all Seton families. Email us at Jim@CaesarTax.com, call us at 703-371-5110, or visit our website at <http://www.caesartax.com/>.

Need senior pictures taken? Contact alumna, Bernadette Rohan at rohancollective@gmail.com to schedule your photoshoot! \$75 for the whole package.