



2018 SETON SCHOOL FALL SPORTS

TRYOUT/PRACTICE SCHEDULE UPDATED (in bold)



TENNIS Head Coach: Laura Heim, Assist. Coach: Erin Atkinson; Practices run Aug. 20-21 at Osbourn H.S from 8:30-10:30. Once school begins on Wednesday, August 22 , practices will be after school from 3:00-4:30 at Osbourn.



VOLLEYBALL Varsity Head Coach: Betsy Mooney; Tryouts will be held M-F, **Aug. 13-17, 5:30-7:30 PM**; JV Head Coach: Kathy Vestermark, JV Assist. Coach: Teresa DeWolf; Tryouts will be held M-W, **Aug. 13-15, 3:30-5:30 PM** with first practice on Aug 16. Tryouts are mandatory. JH Coach: Jill VanderWoude, Assistant: Lynn Heller; Tryouts will be held Wed, Aug 22, 3:30-5:00. & Wed, Aug 29, 3 :30-5:00.



LADIES/MEN CROSS COUNTRY Head Coach: Mrs. Ann Da Ra; **Tryouts will be held Aug. 13, 14, 16; 5:00-6:30 pm at Signal Hill Park.** Coach Da Ra can be contacted at anndare1998@gmail.com.



VARSIY BOYS SOCCER Head Coach: Bob Fioramonti. Practices begin Aug. 2 from 4:30-6:30 M-F at Signal Hill Park. JV players are welcome to attend varsity practices until official JV practices start later in August (TBA). JV Head Coach: TBD. JH Head Coach: TBA. JH practice starts the week of Aug 27. **We are in need of JV and JH coaches**, if you are interested or know someone who is, please call Athletics Director, Dan Vander Woude: 703-282-4037.