SETON SCHOOL



Sentinel



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Anne Carroll, Director

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A Weekly Newsletter for Seton Parents & Students

UPCOMING EVENTS

Seton Live Calendar

- Oct 9 Columbus Day-School In Session Guest Speaker for Faculty 3PM
- Oct 11 PSAT 9, 10, 11th Graders
 7th Grade Field Trip
 8th Grade Field Trip
- Oct 13 Our Lady of Fatima Procession
- Oct 14 Haiti Game Day Fundraiser
- Oct 17 Swim Team NEW Parent Orientation Meeting 7PM in Aquinas
- Oct 20 End of 1st Quarter
- Oct 20, 21, & 22 Fall Play
- Oct 24 ASVAB Interpretation at 11:30
- Oct 25 Oktoberfest
- Oct 28 Admissions Testing 8:30AM Halloween Dance
- Oct 29 Festival TBD
- Oct 31 7th/8th Grade All Hallows Eve
- Nov 1 All Saints Day—No School
- Nov 2 Parent/Teacher Conferences
- Nov 5 Seton Open House 2-4
- Nov 6 PRO Meeting 7:30
- Nov 7 Picture Re-Take 5th/6th Periods
- Nov 13-17 Spirit Week
- Nov 17 Feast of Christ the King Procession Mass at 1:15; School Dismisses at 3:30
- Nov 18 Enthronement Dance
- Nov 20 Military Day 5th/6th Periods
- Nov 22 1:20 Dismissal—Haiti 3 on 3 BB
- Nov 23-24 Thanksgiving Break
- Nov 29 Hamlet 3-9 PM



FROM THE DIRECTOR



SCREEN SCHOOLED is an important new book on the effects of technology on our children. The authors are two veteran teachers, Matt Miles and Joe Clement (who is also Mrs. McCaa's son-in-law). The book is thoroughly researched and also based on first-hand knowledge from the authors' years of teaching experience. The book's subtitle is "Two Veteran Teachers Expose How Technology Overuse Is Making Our Kids Dumber." SCREEN

SCHOOLED is available through the authors' website (screenschooled.com), through Amazon, and through Barnes and Noble. Look for newspaper articles currently in *Fairfax Connection* newspaper and soon to be published in the Washington *Post*. The authors will also be interviewed on NPR and Good Morning America. I highly recommend this book.

CONSECRATION TO THE SACRED

HEART: On Friday, August 6, we will follow our tradition of renewing Seton's consecration to the Sacred Heart after Mass. You are welcome to join us.



CENTENARY OF THE MIRACLE OF THE SUN: On Fri-



day, October 13, our celebration of this anniversary will begin with Mass at the usual time, followed by a procession with the Blessed Sacrament and the Fatima statue around the block. After the procession, there will be prayers and a balloon Rosary in the grassy area behind the chapel. Students will be treated to free pizza

for lunch. In the evening, instead of a Holy Hour in our chapel, we encourage everyone to attend devotions in their own parish, to complete the commemoration. All Saints will have a Holy Hour with Rosary 7:30-8:30 PM. Please plan to join us for as much of the celebration as you can.

HAITI RUN AND FUN DAY to raise funds for our sister school in Thomassique, Haiti. We will be asking each student to raise \$10 to help these children in the poorest country in the Western Hemisphere. The event will be on **Sat-**

urday, October 14, on the grounds of the Manassas Museum. It will include games as well as the usual chance to run (or walk!) around a course. Money raised by Seton has been used to provide meals for the children in the school. For many of them that is the only meal they have each day.



Please make a small sacrifice to make a big difference.

MASSES AND ROSARIES

Monday Mass
All Saints 8:30 AM
Rosary
Tues-Fri 8:00 AM



PRAYER REQUESTS

Please pray for Jeanne Heppner, mother of two Seton alumni.



Thank

You

Mrs. LaVigne for providing the priests lunch and dinner for Mrs Carroll and Fr. Davis for saying Mass.

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THE POWER OF SILENCE: Here is the fifth installment from Father Morey's faculty retreat:

At the same time, silence can't be reduced to the sense of hearing. There's the silence of the eyes, the silence of the heart. Today, we're constantly bombarded with images. Cardinal Sarah wrote, "The faculty of sight, which ought to see and contemplate the essential things, is turned aside to what is artificial. Our eyes confuse day and night because our whole lives are immersed in permanent light". "The silence of the eyes consists of being able to close one's eyes in order to contemplate God who is in us, in the interior depths of our personal abyss".

We know silence is important and necessary. But how do we live it each day? Here I will offer some theological and practical suggestions. And I will form the rest of my reflections today from one very powerful quote from the book: "If we want to grow and to be filled with the love of God, it is necessary to plant our life firmly on three great realities: the Cross, the Host, and the Virgin. These are three mysteries that God gave to the world in order to structure, fructify, and sanctify our interior life and to lead us to Jesus. These three mysteries are to be contemplated in silence". So the next time someone asks you what you'd take if you were ever stuck on a desert island, you know what to say: the Cross, the Host, and the Virgin.

THANK YOU LETTER

Seton H.S. Chorus Students,

Thank you so much for your wonderful, talented, caring, memory-filled birthday performance for Maxine, our resident who turned 100. She was thrilled and so were all of the residents who attended. You are an amazing group of young people. You have much to look forward to. Keep giving to the community and watch how your kindness is returned in the years to come..

Best regards, Mrs. Randall

Quarry Station Senior Services Coordinator

All 9th-11th Grade Students: The PSAT and PSAT 8/9 assessments are this Wednesday, October 11th!

Please arrive at the Corpus Christi Center by 8:15 a.m. with two sharpened #2 pencils with good erasers (**not mechanical pencils**) and an approved scientific or graphing calculator. (For calculator policy and information see p.59 of the PSAT Student Guide.) If you will be absent or tardy, PLEASE contact the school by 8:15. We will begin promptly at 8:20 a.m.! If you are testing in Faustina, bring your backpack in with you. Otherwise, store your backpack in the hallway against the wall.

The best way to prepare for the PSAT is to read through the Student Guide and take the practice test ahead of time. For additional sample questions and practice test answer explanations, go to collegeboard.org/psatpractice. Go to psat.org/scoring for more information about scoring and personalized practice from Khan Academy.

OPPORTUNITIES FOR THE SETON COMMUNITY

- † Holy Hour for Bob Marshall on Sun, Oct 8 at 8PM in the Seton Chapel. (Cathy Carolla 703-738-6452/703-675-2460).
- **† 100th Anniversary of Our Lady of Fatima** presentation by Mr. Raymund O'Herron at Holy Family Academy on **Oct 12th** at 7PM. Click here or see flyer for details.
- * New Eve Maternity Home Fall Fundraising Dinner on Oct 26th at 5:30. Dr. Bruchalski is the keynote speaker. See the <u>flyer</u> for details.
- * Looking For A Hidden Library Resource? The All Saints Parish Library would like to let you know about a FREE resource for parishioners and non-parishoners. This blessing of a resource is one that many seem not to be aware of! The Library has a wonderful selection of books and DVD's for both children and adults. The selection of reading material ranges from reference books, magazines, newspapers, books about and by the saints, church doctrine and more. Please consider utilizing this resource for all your family's spiritual needs! The Library is located just inside the church, on the side leading to the PAC. It is open after all the Masses every weekend and on Wednesday evenings and Saturday mornings. It has a book return cart outside the library for easy returns and late fees are very reasonable! Come visit and take advantage of all that is offered!

CLASSIFIED

Anyone wiling to help Delegate Bob Marshall's campaign?

Please help Bob Marshall's re-election campaign for state delegate from the 13th District of Virginia. Prayer warriors are always welcomed. In addition, volunteers are needed who would be willing to walk door to door, work the polling locations on election day, and/or make calls from home. Please mail@delegatebob.com

Kittens available. White, black, black and white, gray. Call Barb 703.650.8820