

# Seton Guidance Newsletter

January 2017

*Course re-registration is around the corner!  
Here is some information to help you prepare...*

Parents are encouraged to discuss with their child(ren) the goals that they have and how best they might be able to attain those goals.

Take some time to look over the Seton handbook for the requirements for graduation. Help your student(s) think about what they might be interested in doing after high school and where their interests lie. If they have an idea of which college they are interested in attending, check the school out online and look at their requirements. If your student is Math/ Science minded, be sure to take at least 4 math classes and 3 lab sciences. If English/History minded, take all the history and English classes you can. Schools are not looking for the minimum! If interested in attending one of the Military Academies or majoring in engineering, taking Calculus is strongly recommended. Do

your research and be prepared!

When you make course selections, remember that you may indicate on your form which courses are a priority and/or requirement for your student.

Course selections will be final except in the case of changes necessitated by poor final grades, conflicts, or errors. Necessary course changes due to poor grades can be requested until June 30th.

Students may not sign up for courses for which they have not completed the required prerequisites, even if they intend to take the prerequisites before the fall term. Transcripts for the completed prerequisites must be presented to the registrar BEFORE students

## Contact Information:

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SETON SCHOOL CODE:  
471350

## SAT NATIONAL TEST SCHEDULE 2017

March 11, 2017

May 6, 2017

June 3, 2017

Register at

[www.collegeboard.org](http://www.collegeboard.org)

## ACT NATIONAL TEST SCHEDULE 2017

February 11, 2017

April 8, 2017

June 10, 2017

Register at [www.act.org](http://www.act.org)

are scheduled for the next level.

The most important thing to do is have a full schedule whenever possible. If you have to take a study hall because of the way the scheduling works out, consider taking an on-line course, a homeschool course or signing up for a class at NOVA. A full schedule always looks better on your transcript. Also, only one study hall per year is permitted.

AP exams are strongly recommended and sometimes required for some schools.

Although Seton does not offer AP classes, our students do have the opportunity to take the AP exams, and very often do quite well, scoring a 3 or higher on them. With that said, a student cannot do well on the AP exams without doing a little extra work to learn all the material. It is strongly suggested that students inform the teacher

that they are planning to take the AP tests for their class and purchase the AP book to review the material covered on the exam. Students interested in applying to competitive colleges or looking to get academic scholarships are highly encouraged to take the AP exams.

Please remember that high school classes taken in 7th and 8th grade are averaged in your student's high school GPA. Seton's graduation requirements are an overall average of at least 77% with 26 credits.

From what is offered at Seton, all high school students are required to take:

Religion - 4 credits  
English - 6 credits  
Social Studies - 3 credits  
Mathematics - minimum of 3 credits, 4 strongly encouraged  
Science- minimum 2 credits, 3 strongly encouraged  
Languages - minimum 3-4 credits

Think and plan ahead as you make course selections.

### *You're invited!*

The American Legion Auxiliary invites any interested students to attend the Oratorical Scholarship Contest- a speech contest that will be held at AML Post #10 (9950 Cockrell Rd, Manassas, VA 20110) on Saturday, Jan. 28th at 10:00AM. Students interested in competing in the contest for future years, or students who are interested in their peer's speeches for intellectual reasons may attend.

### *Reminder:*

College Board and Khan Academy have partnered to create a free SAT practice tool called Official SAT Practice. This tool uses results from the PSAT/NMSQT taken in October 2016 to put together personalized SAT practice plans for each student. To sign up for this new SAT practice tool, visit <https://www.khanacademy.org/sat>.

### *Scholarship Opportunity*

The VA, MD & DE Association of Electric Cooperatives Education Scholarship Foundation awards \$1,000 scholarships annually. Applicants must be a senior graduating in 2017. Apply online at <http://www.vmdaec.com/content/vmdaec-education-scholarship-foundation>. Application deadline is February 10, 2017.

*Parents are welcome and encouraged to attend with their student(s) when they meet with the counselor for re-registration. If you cannot attend, you may send in written instructions with your student(s).*

## Financial Aid-Grants

Most states have some kind of free money program often based on need; however, the Virginia Tuition Assistance Grant Program (TAG) is a non need-based grant for Virginia residents attending a participating Virginia private college or university. For more information on TAG and other Virginia Undergraduate and Graduate

Financial Aid Programs, visit <http://www.schev.edu/index/tuition-aid/financialaid/state-student-aid/undergraduate-financial-aid-programs>

*Grants are distinctly different from both scholarships and student loans in that they are free gift money!*

### *Additional summer opportunities!*

**Aspiring Scientists Summer Internship Program (ASSIP)** at George Mason University is designed for high school and undergraduate students interested in exploring cutting-edge science, technology, engineering and math (STEM) research. This innovative 7.5 week program offers hands-on experience with state-of-the-art technology along with a unique opportunity to learn from high-profile scientists. Apply online at <http://assip.cos.gmu.edu/>. Application deadline is February 5.

**2017 Catholica Summer Program** is for boys ages 14-17. This month-long immersion program takes place in Rome and involves the young man in Catholicism in a uniquely authentic and personal way. Includes daily Mass in St. Peter's Basilica, morning classes in Church History, Latin and Apologetics and daily afternoon tours through the city of Rome as well as whitewater rafting, hiking and swimming in the mountains and streams of Italy. Apply online at <http://catholicasummerprogram.com/sign-up-now/>. Application deadline is February 17.

**Pre-College Summer Program in Early American History** is offered by the National Institute of American History and Democracy at the College of William and Mary. A program for high school juniors and seniors, this fast-paced, in-depth and immersive course will offer a variety of approaches to studying the past, but the chief feature will be classes conducted "on site" at the abundant historic places in Virginia. Apply online at <http://www.wm.edu/as/niahd/precollegiatesummer/index.php>. Application deadline is April 21.

**2017 Summer Enrichment Program** offered by the University of Virginia Curry School of Education is for gifted and high-ability children rising into 5<sup>th</sup> through 11<sup>th</sup> grades. The camp is a 12-day residential experience and is designed to foster critical thinking, creative thinking, and inquiry processes. Apply online at [curry-sep@virginia.edu](mailto:curry-sep@virginia.edu). Application deadline is February 15.

\*Please note – summer opportunities are not endorsements of the programs, but are shared for students and parents to carefully consider.