



Seton School

Handbook

2014-2015

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www.Seton-School.org

Absence/Tardy Line (703) 368-6604 Available 24 hours -please call before 9:30 am

Corpus Christi Center (703) 368-6602/03

“Let His Will of the present moment be the first rule of our daily life and work...”

-St. Elizabeth Ann Seton



- ✦ Seton students learn to be soldiers of Christ; therefore, it is appropriate that the heart of the Seton seal is a shield.
- ✦ This shield is divided into three parts to represent the Holy Trinity.
- ✦ The Holy Trinity is further represented by the three stars in the lower section of the shield.
- ✦ In this same section are the Papal Keys demonstrating Seton's loyalty to the Holy See.
- ✦ A rose in the top left-hand section proclaims Seton's devotion to the Blessed Virgin Mary and commitment to the sanctity of life at all stages.
- ✦ The right-hand section contains the seal of the Daughters of Charity, founded by St. Elizabeth Ann Seton.
- ✦ Finally, the symbol, M , is on both sides of the seal. This is a symbol of Our Lady, reminding us of the promises of the Miraculous Medal.

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Mission of Seton School

Our young people cannot announce the Good News unless they have heard it. They need to hear it in their homes and in their schools. In His infinite mercy, God has chosen Seton School to be one instrument by which young people can hear the truth. All of us at Seton would be the first to admit that we are weak instruments indeed, but we take consolation in St. Paul's words, "God uses the weak things of this world to put to shame the strong." The good that Seton does is done by the grace of God, and through God's generosity this good will spread far beyond the walls of Seton.... Please remember Seton's educational apostolate in your prayers, for without Him we can do nothing.

Discipline produces self-discipline; self-discipline cultivates confidence, strength, and success in all aspects of life, including work, school, athletics, relationships and most importantly, faith. For children and young adults especially, it gives them the power and inner strength needed to overcome many of life's major challenges. A fair and solid Disciplinary System, coupled with thorough and consistent enforcement of it, lays the foundation for developing self-discipline throughout the student body, and fosters Seton's mission to create a focused and productive Catholic learning environment.

About Seton School

Seton Junior-Senior High School is a private, co-educational school operated by Catholic laymen dedicated to promoting the established tradition of Catholic secondary education. Seton offers personalized instruction, regarding each child as an infinite value in the sight of God and therefore deserving of our best efforts to meet his or her individual needs. Catholic education on the secondary level was rarely co-educational in the past, and this traditional practice had many advantages. There are also advantages to co-education. At Seton we believe we offer the best of both by having some co-ed classes and some classes all boys or all girls.

Seton School is officially affiliated with the Diocese of Arlington, under the authority of the bishop in matters of religious education and qualifications of our religion teachers, who are certified by the Diocese. In other areas Seton is independent and retains autonomy in curriculum and methods. Seton is not a diocesan school and does not receive any diocesan subsidies.

History of Seton School

In 1975, the year of Mother Elizabeth Ann Seton's canonization, Seton Junior-Senior High School was founded. There were two teachers instructing sixteen 7th-9th grade students in rented facilities. In 1980, Seton purchased the church buildings near the historic Manassas area, where the campus is situated today. In 1982 the Seton Home Study program was inaugurated, which eventually grew to the point of becoming a separate corporation.

The student population at the Manassas school remained under 100 until 1989. In 1992 the St. Joseph wing was dedicated by Arlington Bishop John Keating. The number of students grew from 135 at the end of the 1992 school year to 186 at the end of the 1993 school year, and reached 250 during the 1993-94 school year. In 1994 the occupancy permit was obtained for the multipurpose John Paul II Center. With the addition of Our Lady of the Rosary classroom wing at the beginning of the 1995-96 school year, Seton enrolled 330 students that year and is now at maximum student capacity of approximately 350 students in grades 7-12. In January 2006, Seton opened the Corpus Christi Center. As a private, independent institution, Seton has financed all of its physical expansion through tuition and donations from Seton families and friends of Seton.

Seton draws students from a wide geographical radius of approximately 30 parishes in the diocese. Most families are attracted to Seton because of the school's philosophy. We teach orthodox, traditional Catholicism in complete harmony with the Magisterium of the Catholic Church as taught by the Holy Father. We stress individual attention, high academic standards, high standards of conduct, close cooperation with parents, a family atmosphere and activities which are available to all students.

Spiritual Formation

Give to the Lord, you families of nations, give to the Lord glory and praise; Give to the Lord the glory due His Name! Bring gifts, and enter His presence; worship the Lord in holy attire.

1 Chronicles 16:28-9

Spiritual activities are an integral part of the Seton program. Appropriate behavior is expected at Mass and all other spiritual activities.

Weekly Masses

The Seton school week begins with Monday Mass at 8:30 a.m. at All Saints Church. Students must arrive on time and be in proper school uniform (including only Seton-approved outerwear) before they enter the church. Juniors and Seniors are required to sign in before Mass and all students must be in their pew before Mass begins. All students are required to sit together, in the assigned pew, with their class in the front rows of the center section of the church; girls on the left, boys on the right. This seating arrangement fosters unity among the classes, allows for efficient and organized attendance, and promotes a cohesive and structured image for Seton. Special permission may be granted only by the Director for students to sit anywhere other than with their class. Students who arrive early for Mass at All Saints should go into church and prepare themselves for Mass. Students are not to socialize in the church vestibule. Classes begin at 9:30 a.m. on Monday.

A second school Mass is held at the school each week on Friday. Students must be in proper uniform (including outerwear) and sit with their classes as at All Saints. School is dismissed at 3:00 pm on that day. The time of the Mass will depend on the priest's schedule and will be announced each week in the school newsletter, the *Sentinel*.

Mass Attendance

Attendance at the Masses is required for all students as part of the spiritual formation provided by the school.

Mass Tardiness/Absence

Students must turn in a proper absence excuse if they miss a Monday morning Mass.

Out of respect for our Lord and the congregation, every effort should be made so that students arrive at All Saints in time to be in church and in a pew before the entrance hymn begins. Students who arrive late to Mass must turn in a proper tardy excuse to the office (see "Administrative Policies and Procedures"). Tardy students are listed and those students on the list for whom no note has been turned in receive an automatic demerit (An extra day is allowed for turning in an excuse for Mass tardiness.)

Visitors to a Seton Mass

Visitors to Mass at Seton must be dressed appropriately. Jeans, t-shirts, or shorts, especially, are not acceptable except for small children.

Serving Mass

Seton students have the opportunity to assist at the Monday morning and Friday Masses as altar servers and as lectors.

Other Spiritual Activities

Chapel

The Blessed Sacrament is reserved in the Seton chapel. Students are encouraged to make visits during the day. Parents and friends are welcome to visit our Lord in the chapel.

Opening Mass

Seton families celebrate Mass together and ask God's grace for the coming school year, usually in mid-September.

Daily Rosary

The Rosary is prayed at 8:00 a.m. Tuesday-Friday in the Seton chapel. Attendance is voluntary.

Daily Prayers

Classes are opened with prayers at the teacher's discretion. The Angelus and grace are said at the noon hour.

Monthly Holy Hour

This is held on the third Wednesday of each month. The time depends upon availability of a priest or deacon. Students are to maintain a reverent silence on the way to Holy Hour and while waiting to begin.

Legion of Mary

A praesidium of the Legion of Mary meets weekly at Seton.

Days of Reflection and Retreats

During the school year, days of reflection and retreats are scheduled for the students. When such activities are held during school hours, attendance is required for all students.

Spiritual Teen Night

An evening of fun, games and spiritual activities, which include Mass, Confession, Eucharistic Holy Hour and prayer and praise through music, is held once a year.

All Souls-Day Pilgrimage to Cemetery

We walk to the cemetery across from All Saints Church after Monday morning Mass. Each homeroom meets at an assigned grave and prays a decade of the Rosary for the faithful departed.

Christ the King Procession

The whole school processes around the block with the Blessed Sacrament under a canopy in honor of Christ the King. Families are welcome to attend.

Pro-Life March

Each year on January 22nd, the anniversary of Roe v Wade, Seton has no school so that all students and families may attend the March for Life in Washington DC. Participation is strongly encouraged. The Seton community gathers to pray the Rosary at the steps of the Supreme Court before the March begins. The *Sentinel* will have specific details.

Pilgrimage to Shrine

On the first Sunday of May, we hold an all-day family pilgrimage to Mother Seton's Shrine and the Lourdes Grotto in Emmitsburg, Maryland, to give thanks for the blessings we have received and to pray for the continued success of our school. The day includes Mass, Rosary and a picnic. Participation is voluntary but strongly encouraged.

May Crowning

The May Queen and attendants are selected from the student body by the student body. The May Crowning is held the week after Mother's Day.

Graduation Mass

This Mass is celebrated at the end of May or the beginning of June and opens graduation exercises.

Academic Policies

Receive my instruction in preference to silver and knowledge rather than choice gold. For Wisdom is better than corals, and no choice possession can compare with her.

Proverbs 8: 10-11

Religion

All students, including non-Catholics, must take religion each year.

Graduation Requirements

Beginning with the class of 2016, 26 academic credits in high school subjects will be required for graduation. A student must achieve an overall grade average of 77% to graduate. In addition, all seniors are required to participate in a pro-life speech competition.

Seton requires a residency year, in which a minimum of five courses must be taken at Seton School itself. This would ordinarily be the senior year, but a student who attended full time during the junior year could consider that to be his residency year, and be eligible to attend part time in his senior year.

A student must take Religion 11, Religion 12, Language and Logic 11, and English 12 on campus in order to receive a Seton diploma. A senior who fails one or both of the senior classes may retake them in home study, summer school or an equivalent college level course approved by the Director.

If a senior is taking a home school course required for graduation, all of the work must be completed by April 15 of the senior year. If it is not, the student will not be allowed to receive a diploma earlier than June 15, regardless of when the work is actually completed.

Students who have not met the graduation requirements may attend commencement exercises, and may receive a certificate of achievement, but not a diploma.

Junior High Grade Requirements

If a new junior high student has a grade average below 68% at the end of the semester, or an old student has an average below 70%, a conference may be held with the parents to determine whether the student should continue at Seton.

Any seventh grade student with a grade average of 77% or above at the end of the year is eligible for promotion to the eighth grade. If a seventh grade student has a grade average between 70%-77%, a conference may be held with the parents to determine whether the student should repeat the grade or make up classes in summer school. A seventh grade student with an average of 69% or lower at the end of the year might be allowed to repeat the grade, might be required to make up classes in summer school, or might be asked not to return to Seton.

For admission into Seton's ninth grade, an eighth grade student must complete the eighth grade year with an overall grade average of 77% or above (before summer school), must not have received any suspensions during the eighth grade year, and must be recommended by the eighth grade faculty. Students who do not meet these requirements may be admitted into the ninth grade on probation, or may be asked not to return to Seton.

All failed junior high classes must be made up in summer school, unless an alternative is approved by the Director.

Home Study

A student may receive Seton graduation credit for a home-schooled mathematics or grammar course only if he or she passes a qualifying test at Seton. With these exceptions, Seton will accept credits and grades from a formal home school program, college class, or public school class.

If a parent or tutor devises and teaches at home a course approved by the department chairman and certifies that the student has passed the course, the course will be recorded on the transcript and credit will be given, but the grade will be "P" for pass. If the student wishes a numerical grade to be recorded on the transcript, the student must take a final exam from the equivalent Seton course. The grade on that exam will be recorded on the transcript as a home-schooled course

Courses taken Elsewhere than Seton

Courses taken at other schools (including those taken by transfer students) or by home school will be so indicated on the transcript. Grades for these courses will not be averaged into the Seton grade average, and therefore will not count for the overall 77% graduation requirement, National Honor Society requirements, or selection of the valedictorian and salutatorian.

Summer School

No full credit courses are taught at Seton in the summer. Summer school courses are remedial. Students must have a minimum grade of 55 in a course in order to be allowed to retake the course in summer school. Students having less than 55 must retake the complete course. Both the regular school grade and the summer school grade will be recorded on the transcript and will be averaged equally in the GPA.

Changing/Dropping Classes

Students may not drop a course until the end of the First Quarter. Such a dropped course will not appear on the transcript. After that time students may not drop courses without serious academic or personal reasons. Since only one study hall is allowed, a student who already has a study hall may not drop any courses. No new courses may be added during the school year.

The proper form must be obtained from the Guidance Department to request dropping or changing a class. The form requires signatures of the Director, a parent, and all teachers whose classes would be affected. A \$10 fee must be paid for each class change requested.

Students will not be admitted to a new class, study hall or lunch period until they have turned in the proper request form with fee at the office and received an admittance form to the new class, study hall or lunch period.

Homework

It is essential for the student's progress that homework be completed on schedule. If homework is not handed in when due, a demerit may be given. A reduction in the grade for the assignment may be made at the rate of 5% per day late up to a maximum of 50% on major papers or projects. On homework, at the teacher's discretion, assignments may not be accepted or may receive a zero. Exceptions will be made only in rare circumstances. A junior high student is expected to do one to two hours of homework per night; a high school student two to three hours per night on an average. If a student appears to be doing considerably less or more, the parents should contact the guidance department.

Absences - Grade Penalties

A student who is absent more than seven days in a quarter may be penalized by up to a five-point reduction in the quarter grade for each day over seven that he or she is absent. Three tardies will count as one absence for grading purposes. If a student misses seventeen days of school, he or she cannot go on to the next grade without a vote of the faculty. Furthermore, at teacher discretion, the student may have to repeat an individual class if he or she has been absent seventeen times from that particular class.

Make-up Work

Students have as many days to make up work and tests as the number of days they were absent. It is the student's responsibility to arrange make-up work with the teacher. Make-up tests may not be taken during class time. A penalty of five points per day may be assessed for work not made up on time, up to a maximum of 50% on tests and other major grades. If a student is absent a single day, make-up work must be made up on the day of return. Also, teachers may require that papers and projects be turned in on time in spite of absence.

Interims

An evaluation by each teacher of the student's progress will be mailed to parents midway through each quarter.

Report Cards

Report cards will be distributed at the quarterly meetings of the Parent Resource Organization (PRO). Parents who are unable to attend the PRO meeting may pick up their children's report cards the next day at the school office. Students' financial accounts must be paid in full and other obligations fulfilled before report cards will be given to parents and before transcripts will be mailed to other schools.

Grade Scale

Seton School gives numerical grades: The letter grade equivalents are as follows: A, 93-100; B, 85-92; C, 77-84; D, 70-76; E, below 70.

Academic Honors

The Honor Roll is announced quarterly. Students who have achieved 95 or above averages for the quarter receive First Honors. Students with 88-94 averages receive Second Honors.

Academic Probation

If the faculty judges that a student is not working up to his potential, certain academic standards (usually a C average) might be set as a condition of the student's remaining at Seton. (See the Athletic Academic Policy for probation in sports due to low grades.)

Parent-Teacher Conferences

If a student receives a grade on the quarterly report card of 76 or lower (D or F), the parent must schedule a conference with the teacher of that class. Teachers will be available on designated days after report card distributions for those parents who require or wish conferences. (Sometimes teachers will request conferences with parents on those days.) In addition, conferences may be scheduled at any time during the school year by appointment.

Cliff/Monarch Notes

Use of Cliff, Sparks or other notes or Internet notes services as a substitute for reading assigned literature is not allowed at Seton School. Absolutely no Cliff or Monarch Notes or other professional plot summaries will be allowed to be brought to Seton School; those which are may be confiscated by teachers and not returned, including copies on loan from a library. When a student writes and signs his honor pledge on his quiz or test paper, he is saying that he himself has read the material on which he is being tested, rather than learning about it from other students or written sources. A detailed explanation of Seton's policy concerning these materials is provided to parents and students at the beginning of the year in the school newsletter, and copies are available from the school office.

Textbook Use

Seton does not require students to purchase textbooks, but rather assesses a modest rental fee per student. If a book is lost, it must be paid for before a new book will be issued. (*See also the "Lost and Found" section.*) At the end of the school year, when students return their books, a charge may be assessed for damaged books.

Voice Recorders

Students using any type of recorder to record classes must 1) have permission from the teacher in the class to use a recorder to aid in note taking; 2) be mindful of what is on any recorder brought to school -- students are responsible for anything inappropriate; 3) never use the recorder for any non-class purpose; and 4) never record anyone who does not know he is being recorded. Any student who violates any of these rules will forfeit his privilege to use such devices and will receive appropriate punishment.

Academic Honesty: Plagiarism and Cheating on Schoolwork

Penalties for Plagiarism/Cheating

Cheating is a serious matter. Students are expected to take reasonable care that their own work is not copied, even without their permission. The Seton Honor Code ("My work is honest and I know of no cheating.") is to be written on all quizzes, tests and exams if the student can honestly attest to it. Writing "SHC" is NOT acceptable.

If a teacher has convincing evidence in his or her judgment that a student has cheated on a homework assignment, he will give the student a zero and a demerit. For the first cheating offense on a test, quiz, exam or term paper, the student is put on automatic suspension. The second cheating offense results in automatic expulsion.

Academic Honesty: Importance and Types of Dishonesty

Students come to Seton to learn, and their learning can only be accomplished by doing their own homework, writing their own papers, and taking tests using their own knowledge. Students who copy homework, plagiarize papers or projects, or cheat on tests do not learn.

Also, an important part of being a student in a Catholic school is character formation. Students who make an honest effort to do their own work begin to form themselves into the kinds of virtuous, trustworthy men and women they will want to be as adults. Students who are dishonest in their work are unfair to other students, who are working hard to learn, and also to their teachers, who work hard to teach them and want to trust them. Worse than that, they begin to form themselves into liars and thieves as they turn in work which is not their own and pretend that it is.

Plagiarism is taking any material (facts, ideas, writings, images, or portions of these) and claiming to be the original creator.

- Homework - Copying another student's homework or otherwise turning in work and pretending to have done it yourself when you have not is plagiarism.
- Papers and projects - Copying words, sentences, images or ideas without giving credit to the original creator is plagiarism. (In papers, credit must be given in text notes and on the "Works Cited" page. Exact wording must be shown by quotation marks.)
- Tests and quizzes - Copying information from a cheat sheet or another student's paper and pretending it is your own knowledge is plagiarism.

Other Cheating

- On a quiz or test, pretending to have read a book or story yourself when you have gotten information from a friend, a website, etc., is academic dishonesty (cheating).
- Finding out what was on a quiz or test from a student who has already taken it is cheating.
- Allowing another student to copy your homework, project or paper and claim it as his own is cheating.
- Telling a student who has not taken a quiz or test what is on it is cheating.
- Helping a student to write a paper or do other work which he was supposed to do without help is cheating.

Language Department Requirements and Policies

Language Requirements

Seton students are required to take one year of Latin to graduate.

To fulfill the minimum Seton language requirement for graduation, students in classes before the Class of 2019 may take a) a total of three years of Latin, b) three years of the same modern language together with one year of Latin or c) two years of Latin and two years of the same modern language.

Beginning with the Class of 2019, to fulfill the minimum Seton language requirement for graduation, students may take a) a total of three years of Latin or b) one year of Latin and two consecutive years of the same modern language.

The language department teachers encourage students, especially junior high language students, to take more than the minimum language requirement. Colleges and universities, in general, prefer three to four years of one language so that students gain depth in one language. A few colleges require at least three years of one language. Scholarship committees usually prefer three or more years of a language.

Language Department Enrollment Policies

Foreign language classes are high school credit classes. The grades go on the students' high school transcripts and are averaged into the students' high school GPA.

An average of 77% or better is needed for any student to go to the next level of a language. Teachers will notify the parents and students as soon as possible if the 77% requirement is not being met so that arrangements for remedial help may be made. If a student's final average is lower than 77%, the student may go to summer school or may have tutoring which is approved by the teacher involved.

Junior High Students:

Grade 7: Beginning in the 2015-2016 school year, seventh grade students may only take foreign languages if they have scored 90% or above in Grammar 6 and 85% or above on an English grammar proficiency test given in the early summer at Seton.

Grade 8: Rising eighth graders who have achieved an 85% or above in Grammar 7 may take Latin I or German I as their elective. If a rising 8th grader did not achieve an 85% in Grammar 7, he/she may take Grammar Summer School to qualify for the class. Rising 8th graders who took Latin I in 7th Grade and achieved an 80% or above may take Spanish I as an elective.

Registration for languages in junior high school is conditional: students may be asked to drop the course at the end of the first quarter if they are not ready to succeed.

Graduation Requirements

Courses Offered

Please note: Not all courses are offered every year. It is necessary to coordinate your plans with the help of Seton's guidance counselors to be certain that you will be able to take the courses you need. **Total credits required for graduation are 26.**

COURSES OFFERED			
* Designates Required Courses			
Religion	English	Social Studies	Math
Religion 9*	Grammar 9*	World History 1	Algebra*
Religion 10*	English 9*	World History 2	Geometry*
Religion 11*	English 10*	World History 3	Algebra 2*
Religion 12*	English 11*	American History	Pre-Calculus
	Lang. and Logic 11*	American Government	Calculus
	English 12*	Economics	Statistics
	Creative Writing		
	Great Books Seminar		
	Journalism		
GRADUATION REQUIREMENTS			
4 credits	6 credits	3 credits (including at least 1 credit of either A.H or A.G.)	3 credits (many colleges look for 4)

COURSES OFFERED		
* Designates Required Courses		
Science	Foreign Language	Computers, Fine Arts
Astronomy	Latin I *	Computers I, II
Biology +	Latin II, III, IV	Band I and II
Chemistry +	Spanish I, II, III, IV	Chorus
Physics I +	German I, II, III, IV	Music Appreciation
Advanced Topics in Science +		Chamber Choir
Physics II +		Art I, II
<i>+ denotes lab science</i>		
GRADUATION REQUIREMENTS		
2 credits (many colleges look for 4 credits)	1 credit of Latin 3 total credits: 3 of Latin or 1 of Latin and 2 of German or Spanish (Many colleges prefer or require 3-4 yr. of the same language.)	

Administrative Policies and Procedures

These policies have been established for efficiency and orderliness in administration of school routines and accurate record keeping. Parents and students must be familiar with these policies and are asked to refer to them when pertinent.

Weather Policy

Seton generally follows Prince William County Schools as to whether to close school or delay opening due to weather, but not according to the same time schedule as the County. If the county schools close all day due to weather, so will Seton. However, for any delayed opening Seton classes begin at 9:30 a.m. If a Late opening occurs on a Monday Mass day, Seton's classes will still begin at 9:30 a.m. Students are not required to attend Mass on such days.

On inclement weather days when public schools are closed for other reasons (such as a teacher work day), Seton will notify families by an automated phone message and on the seton-school.org website. The home phone number is used unless you contact Mrs. Cooper to give her an additional phone number(s). Seton never closes early for weather-related reasons. If parents are concerned about inclement weather, they may either pick up students up early or call the office to authorize student drivers to leave early.

All weather-related announcements will be posted on the Seton website, www.seton-school.org.

School Office Hours

The school offices are open during school hours, as well as fifteen minutes before first bell and fifteen minutes after dismissal each school day. Families are strongly encouraged to "do business" when the offices are open.

Turning in Payments or Forms

Payments, forms, notes, etc., should be turned in to office staff during office hours. If this is impossible, such items may be placed in the Lock Box to the right of the supply cabinets.

- Items that are turned in when the offices are closed are not credited as received until the next school day the offices are open.
- Do not give school business items (tuition, fee payments, forms, absence or tardy notes, etc.) to teachers.
- Do not ask office staff to accept any of the above items away from the school office or at school activities.
- Payments and forms, etc. may, of course, always be sent to school in the purple envelope or mailed allowing sufficient time to be received during school office hours by due dates.

Required Absence/Tardy Phone Call

A phone call to the absence/tardy line (703-368-6604) from a parent or guardian is required each day a student will be absent or more than one hour late. Calls must be made to the reporting line before 9:30 am. The reporting line is serviced by an answering machine which is on 24 hours so that calls can be made as early as necessary, or even at night if it is determined a child will be absent or more than one hour late the next day. Parents will be called if the school has not been notified of a student absence. We will first try to reach someone at the home number, but calls will be made to the parents' work numbers if we are unable to reach someone at home. Calls to parents may also be made if there is any question about a notification call.

Absence

Advance excuses for planned absences or tardies should be submitted to the office, whether or not the director and/or other teachers have been notified.

When an absence call is made on the day of the absence, the absence will then be marked as excused. Unexcused absences at the end of a quarter may result in grade penalties. Students who arrive late for school (after 11:00 a.m.) or must leave early (before 12:00 noon) will be counted as one-half day absent.

When students are absent, arrangements to get assignments should be made by the family directly with fellow classmates. Requests for assignments should not be made to the office unless the absence will be longer than five days. In this case, requests must include the student(s) name and grade and the name of the teacher for each subject for which assignments are being requested. Any work missed due to an unexcused absence or tardiness may be given a zero.

Tardiness

First bell is at 8:15 a.m. (9:30 a.m. on Mondays). Students are expected to be at school by first bell, at which time they should proceed to their first period classroom. First period begins at 8:20 a.m. (9:35 a.m. on Mondays). Students arriving after the beginning of the period disrupt teaching and distract both teachers and students. It is, therefore, essential for parents to make sure that students arrive at school in sufficient time to go to their lockers, etc., and still be in their first period classroom no later than 8:20 a.m. when the second bell rings.

Every student who is tardy must report to the office and turn in a note (*or inform the office that their parent has called*) before going to class. The note should contain

1. student name and grade
2. date and time of arrival
3. reason for being late;
4. signature of parental driver. (Student drivers may write their own notes if less than 10 minutes late. If more than 10 minutes late the student must call a parent)

If more than one child in a family is late, or an entire carpool, one note is sufficient for all, but must contain name and grade for each individual student with the other required information. Demerits will be given for not following the above procedures.

Students who are tardy more than 6 times in a quarter will receive a demerit for each excess tardy, regardless of the reason.

Students who arrive tardy must turn in their notes or tardy slips to the office and obtain an admission slip before proceeding to class. **OVERSLEEPING** or **COMPLETING ASSIGNMENTS** are not accepted as excuses for tardiness. When either of these is the reason for a student's being tardy, the tardy will be recorded as unexcused (even if a note is turned in), a demerit will be given by the office, and teachers may give zeroes for any classwork missed.

Early Dismissals During the School Day

When an early dismissal or absence during the school day is a necessity, a note must be turned in to the office before the school day begins. The note should contain

1. student name and grade
2. date and time to be dismissed from class
3. reason
4. signature of parent or guardian

The student will be given an early dismissal pass to present to the teacher at the dismissal time. The student then proceeds to the office where he or she must be signed out by a parent or guardian. Student drivers must also sign out.

Students signed out for part of a day do not need to submit an excuse to return to school. However, they must report to the office and sign back in before returning to class.

Part-time Students

- Students who attend Seton part-time must sign in and/or out in the Sign-In Sign-Out Book at the reception office each day. (Demerits are given for failure to use this book properly).
- Students who have class first period are not required to sign in. Students who have a class eighth period are not required to sign out. Otherwise, all arrivals and dismissals must be recorded.
- Part-time students must follow the same procedures as full-time students for absence, tardiness and early dismissals as described in the handbook.
- Parents of part-time students must be sure to call the school to report a student's absence. Absence calls should be made to the absence line before 9:30 a.m. even if the student's class is later than that in the day. (Messages are retrieved from the absence line at 9:30 a.m. Messages left after that will usually not be received until the next day.)
- Part-time students should not arrive on campus for a class after first period more than twenty minutes early, or be on campus more than twenty minutes after a class other than eighth period. If scheduling occasionally requires a part-time student to be on campus when not scheduled for a class, or for more than twenty minutes before or after his or her class, the student must report to the office. He or she will be required to be in a supervised study hall.
- Announcements are most often made in the first and eighth period classes. Therefore, it is extremely important for part-time students to be sure to read the announcements posted on the student message board each day. It is the responsibility of the families with part-time students to inquire about schedule changes, etc., as the school cannot notify every individual student.

Parking

NOTE: Seton has a special use permit to operate in the City of Manassas. The zoning for the area where Seton is located would not ordinarily permit a school in this location. However, the City has issued us a permit for special use and has stipulated certain conditions under which we may continue. The following guidelines instituted for parking and for dropping off and picking up students are related to the City's stipulations. Please understand the importance of complying. Violations of these restrictions could endanger Seton's special use permit. We must have everyone's cooperation.

Seton has four parking lots. Please fill up the spaces in these lots first. Note that the small lot across Maple Street is for senior parking; underclassmen should not park there during the school day.

DO NOT PARK IN THE FOLLOWING PLACES:

- In front of the houses or driveways on Maple or Cherry Streets.
- In front of Ames Funeral Home or in the funeral parking lot.
- In the tenants' parking spaces.
- On Fairview Avenue.
- Anywhere a NO PARKING sign is posted.
- In the school driveway. If you must leave your car (even if you think it will be just for a moment), park in a parking space in the lot.
- Do not back into parking spaces in the lots in the morning after 8:00 a.m. This interrupts the traffic flow.
- Do not block in another car without that driver's knowledge and permission.

Dropping Off & Picking Up Students

Seton cannot be responsible for students except during school hours and at school activities. Generally, unless there is an activity requiring otherwise, students should not be brought to school earlier than 7:45 a.m. or picked up later than 4:00 p.m.

All school traffic must follow the following route during morning arrival time (beginning 30 minutes before the first bell) and afternoon dismissal time (until 30 minutes after the last bell). The line for entering the school driveway during these times proceeds along Cherry Street (stop at the stop sign), turns left on Maple Street, and turns right into one of the school driveways. **To join the line you must enter Cherry Street from Prescott Avenue. We have been asked NOT to use MAPLE OR QUARRY STREET to approach Prescott Avenue.** Approach Prescott from Center Street, Sudley Road, or from either direction off Centreville Road.

Observe parking rules and the following:

- Drop off and pick up must be in the Seton driveways. Do not drop off or pick up students on the streets around Seton.
- Form a double line in the driveways.
- Do not drop off or allow student to leave your car at the double “blue” doors. This impedes other cars trying to enter the lot.
- Pull up as far as possible in the driveway when dropping off and picking up students. Do not stop in front-of the glass doors if there are no other cars stopped in front of you, or wait there if the cars in front of you pull away.
- Always follow instructions given by the school crossing guards.

Parking Registration

All students who drive to school must register all of the cars they may drive to school. Registration forms are distributed in the first purple envelope to all families with sophomore, junior or senior students; or they may be obtained from the school office. Failure by a student to have the required registration form on file is a Category II demerit offense. Fines may also be levied.

Faculty, staff, and parents who are regular volunteers at school should also fill in a vehicle registration form at the school office. This enables us to locate the driver if it is necessary for a car to be moved.

After School and Weekend Use of School Buildings

Corpus Christi is locked one-half hour after dismissal, unless there are supervised activities taking place. After 4:30 on school days, no students may be in any school building unless they are in a supervised activity. On days when school is not in session, students may not be in school buildings unless they are in a supervised activity.

John Paul II Center Use Outside School Hours

No one is permitted in the gym outside school hours unless there is an organized school activity with a coach or teacher supervising, or special written permission has been given. No food, drinks, or gum is permitted in the gym except in a supervised situation. No street shoes are permitted on the playing area. Permission to use the gym must be obtained two weeks in advance of an activity by obtaining a form from the office.

Contacting Faculty and Staff

Mrs. Carroll may be reached at home in the evening, but she asks that **parents and students not call other teachers or staff at home unless there is an urgent need.** Instead, messages should be left in the school office, including name, number and best time to call, and calls will be returned as soon as possible. Teachers and staff may also be contacted by email if they have listed their email addresses in the Seton Phone Directory.

Messages for Students

Personal messages cannot be delivered to students unless it is a true emergency. Non-emergency messages for students will be placed on the student bulletin board outside the office. Students should make a habit of checking the message board daily, especially at lunch time and after dismissal, or any time they pass by it. Pertinent daily announcements will also be posted on the student message board for reference. Students may not receive calls on their cell phones at any time.

Cell Phone Use and Office Phone Use

Students are not to use the office phone except to phone home due to illness or other urgency. Cell phones may be used during school hours only with the permission of a faculty or staff member. **Please do not call your child's cell phone or text your child during school hours. Cell phones must be turned off during the school day.**

The Sentinel, Seton's Weekly Newsletter

Parent are encouraged to obtain the weekly Sentinel online. If they choose to get a hard copy, families still must register to receive an online copy of the Sentinel. Often, the school will send e-mail blasts due to an urgent message.

The school newsletter and other announcements are sent home from school on Thursday of each week (by e-mail or hard copy). It is expected that parents and students will read the newsletter and other contents or e-mail attachments of the Sentinel to keep up with school news, rule changes, events and activities, deadlines, etc.

Demerit Slips

Students will receive a yellow copy when given a demerit. It is up to the student to show the parent the demerit. Parents are notified by e-mail when their child has earned a detention. The student will bring home on Monday a pink slip to be signed by the parent that they understand their child will serve detention on that coming Wednesday from 3:15 to 4:15..

Medical Protocol

- For any medical problem (headache, illness, injury, etc.) during the school day, students should report to the school office.
- Before sending any medication (over-the-counter or prescription) to school to be administered by Seton staff, a parent must contact the school administrator. Students who must carry drugs for medical use must file with the school administrator a written statement from the parents identifying the drug and the purpose of its use.
- If it appears that a student needs to go home, parents will be contacted by the office. If parents cannot be reached, the emergency contact(s) will be called.
- The school must have on file an immunization record for each student in accordance with Virginia State Law.

Library

- Students may not be in the library unless a librarian is on duty.
- Library books must be properly checked out and returned by the stamped due date.
- Books used in the library and not checked out are to be placed on the book cart for re-shelving. Books are not to be left on library tables.
- Report cards may be held for overdue books and/or outstanding fines.
- Parents are welcome to visit the school library.

Copier

Students should not ask staff to make copies for them on the copier in Bethlehem. The copy machine in the lobby is available for student use during normal school hours.

Lost and Found

Items of clothing, etc., are put in a temporary lost and found location under the stairs near the office. Generally, smaller, fragile, or more valuable items are turned in at the office and may be claimed there. Fines may be charged to retrieve lost items.

If a textbook is lost, the cost to replace the book is charged by the school office and must be paid before a new book will be issued. To obtain a new book, the student must pay the cost at the office and obtain a new book release form to take to the teacher. The teacher will fill in the new book information and return the form to the office for recording.

Visitors to Seton

Friends of Seton students may visit Seton during the school day or for an activity only with advance permission from the Main School Office (703-368-3220). The visitor must be neatly and modestly dressed according to classroom or activities dress code, as appropriate to the visit. The visitor must check in at the front office upon arrival at Seton. Otherwise, non-Seton students and other friends may not be on the Seton campus.

Parents who are visiting should register at the front desk upon arriving at the school.

Student Withdrawals

If a student must withdraw from Seton before the school year ends, a withdrawal form must be completed at the school office which confirms that all financial accounts are current, all books have been turned in, and all student obligations have been satisfied. In addition, information must be provided as to where the student will be transferring (new mailing addresses, etc.). It is, therefore, necessary for a parent to contact the office when withdrawing a student.

Volunteers/PRO Points

Seton depends upon the help and cooperation of parents to assist with any number of tasks and programs throughout the school year. This assistance helps to keep tuition low, while engendering school spirit and a family atmosphere. PRO Points is a program of the Parent Resource Organization, through which points are assigned to the wide variety of ways parents help the school.

Each family is assigned a set number of points to be earned (60 points per year); or, for those who are unable or do not wish to donate time, a fee of \$120 per year is assessed which may be paid instead of earning points.

PRO contracts for the school year are distributed at the beginning of the year. They must be handed in by Back to School Night at the start of the school year. Total PRO points are due by the last PRO meeting in June. Families may pay partial fees or volunteer over the summer to complete any outstanding PRO points. In the fall detailed information about this program is distributed in the purple envelope to all families. See the PRO handbook for more information.

The Parents Resource Organization is directed by the guidance of a group of volunteer-parents who make up the "PRO Board". The purpose of the PRO Board is to serve as a central communication point for Seton parents to provide feedback and direct questions. The PRO Board is responsible for discussing pertinent issues from a parental perspective and communicating appropriately to the Seton Director and School Administration as needed. Seton parents are encouraged to know who the various PRO Board members are and correspond with them relative to each component of the school for which they are responsible. PRO Board members and announcements can be found on the Seton website and on the "Parents" page.

Student Tutors

Students who are being tutored, as well as those who are tutoring, should have a written note from their study hall teacher excusing them from study hall. If students do not have a note from their teacher, they will be sent back to study hall.

Student Drivers

Student drivers who are driving to activities and sports which are far away from Seton School may have only siblings ride with them unless both driver and passenger have written parental permission.

Financial Policies and Procedures

These guidelines have been developed upon the recommendation of Seton's auditors. It is essential that all members of our Seton community follow the auditor's requirements for the handling of money.

Family Accounts

Tuition Payment System

Tuition may be paid annually by check (at a discounted rate), through monthly direct debit service, or by monthly check. Payments by check may be made to the school office in person or by mail. Payments made in person should only be during regular school hours. Payments made outside regular hours should be placed in the secure drop box. They are not credited until the next regular school day.

Annual payments are due on Aug 15th Semi-annual payments are due Aug 15th and Jan 15th. Monthly payments are due in ten installments starting on Aug 15th and ending on May 15th.

Tuition payments may not be made in cash. If a family is unable or does not wish to make payments by check, a money order may be used. Money order payments should not be mailed or sent to school with a student, but should be delivered directly to a staff member by a parent who should not leave the school office without a receipt for payment. The school cannot be responsible if cash or money orders are not handled as outlined.

Required and Optional Fees

These fees will be billed to families during July for the upcoming school year. Payment is due on Aug 15th.

Class Fees

Certain classes incur additional fees to cover the cost of supplies. These fees will be invoiced to families at the end of September/beginning of October, with payment being due on Oct 31st.

Other charges

Teachers are not responsible for collecting money. Field trip charges, lost book fees, etc. are to be paid directly to the office. Please note on the memo line of your check what it is for.

Late Payments

Tuition payments are due on the 15th of each month. After the 30th of the month, delinquent accounts will be charged a \$10 late fee. All payments are credited to the oldest unpaid statement charges.

Each quarter report cards will be withheld if any fees and/or fines are overdue. No student may graduate until his/her account is paid in full.

Returned Check Policy

Checks returned by the bank will not be re-deposited. Replacement payments must be in the form of a money order or cashier's check and include the returned check fee. If a second check is returned, all payments from that family for the remainder of the school year must be by money order or cashier's check. There is a fee of \$30 for each returned check.

Annual Ad Campaign

Each year, Seton families are asked to participate in the annual Ad Campaign for the Spring Musical's program book. The proceeds from this fund-raiser make a significant contribution to the upkeep and development of the school's facilities and operations. The Ad Campaign begins in January and runs four to six weeks. The information and forms necessary to solicit donations will be distributed to families at the beginning of the ad campaign.

During the course of the campaign each family is expected to raise a minimum amount, which will be announced at the beginning of the campaign. Those families that do not meet their goal will be required to pay a fee equal to the leftover amount before they receive the final year's report card or any transcripts. Any extenuating circumstances preventing participation in the Ad Campaign should be explained to the school's director.

Purchasing for Seton

Parents and teachers who are making purchases by telephone or over the internet may submit a purchase order request to the Office Administrator who will make the purchase using the Seton credit card.

Reimbursements

To obtain reimbursement for your purchase submit your original receipt with a note for reason of purchase. Please be very explicit as to the purpose of the purchase (i.e., Spring Musical, Concession Stand, etc.) and the internal organization, if any, for which the purchase was made (i.e., Athletic Dept, Sr. Class, etc.). Attach the receipt to the form. Absolutely no reimbursements will be made without a proper receipt. Reimbursement requests should be submitted within 60 days of when the purchase occurred.

Handling Cash

This is an area that the auditors consider closely. Proper procedures must be followed.

Counting money

Two unrelated persons working together must count the money received at the time of receipt. They then fill out the Requirements for All Cash Deposits Form, which may be obtained from the office, and seal it along with the money in an envelope. This envelope is to be immediately deposited in the Lock Box by the front office. Money must be deposited in the Lock Box on the day it is received. Under no circumstance is money to be taken home to be counted. In rare cases uncounted money may be sealed in an envelope, which is clearly labeled with the name of the responsible person and put into the Lock Box. The following day it may be retrieved from the office administrator and counted.

All received cash **MUST** be turned in - no expenses or reimbursements may be taken from these funds. Follow the procedure defined above to claim expenses and receive reimbursement

Club or Activity Accounts

All clubs, organizations, fund raisers, activities, etc. are to maintain financial records that show income and expenses. Officers of these groups must follow instructions of the school administrator regarding record keeping, handling and disbursements of funds.

Financial Aid

Financial Aid Forms are available from the office in the spring of the upcoming school year.

To be considered for financial aid, you will need to submit a financial aid form and a copy of your current IRS 1040 form. Please do not ask us to reduce your Seton tuition in order to pay college tuition. Colleges have much greater resources than we do. It is not fair to ask Seton to subsidize colleges. In addition, you need to know that our financial aid program is work-study. Families receiving reduced tuition are expected to contribute work in lieu of tuition. If the assigned work is not completed, then tuition will be assessed. In order to be considered for financial aid, forms should be returned by the stated due date. We cannot guarantee financial aid for anyone whose forms are submitted after the deadline.

Seton has a well-defined list for positions available for Financial Aid, ie: cleaning, office help, library, etc. with detailed position descriptions.

Dress Code

Dress Code Philosophy *

Students show respect for their school and themselves by taking pride in their appearance. A dress code reflects the values of the institution that establishes the code. As long as a student is enrolled at Seton School, he/she should represent and reflect the image of the school.

- In the formation of mature, educated, Christian adults, students must possess personal discipline and modesty.
- The sacrifice and effort required to adhere to a uniform dress code policy on a daily basis is an outward expression of the discipline necessary for academic success and spiritual growth.
- In an effort to boost school pride, the dress code allows students to be identified as members of the Seton community while on campus as well as when traveling to and from school.
- A dress code focuses on equality and a sense of belonging and thus helps to eliminate competition to “out-dress” other students.
- Seton has four dress codes (Uniform, Out-of-Uniform Day, Activities, and Casual Dress) that are outlined in the following pages.
- Final decisions about student dress reside with the director and faculty.

**Adapted from John Paul the Great*

General Guidelines for All Dress Codes

Clothing

- Clothing is to be neat, clean, modest, and in good repair.
- Shirts and blouses must have sleeves and may have no more than one button unbuttoned at the neck. Buttons that fasten down the collar must be buttoned. Shirts and blouses must not be see-through, tight or clingy
- The following are always unacceptable: tight clothing (including skinny jeans or tapered pants), low cut tops, leggings, exposed underclothing (including thermals), bare midriffs, or clothing with any inappropriate symbols, pictures or words.

Make-up/Jewelry

- Showy makeup and excesses in jewelry and/or attachments to clothing are not permitted.
- Nail polish is permitted.
- Boys may not wear earrings on school property or to school functions.
- Girls may wear no more than two earrings per ear, in the earlobe.
- No facial or body piercings are permitted.
- No tattoos may be visible.

Hairstyles

- Extreme or fad hair styles (including spiked hair) or colors (including obviously dyed or bleached) are not permitted. The student may be sent home and allowed to return to school when his or her hair has returned to normal color.
- Boys' hair may not be more than four inches long at any point, must be above the collar, and must be neatly styled. Boys must be clean-shaven. Sideburns may not extend below the ear
- Girls' hair must be neatly styled and combed.

UNIFORM DRESS CODE

The Uniform Dress Code is in effect for all regular school days during regular school hours unless announced otherwise. Anything that does not conform to these guidelines will be considered a violation of the dress code. Students not dressed in appropriate dress code will receive demerits and may be sent home.

Be sure that the uniform company you are dealing with knows that you are from Seton School in Manassas!

Outerwear

- **APPROVED:** Navy uniform sweaters (option of gray for seniors), Seton wind shirts, Seton fleece jackets, Seton varsity jackets, official Seton sports team jackets, navy blue blazers, and Seton senior class jackets (for current seniors only). These are the *only* acceptable outerwear for uniform dress code. **Approved outerwear must be worn over the uniform shirt.**
- Uniform sweaters must be purchased through Flynn and O'Hara or Lands' End. Several styles are available in navy with gold "Seton" logo, which is required. Seniors have the option of purchasing one of the styles in gray with gold "Seton" logo.
- **No other outerwear may be worn at any time during the school day anywhere on the Seton campus, inside or outside of the classroom.** That includes sweatshirts and hoodies. *This rule applies for Mass at All Saints on Mondays.*

Exception: During the winter months, students may wear winter coats *only outdoors*, and must remove them before class, lunch or any other activity.

Uniform Shirts (Girls and Boys)

- Students must wear a dress shirt meeting all three of the following criteria: (1) light blue, (2) button-down collar, (3) oxford cloth shirt. (No French blue, other fabric, brand-name insignia on shirt pocket, etc.) Button-down collar buttons must be buttoned.
- Shirts must be tucked in at all times. (No shirts rolled under, etc.)
- Sleeves may be long or short. Long sleeves may be rolled up, but if not, cuffs must be buttoned. Short sleeves may not be rolled.
- A plain white tee shirt, undershirt, or turtleneck may be worn under the oxford cloth uniform shirt. (Sleeves may not protrude from either short or long sleeved uniform shirt sleeves.)
- Girls may have only the top button unbuttoned.
- Boys must wear a necktie properly tied at the neck to cover the top button. Neckties must be properly tied when students arrive on campus in the morning. Ties may be removed for after-school activities.

Uniform Skirts (Girls)

******Please see ordering information below. Also, skirts must be long enough to touch the floor when kneeling—check length when you receive your skirt. Be sure to order the Seton School skirts from these companies!***

- Girls in grades 7-11 may choose from the following skirt styles:
 1. Plaid Knife Pleat Skirt from Flynn & O'Hara (Teen Long or Custom Length)
 2. Navy 4 Kick Pleat Skirt from Flynn & O'Hara (Teen Long or Custom Length)
 3. Navy School Uniform Solid Knife Pleat Skirt from Lands' End (Long or Below-the-Knee)
- Girls in grade 12 have the option of adding the following skirt styles:
 1. Gray 4 Kick Pleat Skirt from Flynn & O'Hara (Teen Long or Custom Length)
 2. Gray School Uniform Women's Solid Pleated Skirt from Lands' End (max. length 24.5 inches is not long enough for taller students)
- Plaid and navy blue skirts from the previous suppliers, Campus Outfitters and Educational Outfitters, may be worn to accommodate families who already have skirts from these companies
- The plaid wrap skirt has never been an approved uniform skirt. This skirt is not an option.

****** Flynn & O'Hara skirts do not parallel traditional skirt sizing. They are sized by waist measurements. All skirts come with a 2" hem. Order by July 1st to ensure delivery before the first day of school. Remember to identify yourself as a Seton family so that you will order the correct skirt.***

****** When ordering from Lands' End use preferred school # 900057647 and identify yourself as Seton family.***

**** Seton's Uniform Closet has used skirts that meet the above requirements.***

Uniform Pants (Boys)

- Boys in grades 7-11 must wear navy dress slacks of traditional prep school style.
- Boys in grade 12 have the option of wearing gray dress slacks of the same style.
- Boys must wear a plain solid brown or black belt of conservative style. (No studded belts, etc. No chains/key chains hanging from belts or pockets.)
- Not permitted – jeans or cargo styling, loose, dragging or tight styles.

Uniform Shoes

All students must wear **solid-colored brown, tan, black or grey** shoes with no more than minor, subtle decoration. Traditional, conservative styles such as oxfords, loafers or brown boat shoes are acceptable. Any style shoe considered as formal or more formal than the recommended shoe is acceptable provided it has a closed heel, closed toe, and a low top (below ankle).

- Girls' shoes must have heels no higher than 2" measured from the back of the heel.
- Shoes with a lighter (but not white) or darker sole are acceptable as long as they meet all other requirements. (See Not permitted below.) Shoelaces must be tied properly.
- Girls and boys may also wear black low top athletic shoes (soles must be black as well). Minor detail such as white stripes is allowed. (Check at Walmart, Target, Payless, Famous Footwear, or DSW, in stores or online).
- Not permitted – sneakers; shoes with white sneaker-like soles.
- Boots are only permitted in weather with snow or ice on the ground.

Uniform Socks

- All students must wear socks.
- Girls may wear stockings or tights. No leggings are permitted.

Uniform after School

Any students who remain on campus after school must be in uniform until they leave unless they are participating in a school sport or other activity which does not require uniform dress code. Ties may be removed.

OUT-OF-UNIFORM DAY CODE ***(formerly Classroom Dress)***

Out-of-Uniform Day Code applies to Seniors on the first school day of each month and on occasional, announced out-of-uniform school days for other students. *Out-of-Uniform Day Code follows the basic guidelines of Uniform Dress Code with the exceptions listed below and no others. Students not dressed in appropriate dress code may be sent home and receive appropriate demerits.* Anything that does not conform to these guidelines will be considered a violation of the dress code.

Boys Out-of-Uniform Day Code

Boys will wear a dress shirt, tie, belt, shoes and dress pants following the same guidelines of Uniform Dress Code except that different colors may be worn. In cold weather boys may wear a vest, sweater or dress jacket.

Girls Out-of-Uniform Day Code

Girls will wear dresses or skirts with blouses or sweaters following the guidelines of Uniform Dress Code, with the following additions:

- Dresses and skirts must cover the knees when sitting and touch the floor when kneeling.
- Dresses, skirts, tops, blouses or sweaters must not be short, tight, clingy, form fitting or see-through.
- Dresses/skirts: Slits or gaps above the knee are not permitted. Slits may be sewn closed. No pencil style or other tight skirts are allowed. No wrap-around skirts or dresses are allowed.
- Necklines in tops or dresses must not be more than two inches below the collarbone (about the width of three fingers) unless a turtleneck or crewneck shirt is worn under them.
- Dresses and tops must have sleeves, even if jackets or sweaters are worn. However, shirts with sleeves may be worn under sundresses, as in jumpers.
- No denim clothing of any type
- Lingerie camisoles are not acceptable. Other camisoles must meet neckline requirement. Scarves to cover low necklines are not acceptable.
- Sweaters may be worn for Out-of-Uniform Class Days. Sweaters cannot be tight or low cut.
- Any dress shoes are acceptable.

ACTIVITIES DRESS CODE

Activities Dress Code applies for all field trips and extracurricular activities except sports, unless announced otherwise. Activities Dress Code follows the guidelines for Out-of-Uniform Day Code with the following exceptions.

Boys Activities Dress Code

- Exceptions
 1. Dress shirts and ties are not required, but all shirts must have collars.
 2. Corduroy pants with jean styling may be worn.
 3. Sneakers may be worn unless otherwise announced.
- Unacceptable – tight pants, jeans of any color and shorts.

Girls Activities Dress Code

- Follow the guidelines for classroom dress code.
- Exceptions
 1. Dress pants, or corduroy pants with jeans styling, may be worn.
 2. Capris and sandals may be worn.
 3. Sneakers may be worn unless otherwise announced.
- Unacceptable – tight fitting pants or capris, jeans of any color including skinny jeans and shorts.

Casual Dress Clothing

Casual Dress applies for any sporting event. Other events may be announced as “casual, but modest dress” as well. In these instances follow these guidelines:

- Students may wear modest and appropriate jeans, shorts, and T-shirts to sports events unless announced otherwise. No skinny jeans are allowed.
- Shorts worn on Seton property or to any Seton activity must be below fingertip length.
- All shirts must have sleeves at games – both spectators and players – except approved official sleeveless sports uniform shirts.
- Sneakers are appropriate.
- Unacceptable – tight clothing of any type, bare midriffs, low cut tops or clothing with inappropriate words, symbols or pictures.

Sports and Play Practice Clothing

Clothing worn to practices must meet the same standards of modesty as the Casual Dress Code. It should not be too short or too tight. Open-sided shirts, also known as muscle shirts, and tank tops are not allowed. When traveling to games, players must follow these guidelines.

Conduct Code

Train a child in the way he should go; even when he is old, he will not swerve from it.

Proverbs 22:6

These rules and policies have been established to help the student develop consistent Christian behavior in his or her everyday life. Seton's standards are designed to encourage self-discipline, self-respect, and consideration for others. Students are to practice proper decorum and virtuous behavior. Inappropriate behavior will be brought to the student's attention by a faculty member and may result in one or more demerits.

Respect for School Property

Students should respect all property belonging to the school. Parents, students, and teachers have sacrificed so that we could purchase and renovate our buildings and construct new ones for the benefit of all.

- Each classroom will be picked up at the end of each period and cleaned at the end of each day under teacher supervision.
- Students are not to write on walls, desks, or other furniture; or in any way deface school property. Any who do so will be required to clean up and/or repair the damage. In addition, they will receive demerits and will be assigned extra clean up duty.
- Students are not to litter.
- Students may not write in textbooks.
- Textbooks are to be covered, cared for properly, and returned in good condition at the end of the school year.
- Students are not to use, damage, or tamper with property belonging to persons or organizations that may rent space from Seton.
- Only athletic shoes are to be worn on the gym floor.
- Damage to school property, including teacher's personal property, requires financial restitution by the student and family.

Respect for Personal Property

Students are expected to be responsible for their own belongings and to respect the belongings of others.

- All students are assigned lockers and students are responsible for safeguarding the contents of their lockers.
- The school is not responsible for student property so students should generally not bring valuable items to school. When necessary, they should keep valuables in their possession or locked in their lockers.
- Lockers are to be kept clean. Periodically, there will be locker inspections.
- Students are not to steal, nor are they to "borrow" another student's property without that student's knowledge and permission. Stealing or unauthorized "borrowing" of even small items is a serious offense against the common good and an immediate detention and possible suspension may occur; restitution will be required.
- Any student books, papers, or other property left lying around after school may be confiscated. The student may be required to pay a fine to get back confiscated items.
- At the end of the year, students must clean out lockers and take home all belongings. If anything is left behind, it will be assumed that the student no longer wants it.
- If a lock is used, the combination must be given to Mr. Scheetz.

Respect for Others

How any person treats others is a direct reflection of the person's true understanding of our common goal to be Christ-like in all that we do. All of those in the Seton community must strive to treat those around them with the same level of respect and consideration they would want shown towards them.

- Any displays of disrespect towards Seton faculty, parents, visiting adults, coaches, referees, or any other student may result in a demerit and/or additional penalty depending upon the nature of the offense.
- Bullying, foul-language, threatening remarks or actions, excessive teasing, and any others acts of disrespect will not be tolerated. This is also applicable to students from other schools, and at any Seton-related events (e.g., sporting events, school trips, etc).
- Students who are aware of mistreatment of other students must report it to the appropriate teacher or Seton staff member immediately.

Rules regarding Weapons

In order to assure the safety and welfare of students, staff and other persons on school property or at school activities and to protect school property, weapons and other prohibited items shall not be permitted on any school property or at any school-related activity.

No pocket knives of any kind (even small ones) are allowed on campus.

Such items will be confiscated and will be returned at the discretion of the school.

Responsible Behavior

Seton students are expected to behave in a manner that shows respect for themselves and their school; they will be liable for behavior, even when off campus, which reflects on the good name of the school.

- No student may leave campus during school hours without written parental permission, or with special permission in an emergency situation.
- Students who do have proper permission to leave campus during school hours must sign out at the office. Students are to be in their assigned classrooms when the bell rings.
- Backpacks, notebooks, book covers, and any other property brought to school may not have anything objectionable written on them. It will be at the discretion of the teachers to decide what is objectionable. Items which have prohibited or objectionable words or symbols will be confiscated and not returned.
- Students who write foul or threatening notes are subject to suspension or expulsion.
- Students are not to bring MP3 players, lap tops, e-book readers, tablets, electronic games, devices with internet access, or similar items to school or to school activities. Such equipment will be confiscated.
- Students may have cell phones in their possession, but they must be turned off during school hours. In case of emergency, cell phones may be used with permission in the presence of a faculty or staff member. Otherwise they may not be used during school hours. Students who violate this rule will be subject to appropriate demerits, confiscation of the phone and payment of a fine to retrieve it.
- Any inappropriate items of any kind that are brought to school or school activities will be confiscated and NOT returned. Students caught with banned items will receive demerits and also possible suspension or expulsion. Some inappropriate items include but are not limited to graphic, occult, or pornographic, images or materials. When in doubt, get permission from either the Director or the Dean of Students.

- Students are not to skip class, study hall, assemblies, Mass, etc. The penalty for such skipping will be two Category II demerits. The penalty for skipping an entire day of school will be automatic suspension. Zeroes will be given for all work in the skipped classes.
- Students are not to chew gum during school hours. In addition to being given a Category I demerit, students who chew gum during school hours may be fined \$1 to be paid to the teacher giving the demerit. They may also be assigned to do “gum cleanup.”
- Students may not smoke in the school building, on school property, or in any areas near the school. A student caught smoking will receive demerits and cigarettes will be confiscated. In addition, parents will be contacted. The same rules apply to all tobacco products. (See sports policy on smoking).
- Students who impede a disciplinary investigation by lying or in any other way may expect penalties up to and including dismissal from the school if the matter is sufficiently serious.
- Students are not admitted to any office or the faculty lounge without permission from a faculty or staff member.
- Students, with proper permission, who walk to the deli or other locales before, during or after school hours must use the sidewalks. Seton students should not be on any non-Seton property without permission.
- Students may not loiter anywhere in the areas near the school.
- Students who have study hall will be assigned to a classroom.
- Romantic public display of affection (PDA) is strictly prohibited among students on or near Seton property, in vehicles, and at any Seton event.

Inappropriate displays of affection include, but are not limited to, kissing, embracing, sitting in someone's lap, walking arm-in-arm, holding hands, or any other action that suggest more than simple friendship.

Senior Study Hall Privilege

Seniors with grade average of 90% or above and no more than two demerits in the previous quarter may have study hall outside at the picnic table or under the portico, but only after checking in with the teacher in their assigned classroom. Otherwise, seniors are to be in their assigned study hall, not in the gym, lobby or elsewhere.

Classroom Rules

- The general classroom atmosphere is to be conducive to learning.
- Students are always to be respectful to the teacher and to each other.
- A teacher's decision regarding the school rules and discipline in his or her classroom is final.
- Students are not to work on assignments for other classes while a class is in session. A violation of this rule may result in the confiscation of the books and papers for the other class.
- Students are expected to be alert and attentive.
- When there are teacher substitutes, those persons are the authority for that time in that class, and students are to respect them as they do their regular teachers.
- Students must carry their school planners every day to school. They are a means to record assignments, tests and quizzes. They also contain the school calendar, excerpts from the handbook, and a hall pass. A student may not use another student's pass.
- When taking tests or quizzes, students are responsible for ensuring that there are no materials in their field of vision that could aid them. Students who are found with such aids will be given an automatic zero for not following directions and school policy.

Lunch Period Regulations

- Seton students have the following lunch options:
 1. Most students bring a bag lunch.
 2. Hot lunch options are available and may vary. Cheese and Pepperoni pizza are usually on Wednesdays and Cheese pizza is on Fridays. Other days are posted in the Sentinel at the beginning of the school year
 3. Beverages and snacks are available from vending machines.
- Students must be seated when eating in the lunch area.
- NO food or trash may be thrown.
- Students must dispose of their own trash. Recycle what is recyclable!
- All students are responsible for the order and cleanliness of the lunch area and will be assigned cleanup duties by lunch duty teachers.
- During school hours, food and beverages are not to be consumed anywhere in the school building except the designated lunch areas and only during lunch times, unless authorized instructions are given otherwise, or there is special permission given for school activities involving refreshments.
- After school, food and beverages may be consumed only outside or at an organized activity.
- Students are not allowed in the lobby area or areas where classes are held during lunch hour.
- With permission, students may visit the chapel or the library during lunch or come in to check the message board, but must be quiet in the hallways and go directly in and out of the building.
- Use of the gym is at the discretion of lunch duty teachers and only with their supervision.

Senior Lunch Privileges

- Seniors may eat lunch in designated lunch areas or under the portico.
- Seniors who have a grade average of 90% or better may sign out on the proper sheet at the office and go off campus for lunch once a week.
- Seniors who have no more than two demerits for the preceding quarter, may go off campus for lunch once a week.
- Students must be back on campus in sufficient time to avoid being tardy for class.
- Written parental permission must be on file in the office for off-campus senior lunch privilege.

Out-of-Classroom Rules

- Students are not to leave the classroom without a properly completed pass (found in their student planner). Students without a planner are not allowed to leave the class. Passes will be rarely given.
- When confessions are being heard, students may go to confession with the teacher's permission, and only when confessions have been announced to that classroom. Students are not to loiter on the way to or from confession. Students are ultimately responsible for any work missed, and must meet the assigned deadlines.
- Students are to sign up for Adoration only during free time or with their teacher's permission. They are ultimately responsible for any work missed while at Adoration, and must meet the assigned deadlines.

- Students are not to be in the hall, lobby area, gym or outside at any time while class is in session, except on specific instruction from their teacher (except for seniors with outside study hall privileges).
- A student excused from class during a test or quiz must report to an assigned study hall with a proper pass from the teacher of the class from which he or she is excused.

Ball Policy

- No balls of any kind may be thrown in the parking lot areas of the school at any time.

Street Crossing

- Students must be responsible when crossing the street.
- When crossing guards are present, students must follow their directions at all times.
- There is to be no horseplay or chasing across any streets in the Seton neighborhood.
- Students who do not follow these rules will be punished accordingly.

Automobile Rules

- See also “Parking” and “Parking Registration” under “Administrative Policies/ Procedures.”
- Student cars are to be parked in designated areas.
- Students are not to go to cars during the school day. All belongings must be brought into the school upon arrival at school.
- If a student has an item too large for the locker, he or she may obtain permission to leave the item in the car and retrieve it at an appropriate time.
- Students are not to sit in or linger around the cars during lunch or any other time.
- Student drivers are not to speed or drive recklessly.
- Students found abusing their driving privileges may lose the privilege of driving to Seton.

Drugs, Alcohol and Illegal activity

- Seton School does not tolerate alcohol or illegal drugs on school property or at school activities.
- Students found in possession of illegal drugs on school property or at a school function will be expelled immediately.
- If a faculty member has convincing reason to believe that a student is in possession of drugs or other prohibited materials, the student, his or her locker, backpack, and car may be searched.
- Possession of legal drugs or any other substances, which can be abused for attaining “highs”, may warrant expulsion. (See also “Medical Protocol” regarding permission for students who must carry drugs for medical use).
- Possession of drug paraphernalia is grounds for expulsion.
- Possession of alcohol will be penalized by a two-week suspension, and may warrant expulsion.
- A student who is obviously under the influence of alcohol or drugs during school or at a school function will be penalized by a two-week suspension, and may be expelled.
- Students who know of the above-prohibited substances on campus and do not report it also may be liable for penalty.
- Students that participate in any illegal activity at school or elsewhere, including but not limited to criminal activity, may face disciplinary action including expulsion.

Disciplinary System

He who heeds discipline shows the way to life, but whoever ignores correction leads others astray.

Proverbs 10:17

Dean of Students

An appointed member of the Seton faculty who has an in-depth understanding of the rules which all students must follow, and Seton's mission to develop strong Catholic young men and women.

Demerits

Seton uses a demerit system to record and penalize any student's failure to comply with school guidelines.

Below is a summary of how the demerit system is structured. The below policy applies to the most common instances, and it is ultimately up to the Director of the School's discretion should any offense warrant a penalty not outlined below.

- The only Seton staff authorized to give demerits are teachers, administrators, the Dean of Students and the Director of the School.
- Other authorized adults, ie: substitute teachers, chaperones, coaches, etc. may submit a list/form of student offender and the offense with appropriate action taken (if any) to the class teacher or Dean of Students for distribution of demerits.

The students will be notified when they are being given demerits. However, if a student is reprimanded for a Category I offense, he or she may automatically receive a demerit even if not explicitly told.

Category I Demerits

Included in this category are preparation, no homework, dress code, and gum.

- For each three demerits a student accumulates in this category, he or she will be required to attend a one-hour detention
- If Category 1 demerits reach nine in a quarter, subsequent demerits will be placed in Category II.

Category II Demerits

Included in this category are demerits for those behaviors that directly affect the common good. Included in this category are lying, plagiarism, and stealing.

- For two Category II demerits received, a student will serve a detention of one hour after school.
- After the second detention in the quarter for any student the parents of the student may be required to attend a conference with the Dean of Students, the Director of the School, or both.

Other Consequences of Misbehavior

- Teachers have discretion to assign an immediate consequence for misbehavior in their classrooms, in addition to or in lieu of a demerit. This consequence may include staying after school the next day.
- If such a consequence is assigned, the student will be responsible for notifying his/her parents.
- If a student fails to fulfill his assigned consequence, the teacher may give him a Category II demerit.

Detention

- Demerits are typically tallied each Monday for the previous school week.
- Demerits are generally the basis for detention, although, at times, detention may be assigned automatically for some offenses.
- Detention is typically held in school on Wednesday for an hour, starting ten minutes after dismissal.
- Parents will be notified that a detention is to be served. The method of notification is as follows:
 1. Detention notices are typically distributed to the students the day before assigned Detention. This form is intended to notify both the students and their parents. Parents will be notified by email. It is important for parents to see the notification slip because it describes the demerits that the student received.
 2. The form provides a space for the signature of a parent or guardian. The Detention Supervisor will collect the signed notification form.
 3. Phone calls from parents in lieu of the form will not be accepted. Students are responsible for having the forms signed and for not losing them. If a student does lose the form, the parent may send a note to explain, and must follow up with a phone call to the office to confirm receipt of the note and explanation, in which case the student may be issued a preparation demerit. If a student arrives to Detention without the signed form/note, the student will be given another demerit.
 4. Students must report for Detention at the assigned time and place. If a student is late, additional time may be added to the detention, a demerit or fine may be charged, or the student may be given an additional assignment.
 5. Detentions are not to be taken lightly or served only when convenient. No excuses, other than an emergency or serious illness, will be accepted. Written requests from parents to postpone a Detention must be received by the school office by the morning of the scheduled Detention. In the rare instance that a detention date is postponed, the detention must be served at the next scheduled detention. No additional date postponements will be allowed. That is, a student attending an assigned Detention can only postpone once, and it must be with good reason.
 6. Failure to serve an assigned detention (including postponing more than once) may have further consequences.

Participating in extra-curricular activities such as clubs, plays, sports, etc. is a privilege and students represent and reflect the image of Seton School. Students receiving too many demerits/detentions may forfeit their eligibility to participate in activities such as plays and athletics. Different clubs and organizations may have more restrictive limits for participation or holding positions of office in those clubs.

Suspension/Expulsion

- Six Category II demerits in a quarter for high school students, and eight for junior high students, may result in a suspension.
- Nine Category II demerits in a quarter for high school students and twelve for junior high students may result in expulsion.
- If the faculty deems it appropriate for the individual and for the common good, a student may be placed on disciplinary probation, whereby he or she is allowed fewer demerits before suspension or expulsion.
- If a student receives a second suspension in a school year, for whatever reason, he or she may be asked to leave the school.
- Other situations and offenses, which might result in suspension or expulsion, are described elsewhere in the handbook. In addition, decisions may be necessary at other times for automatic suspension or expulsion.

Extracurricular Clubs & Activities

New extracurricular activities may be organized if enough students are interested. All reasonable requests, submitted in writing to the director, will be considered. Each activity must have a faculty or parent advisor.

Handling of money must conform to the requirements described in Financial Procedures. The school administrator will give instructions to each organization on how income, expenditures and reimbursements are to be handled.

The following is a list of the clubs and activities offered here at Seton School. A brief description and who can join is included

Choir

The choir practices weekly and sings at Monday and Friday Masses and other special occasions. Students need to be at All Saints before Monday Mass to warm up. The Chamber Choir is selected by audition and receives academic credit. Open to grades 7-12.

Drum Line

Members practice 10am-12 pm weekly on Saturday mornings. They play for school functions and march and play in the local Manassas parades. Open to grades 7-12.

Student Government Service Committee (SGSC)

Meetings are once a month. The SGSC officers, together with representatives elected from each grade, plan and carry out various social activities and service projects for the benefit of the school. Campaigning and elections take place in the spring for the upcoming year except for 7th grade, which takes place early in the fall.

Senior Class Council (SCC)

Meetings are once a month. The elected Senior class officers organize class fundraisers, put on the junior-senior prom, arrange for a class gift to the school, and sponsor other activities. Campaigning and elections take place the spring before senior year.

National Honor Society (NHS)

Meetings are the 1st Monday of the month after school. Membership is by invitation at the end of sophomore year thru senior year. Students in 10th or 11th grades who have demonstrated scholarship, character, leadership and service may apply to the National Honor Society. Members tutor other students, assist with school tours and open houses, and perform other service projects.

Foreign Language Club (FLC)

This club is open to all foreign language students. It sponsors cultural activities approximately once a quarter. Planning meetings are the Wednesday before the event.

Sacred Life Club (SLC)

Meetings are on the 3rd Wednesday of every month. Members pray once a month at a local abortion clinic. This club organizes pro-life activities and holds fund raisers for pro-life causes. Open to grades 7-12.

Legion of Mary

A praesidium of the Legion of Mary meets weekly at Seton for prayer and apostolic activity.

Literary Arts Club (LAC)

Meetings are Thursday afternoons beginning in November. They explore various genres in literature and the elements of writing through games, activities and discussion. They publish the annual Seton Literary Arts Journal in the spring, which contains student's submissions of short stories, poems and artwork, and they host the annual Mystery Dinner Theater. Open grades 7-12.

Teenage Republicans

Meetings are Wednesdays after school. Members campaign for conservative politicians who are running for office in the fall of the year. In the off-season they learn about current politics and news stories. Students receive extra credit in Government class for participating. Open grades 7-12.

Sea Perch Club (Sub Club)

Meetings are after school. Students learn about robotics, engineering, and science, while working in teams to build underwater remotely operated vehicles to compete in local middle school or high school competitions. Winners may advance to a national competition. Open to grades 7-12

VEX Club

Summer/after school club where teams of students in grades 9-12 construct land-based robots in order to compete in local competitions; winners may advance to state and possibly world competitions. Students cultivate skills such as research, planning, brainstorming, collaboration, teamwork, leadership, and programming. Parental support and significant fundraising required.

Dramatics

Each year a major musical production is presented in the spring. Students in all grades 7-12 participate. Other opportunities may be available, such as dramas, comedies, talent show, and foreign language skits.

The Seton Improv Troupe

Members meet in the fall and winter to prepare for two public performances. The club teaches students about working on a team, quick and clever thinking, and theatrical performance skills. Open to grades 8-12.

Newspaper

Students write and publish the school newspaper 8 times a year. News, features, sports and opinion writing, as well as photography and page design, are open to students in grades 7-12.

Yearbook

The yearbook staff is responsible for the school yearbook. It is composed of volunteers and is an on-line program, not a class on school grounds. The Seton yearbook comes out in the fall for the preceding year, so that it can include coverage of the prom, awards, and graduation. A copy of the yearbook may be ordered through the school office.

Haiti Project

A Seton school wide service organization. This club focuses on raising money for Seton's sister school in Thomassique, Haiti. There are three major fundraisers with a number of school-wide collections. Open to grades 7-12.

Swing Dance Society (SDS)

Members meet about twice a month to learn swing dancing, as well as square and line dancing. Open to grades 7-12.

Social Activities

Approximately once a month Seton holds a special after-hours activity. Some will be for all students, some for junior high or high school students only and some for families. Seton encourages a variety of activities so that the students will be exposed to a variety of ways to have fun. Events may be planned by the faculty, by the Student Service Committee under faculty guidance, by parents, or by other organizations.

Unless otherwise announced the Activities Dress Code is in effect for all social activities.

“Whom May I Bring to the Dance?”

Most dances are for Seton students only. An announcement will be made if guests are permitted. In advance of the event, students must request in writing to the director of the school or the director of student activities permission to bring a non-Seton student to any school dance or social activity.

Arrivals/Departures

Students who arrive more than one hour late for a dance or other social activity will not be admitted. After arriving for a dance or other social activity, no student may leave without parental permission until the scheduled closing time and until the cleanup has been completed.

Music

We recognize that there is certain music which is totally objectionable and other music which is inappropriate for a Catholic school. It is a duty of the school to teach the students to discriminate between acceptable and unacceptable music. Our approach is two-fold:

1. To educate the students we encourage music appreciation and also inform students of the possibility of evil elements in some forms of music, including rock.
2. To give students practice in making proper choices, and to control the music played at school functions, the Student Service Committee chooses the current modern music to be played at school functions in accordance with guidelines established by the faculty. The selections of the students are submitted to a faculty advisor for final approval. This approved music will be permitted in limited amounts at some school dances.

Sports Activities

Similarly, if one takes part in an athletic contest, he cannot receive the winner's crown unless he has kept the rules.

II Timothy 2:5

General Philosophy of Athletic Department

At Seton the spiritual growth of the student is of primary importance, followed by intellectual development. Physical education is also important in the student's growth and should complement and contribute to spiritual and academic well-being. Students are therefore encouraged to participate in athletics.

Guidelines for Participation in Athletics

The sports program, varying with the sport, includes junior high, junior varsity, and varsity teams for both boys and girls. Players will be selected by the coaching staff to be on the team(s) for which they are best suited. Junior high and junior varsity teams will concentrate on learning fundamental skills and physical conditioning to play the sport well. Varsity players will be selected based on their demonstrated skill and knowledge of the sport, and are expected to be sound in the fundamentals so that strategy and conditioning may be emphasized.

At all levels playing time in games and scrimmages cannot be guaranteed to any particular player, but is subject to the discretion of the coach according to what he or she sees as benefitting the team as a whole.

Participation in sports is a privilege, not a right. A student who does not take pride in the school as evidenced by egregious behavior or sustained disciplinary trouble, even of minor offenses, will be removed from the team or forbidden to join.

Members of the teams must make all practices and games unless they have been absent from school on that day or unless they have been previously excused. When a player is unable to attend a practice or has some good reason for being late for practice, he must inform the coach ahead of time. Students who maintain a job and therefore are not able to make practice should not consider themselves eligible for sports.

In order to participate in a game or practice, a player must attend at least four periods during the school day and have taken all tests due that day. Permission for a student who was absent during the school day to participate in an after-school practice or game is at the discretion of the athletic director and must be requested by a parent or guardian.

Student athletes are expected to exhibit responsibility. Therefore, students who forget clothing or equipment for a practice or a game will not be permitted to go home during the school day to get it.

Written permission from parents and a physical examination is necessary for a student to participate in a sport. In addition, the coaches or athletic director may require a letter of permission from the student's physician for any student whose physical fitness might be in question.

Other Guidelines

Recognition for achievement in sports is given by the awarding of letters. An athlete who participates in a sport for an entire season, stands out in skill and sportsmanship, and shows pride in his school is eligible for a letter.

Parents who wish to become involved in athletics are encouraged to make this known to the school. Coaching, providing transportation, and donation of equipment are several ways parents may assist Seton in its athletic endeavors. All such donations of time and expense will be coordinated by the athletic director.

During games and practices parents who are not part of the coaching staff are to respect the authority of the coaches over the players. Any question on policy should be brought up with the coach involved or with the athletic director.

For afternoon games, players are to remain on school grounds until they leave with coaches for the games. Players who suit up for the game must remain for the entire game.

For both home and away basketball games, players must remain in the gym from the time they first arrive until their games are over.

At Seton games and activities, children younger than Seton age must be with a parent at all times.

For all sports, once student spectators arrive, they must stay in the gym until the end of the game or until they leave campus to go home.

Athletic/Academic Policy

Failures or Incomplete Grades

Any student with a failing grade or an Incomplete on his report card will be placed on academic probation for 2 weeks, beginning the Monday report cards are distributed. While on probation, he will not attend practices or play in games. Students who continue to attend practices or play in games after being informed of their probation will be penalized another 2 weeks of probation. Students are responsible for this, not parents, teachers or coaches.

At the end of the 2 weeks, if the student is still failing for the quarter, he will remain on probation for another week. If he is behind in his work, he will remain on probation until he is up to date in his assignments. After the initial 2 week probation, no matter what the outcome has been, teachers will continue to be contacted weekly for a status report until the end of the current quarter. After a weekly report, a student who is now passing and current in his work may be reinstated beginning on Saturday, but if his grades drop or he is behind in his work he may be suspended again, this time for a week at a time.

This will continue until the end of the current quarter, when new report card grades will determine a student's status. The 2nd Quarter average will determine eligibility in the 3rd Quarter, etc.

Missing class for a game

Student athletes who have to miss class to leave early for a game must 1) make up work missed that night and 2) contact the teacher to make up any missed quizzes that same day during lunch. Missing class for a game is not an excuse to take the quiz the next day.

Sportsmanship Policy

Good sportsmanship is emphasized at Seton. Spectators are not to jeer, hiss, boo, or in any way display negative emotions regarding the referees or opposing teams. Cheering for Seton is encouraged!

Players, coaches, and fans are asked to follow these general guidelines at Seton sports events:

- Seton always plays fairly within the rules.
- We maintain poise and composure under pressure.
- We control our emotions and our tongues.
- We play as hard as we can in practices and games.
- We make a commitment to the team.
- We respect coaches, players, referees and opponents.
- We win and lose gracefully.

Inexcusable Athletic Behavior

Athletic teams represent the school and all those who have ever attended it. Members of all our teams must represent Seton in a responsible way if they are to remain members. Coaches have the authority to remove anyone from a Seton team for serious transgression(s) of the code of conduct.

Coaches must determine the extent of the discipline necessary to ensure that Seton is well-represented on the playing fields/floors and that fair and just corrective actions are taken with the best interests of the team in mind. The following is a list of behaviors that cannot be tolerated and may result in suspension or removal from a team and possible further disciplinary action by the school.

- Failure to follow the coaches' instructions
- Using vulgar or other disrespectful language
- Fighting or threatening to fight
- Unexcused absences from practices or games
- Being unprepared to play
- Arguing with referees
- Any display of poor sportsmanship

****Any athlete found smoking, drinking, or using illegal drugs any time, any place will automatically be kicked off the team.**

Transportation Policy

Seton relies on parents and coaches to drive sports teams to games.

Exception: Student athletes may drive themselves or siblings to sports contests when the field location is near their home. In such exceptions student athletes are not allowed to drive non-siblings.

Sports Seasons

Detailed schedules for each sport will be available prior to each season. Questions concerning games/practice schedules should be directed to coaches. Since schedules often change, office staff may not have current information.

Cross county	Co-ed	September through first week of November
Soccer	Boys	September through first week of November
Volleyball	Girls	September through first week of November
Tennis	Girls	September through first week of November
Golf	Co-ed	Fall
Basketball	Boys and Girls	2 nd week of November through first week of March
Swimming	Co-ed	December through February
Baseball	Boys	Second week of March through May
Lacrosse	Boys	Second week of March through May
Soccer	Girls	Second week of March through May
Softball	Girls	Second week of March through May
Tennis	Boys	Second week of March through May

Supporting Seton

There are several opportunities for families and friends to benefit Seton financially without incurring any costs to them.

Box Tops for Education

This General Mills program has 3 ways to earn cash for our school

1. Clip the Box Top coupon from General Mills' products. Each coupon is worth 10¢. Deposit your coupons in the box in the lobby
2. Shop on line through the Box Tops Marketplace
3. Charge purchases with a Box Tops Visa card.

For more information go to boxtops4education.com

Giant Food's A+ Bonus Bucks Program

A+ Bonus Bucks are points that accrue with each purchase made using the Giant Bonus Card.

To ensure that Seton earns the proper A+ Bonus Bucks credit, be sure to designate by October 1st.

Remember, even if you designated a school last year, you **MUST** re-designate this year. Go to giantfood.com/aplus to register. Seton's school ID number is 02022.

Manna Scrip Program

Seton is able to purchase scrip cards at a discount of 5% off the face value from Food Lion, Giant Food, and Shopper's Food Warehouse. The scrip card is redeemed at face value as payment at the grocery store of your choice.

You may purchase the cards at the front office. This is an excellent way to have 5% of your total grocery bill come to Seton.

Target's Take Charge of Education Program

Through the Take Charge of Education program, Target donates an amount equal to 1% of RED card (Target Visa and Target Card) purchases made at Target and Target.com, and 1/2% of Target Visa purchases made elsewhere, to the eligible K-12 schools.

Go to target.com/tcoe or call 800-316-6142 to designate Seton as your school of choice.

Staples and Office Depot

Both of these stores are among many of the other stores that offer programs! Please be sure to ask them!



DAILY BELL SCHEDULE

MONDAY	
First Bell	9:30
Period I	9:35 – 10:13
Period II	10:17 – 10:51
Period III	10:55 – 11:29
Period IV	11:33 – 12:07
Period V	12:11 – 12:45
Period VI	12:49 – 1:23
Period VII	1:27 – 2:01
Period VIII	2:05 – 2:39
[I – 38 minutes; others 34]	

TUESDAY/THURSDAY	
First Bell	8:15
Period I	8:20 – 9:10
Period II	9:14 – 9:57
Period III	10:01 – 10:44
Period IV	10:48 – 11:31
Period V	11:35 – 12:18
Period VI	12:22 – 1:05
Period VII	1:09 – 1:52
Period VIII	1:56 – 2:39
[I – 50 minutes; others 43]	

WEDNESDAY with Assembly*	
First Bell	8:15
Period I	8:20 – 9:06
Period II	9:10 – 9:48
Period III	9:52 – 10:30
Period IV	10:34 – 11:12
Period V	11:16 – 11:54
Period VI	11:58 – 12:36
Period VII	12:40 – 1:18
Period VIII	1:22 – 2:00
Dismissal	3:00
[I – 45 minutes; others 38]	

WEDNESDAY with Holy Hour*	
First Bell	8:15
Period I	8:20 – 9:04
Holy Hour	9:08 - end
Period II	end – 10:47
Period III	10:51 – 11:30
Period IV	11:34 – 12:08
Period V	12:12 – 12:51
Period VI	12:55 – 1:34
Period VII	1:38 – 2:17
Period VIII	2:21 – 3:00
[I – 44 minutes; others 39]	

WEDNESDAY w/o Assembly*	
First Bell	8:15
Period I	8:20 – 9:10
Period II	9:14 – 10:00
Period III	10:04 – 10:50
Period IV	10:54 – 11:40
Period V	11:44 – 12:30
Period VI	12:34 – 1:20
Period VII	1:24 – 2:10
Period VIII	2:14 – 3:00
[I – 50 minutes; others 46]	

FRIDAY (Mass)*	
First Bell	8:15
Period I	8:20 – 9:04
Period II	9:08 – 9:47
Period III	9:51 – 10:30
Period IV	10:34 – 11:13
Mass/Holy Hour	11:17 - end
	End – 12:51
Period V	12:55 – 1:34
Period VI	1:38 – 2:17
Period VII	2:21 – 3:00
Period VIII	
[I – 44 minutes; others 39]	

*The times given here for Mass, Holy Hour and Assembly are merely tentative times. *The schedules will vary depending on when our priest can come, the time needed for the various assemblies, etc.*

**Assemblies are every 1st Wednesday of the month. Holy Hour is every 3rd Wednesday of the month.

